

MEILSA MUTIARA ZAAHIDAH ARBIDELY



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Meilsa Mutiara Zaahidah Arbidely is a fresh graduate pharmacist from Universitas Brawijaya with internship experience in the pharmaceutical industry, BPOM, hospitals, and pharmaceutical distribution. Experienced in technical documentation, SOP development, FMEA-based risk assessment, and pharmaceutical quality systems. Possesses knowledge of Good Manufacturing Practice (GMP), supply chain activities, quality systems, pharmaceutical regulations, and pharmaceutical manufacturing processes. Detail-oriented with strong verbal and written communication skills, and a keen interest in Procurement, Quality Assurance, Quality Control, and Research & Development positions.

Professional Experiences

PT. Anugrah Agron Medica - Malang, East Java

Nov 2025

Pharmacist Intern

- Learned the implementation of Good Distribution Practices (CDOB) in pharmaceutical distribution, including receiving, storage, inventory management, and distribution processes.
- Gained exposure to procurement and pharmaceutical supply chain processes, including supplier qualification, procurement, storage, distribution, and inventory management.
- Developed an understanding of pharmaceutical quality systems, risk management, documentation practices, internal audits, and CAPA implementation within a pharmaceutical distribution environment

National Agency of Drug and Food Control (BPOM) - Jakarta, DKI Jakarta

Sep 2025

Pharmacist Intern – Directorate of Traditional Medicines and Health Supplements Control

- Assigned to the Import and Export Control Division for Traditional Medicines, Health Supplements, and Quasi Drugs; gained knowledge of regulatory requirements for Import Certificates (SKI), Export Certificates (SKE), and the Special Access Scheme (SAS)
- Assisted in the preparation of a reference book on differences in import and export regulations across Asian countries.
- Assigned to the Certification Control Division for traditional medicines, health supplements, and quasi drugs; studied regulations on CPOTB certification (full aspects and phased), including new certification, certificate renewal, and certificate variation
- Developed a nationwide distribution map of IOT, IEBA, UKOT, and U MOT.

PT. Imedco Djaja - Tangerang, Banten

Jun 2025 - Aug 2025

Pharmacist Intern – Production Planning and Inventory Control

- Gained exposure to pharmaceutical manufacturing, production planning, material management, and supply chain processes within the pharmaceutical industry.
- Developed a holding time study protocol for pre-weighed materials to support stability evaluation and product quality during pharmaceutical manufacturing
- Performed FMEA-based risk assessments for material weighing in campaign production
- Performed FMEA- based risk assessments for the management of precursors, certain regulated drugs (OOT), and psychotropics, focusing on misuse prevention, document reconciliation, and traceability
- Developed Standard Operating Procedure (SOP) for the management of emergencies in a pharmaceutical warehouse, including fire incidents, flooding, earthquakes, and power outages
- Conducted regulatory gap analysis between CDOB 2020 and CDOB 2025 to support compliance with Good Manufacturing Practice (GMP) and pharmaceutical quality systems.
- Assisted in reviewing technical documentation and Standard Operating Procedures (SOPs) to ensure compliance with pharmaceutical quality systems and Good Manufacturing Practice (GMP).

Universitas Brawijaya - Malang, East Java

Jan 2023 - Dec 2024

Laboratory Assistant

- Assisted in general chemistry laboratory sessions, including weighing techniques, titration, extraction, distillation, and chromatography
- Assisted in non-instrumental analytical chemistry laboratory sessions, including acid-base, argentometric, and complexometric titrations, as well as gravimetric analysis
- Provided guidance on the use of analytical instruments during instrumental pharmaceutical chemistry laboratory sessions
- Assisted in sterile pharmaceutical technology laboratory sessions, including aseptic techniques and preparation of sterile dosage forms

Education

Universitas Brawijaya - Malang, East Java

Feb 2025 - Apr 2026

Professional Pharmacist Program, 3.86/4.00

- Experienced in internships across various healthcare and pharmaceutical settings, including the pharmaceutical industry, hospital, healthcare center, community pharmacy, BPOM, and PBF

- Holds an active Pharmacist Registration Certificate (STRA) and Pharmacist Competency Certificate.

Universitas Brawijaya - Malang, East Java

Aug 2021 - Jan 2025

Bachelor of Pharmacy, 3.63/4.00

- Graduated in 3 years 5 months
- Thesis: Analysis of Mercury Content in Body Whitening Creams Marketed in Cosmetic Stores in the Malang City Area Using a Mercury Analyzer.
- Laboratory assistant (general chemistry, non- instrumental analytical chemistry, instrumental analytical chemistry, and sterile dosage pharmaceutical technology)
- Participated in a research project on mercury analysis and contributed to the publication of a related scientific article
- Held roles as staff member, executive board member, and advisory board member in the Pharmacy Student Association

Organization Experience

Internal and Pharmaceutical Issues Department - Pharmacy Student Association (HMF)

Jan 2024 - Dec 2024

Organizational Advisory Board

- Provided guidance and strategic recommendations for programs and activities within Internal and Pharmaceutical Issues Department
- Evaluated departmental programs and supported organizational development initiatives
- Provided guidance on organizational coordination, problem solving, and program implementation

Internal and Pharmaceutical Issues Department - Pharmacy Student Association (HMF)

Mar 2023 - Dec 2023

Executive Board

- Coordinated and supervised programs (Steering Committee) and operational activities within Internal and Pharmaceutical Issues Department
- Organized discussions and educational activities related to pharmaceutical and healthcare issues
- Assisted in planning and evaluating department work programs

SARASEHAN (Student-Lecturer Aspiration Forum) - Pharmacy Student Association (HMF)

Sep 2022

Head of Public Relations Division

- Coordinated and facilitated communication between lecturers and students to collect and deliver academic and organizational aspirations
- Prepared and distributed event announcements, schedules, and coordination updates to participants and committees
- Managed publication and promotional activities through social media and digital communication platforms

Pharmacy Student Association Presidential Election & Annual General Meeting - Pharmacy Student Association (HMF)

Aug 2022 – Dec 2022

Head of Committee

- Led and coordinated a committee of 30 members in organizing the Pharmacy Student Association presidential election and annual general meeting
- Managed event planning, team coordination, and operational execution to ensure an efficient and well-structured election process
- Implemented a web-based election system to improve voting accessibility, efficiency, and participant engagement

Skills, Achievements & Other Experience

- **Publication** (2025): Qualitative and Quantitative Analysis o f Hydroquinone and Mercury Contents in Body Whitening Creams
- **Technical Skills:** Pharmaceutical supply chain, document control, GMP knowledge, SOP development, risk assessment (FMEA), CPOB, CPOTB, pharmaceutical quality system, and Microsoft Office (Word, Excel, PowerPoint)
- **Instrumentation Skills:** Capable of using analytical instrumentation (UV-Vis, FTIR, HPLC)
- **Personal Skills:** Detail-oriented analytical thinking, organized, problem-solving, teamwork, communication, adaptability, time management, fast learner, and able to work independently as well as collaboratively.
- **Language:** Indonesian (native) | English (Basic Working Proficiency)