

HERA HELMI RODLIYAH ACHMAD

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Depok

A fresh graduate Pharmacist from Sekolah Tinggi Ilmu Farmasi Semarang with strong interest and enthusiasm in the pharmaceutical industry. With an educational background in pharmacy, I possess knowledge of regulations, formulation, as well as safety and efficacy testing of products. I am accustomed to working with accuracy and attention to detail, and I have strong communication skills for effective teamwork and independent tasks. Driven by a passion for continuous learning and innovation, I am confident in my ability to contribute positively to the development of safe and high quality pharmaceutical products.

Apothecary Internship

PT. Dua Naga Kosmetindo - Sukoharjo

Feb 2025 - Mar 2025

Apothecary Internship

- Research cosmetic trends, competitor formulations, and consumer preferences to drive product innovation.
- Review standards and literature for cosmetic raw material testing.
- Document test results, specifications, and SOPs to ensure compliance.
- Support product development from concept to raw material selection in accordance with safety and efficacy standards.

PT. Great Mataram - Semarang

Oct 2024

Apothecary Internship

- Ensured compliance with licensing regulations and Good Distribution Practices (CDOB).
- Managed pharmaceutical supply chain operations, from receiving to distribution.
- Prepared self-inspection reports to support continuous improvement and compliance.
- Monitored storage conditions and inventory to safeguard product quality and integrity.

Education Level

Sekolah Tinggi Ilmu Farmasi Semarang

Aug 2024 - Aug 2025

Certificate in Pharmacist, 3.96/4.00

- Has completed a series of Pharmacist Professional Work Practices (PKPA), covering Community Health Centers, Pharmaceutical Wholesalers, Pharmacies, Pharmaceutical Industry, and Hospitals.

Universitas Muhammadiyah Pekajangan Pekalongan

Aug 2019 - Aug 2023

Bachelor of Pharmacy, 3.43/4.00

- Actively participated in the Field Study Program (KKL) on Medicinal Forests to identify medicinal plants in the Linggo Asri Forest.
- Participated in the Pharmaceutical Issues Debate Competition held as part of the Pharmacy Study Program Anniversary.

Organisational Experience

Karang Taruna Sejati - Pemalang

Feb 2022 - Jan 2024

Secretary

- Responsible for managing the organization's administration, including correspondence, preparation of minutes and meeting agendas, and scheduling meetings. Documented all activities and reports, ensuring proper organization and maintenance of records and documents to support effective communication and operations of *Karang Taruna*.

BEM of the Faculty of Health Sciences - Pekalongan

Oct 2019 - Sep 2021

Member of the Social Affairs Department

- Planned and implemented various social and humanitarian programs, including coordinating with internal and external parties for fundraising or aid, conducting needs assessments and data analysis, as well as managing logistics and executing social service activities from initiation to completion.

Certificates and Skills

- **Sertification** (2025): Competency Certificate, Professional Certificate, and Pharmacist Registration Certificate (STRA)
- **Hard Skills:** Understanding of GMP, Instrument Operation, Microsoft Office, Data Management, Passive English Proficiency
- **Soft Skills:** Problem Solving, Effective Communication, Attention to Detail, and Teamwork
- **supporting documents:** https://pagea.uk/Dokumen_Pendukung