



APT. RIFKA NAJMI SADIAH

082224161241 | rifkaanajmi@gmail.com | www.linkedin.com/in/rifkanajmi

Licensed Pharmacist and Master's graduate from Universitas Padjadjaran with experience in formulation research, nanoemulsion development, physicochemical characterization, and stability evaluation. Skilled in laboratory analysis and scientific research, with an interest in R&D, formulation development, and product innovation.

Education Level

Universitas Padjadjaran - Sumedang, West Java

Aug 2024 - Aug 2026

Master of Pharmacy, 3.76/4.00

Published a review article: The Potential of Bee Products as Cosmetic Active Ingredients: A Review, in a SINTA 3 accredited journal.

Thesis: Formulation and Evaluation of a Nanoemulsion of Sacha Inchi (*Plukenetia volubilis* L.) Oil and Bee Venom as an Acne Treatment.

- Developed and optimized nanoemulsion serum formulations containing bee venom and sacha inchi oil.
- Conducted physicochemical characterization and stability evaluation, including particle size, PDI, zeta potential, pH, viscosity, and spreadability.
- Evaluated antibacterial activity against *C. acnes* using disk diffusion and MIC assays.

Universitas Islam Indonesia - Sleman, Special Region of Yogyakarta

Aug 2023 - Aug 2024

Apothecary, 3.88/4.00

Universitas Islam Indonesia - Sleman, Special Region of Yogyakarta

Aug 2019 - Jul 2023

Bachelor, 3.78/4.00

- Thesis: Comparative Analysis of Cardiovascular Drug Utilization Before and During the COVID-19 Pandemic Among Inpatients at PKU Muhammadiyah Gamping Hospital
- Teaching Assistant: Medicinal Plants and Simplicia Laboratory

Work Experience

PT. Sanbe Farma - West Bandung, West Java

Apr 2024 - May 2024

Apothecary Intern

A Pharmaceutical company specializing in the manufacturing and distribution of pharmaceutical products and medical devices.

- Prepared and maintained 50+ quality documentation records for internal audits, including SOPs, AMV, retest documents, and batch records.
- Coordinated 2 stability studies involving 30 samples for validation, post-marketing, and in-use stability testing.
- Analyzed trend data for 10+ raw materials to monitor quality consistency and identify deviations.
- Updated specifications for 10+ raw materials based on Indonesian Pharmacopoeia and USP references.
- Managed temperature and humidity data logger records, monitored environmental conditions, and documented deviations.
- Maintained Out-of-Specification (OOS) records and supported investigation documentation for non-conforming test results.

PT. Sapta Sari Tama - Yogyakarta, Special Region of Yogyakarta

Nov 2023

Apothecary Intern

A pharmaceutical distribution company specializing in the storage and distribution of pharmaceutical products and medical devices.

- Assisted in pharmaceutical inventory management, including receiving, storage, and distribution of pharmaceutical products and medical devices.
- Performed inventory control by monitoring stock levels, expiration dates, and implementing FIFO/FEFO principles to ensure product quality and availability.
- Maintained inventory documentation and supported warehouse operations in compliance with Good Distribution Practice (GDP).

RSUP dr. Soeradji Tirtonegoro - Klaten, Central Java

Feb 2024 - Mar 2024

Apothecary Intern

- Participated in inventory management, including organizing and monitoring pharmaceutical supplies to maintain optimal stock levels and ensure medication availability.
- Assisted in medication preparation and dispensing for 100+ patients, ensuring accurate dosages and providing essential medication information.
- Provided patient counseling to 50+ patients on medication use, dosage, storage, and adherence to promote the safe and effective use of medications.

Apotek UGM - Sleman, Special Region of Yogyakarta	Dec 2023 - Jan 2024
<i>Apothecary Intern</i>	
• Provided pharmaceutical services, including prescription screening, medication dispensing, and drug information under pharmacist supervision. • Managed pharmacy inventory, including medication procurement, storage, stock monitoring, and distribution to ensure inventory accuracy and availability. • Conducted patient counseling on medication use, dosage, storage, and adherence to support safe and effective therapy. • Participated in public health initiatives by promoting the rational use of medicines and antimicrobial stewardship.	

Puskesmas Pakem - Sleman, Special Region of Yogyakarta	Nov 2023 - Dec 2023
<i>Apothecary Intern</i>	
• Managed pharmaceutical supplies and medical consumables (BMHP), including procurement, storage, inventory control, and distribution in accordance with pharmaceutical standards. • Performed prescription screening and provided patient counseling to promote the safe and rational use of medications. • Conducted a drug utilization research project titled "Prescribing Patterns of Antidiabetic Medications in Patients with Type 2 Diabetes Mellitus at Pakem Primary Healthcare Center (September–November 2023)." • Participated in home care visits, mobile healthcare services, and community health promotion programs, including DaGuSiBu (Get, Use, Store, and Dispose of Medicines Properly) education.	

Department of Biologi Pharmacy UII - Sleman, Special Region of Yogyakarta	Aug 2021 - Jan 2022
<i>Laboratory Assistant</i>	
• Assisted laboratory sessions on medicinal plants and simplicia for 50+ students, guiding practical experiments and laboratory procedures. • Prepared laboratory materials, equipment, and plant specimens for practical sessions. • Evaluated laboratory reports and provided academic support to students during practical activities. • Ensured laboratory safety compliance and maintained equipment and materials.	

Antarkita Project	Dec 2020 - Dec 2021
<i>Publication and Design Staff</i>	
• Created and edited 50+ digital content, including promotional posts, stories, and event announcements for social media platforms.	

Organisational Experience

Department OrientationProgram - Sleman,Special Region of Yogyakarta	Apr 2020 - Aug 2020
<i>Publication, Design, and Documentation (PDD) Staff</i>	
• Designed and edited social media content to promote the event and enhance audience engagement. • Created promotional materials and managed digital content to support event branding and communication.	
Faculty Orientation Program - Sleman, Special Region of Yogyakarta	Jul 2021 - Oct 2021
<i>Event Division Staff</i>	
• Coordinated with guest performers by managing contracts, Terms of Reference (TOR), scheduling, and event requirements.	

Skills, Achievements & Other Experience

• Language: Bahasa Indonesia (Native), English (Intermediate) • Soft Skills: Attention to Detail, Leadership, Analytical Thinking, Problem Solving, Teamwork & Collaboration. • Technical Skills • R&D & Formulation: Nanoemulsion formulation development, physicochemical characterization, stability evaluation, antimicrobial testing. • Laboratory & Analytical: HPLC analysis, particle size & PDI analysis, pH and viscosity measurement, spreadability testing, ultrasonication. • Software: Microsoft Excel, Microsoft Word, Microsoft PowerPoint, Canva. • Commitee of Webminar (2024): The 6th International Seminar in Pharmaceutical Science and Technology (ISPST) • Commitee of Webminar (2025): Synergy of Innovation and Collaboration in Addressing Industry Trends, Challenges, and Ethics	
--	--