



RACHEL BEATRIX ROMAITO

Karawaci, Tangerang, Indonesia • +62 813-8800-3345 • rchl.beatrix@gmail.com
www.linkedin.com/in/rachel-beatrix-romaito-52b4a9230/

PROFILE

Bachelor of Pharmacy graduate currently pursuing an Apothecary Professional Degree at Universitas Pelita Harapan (UPH) with internship experience in pharmaceutical manufacturing, quality assurance, hospital pharmacy, and pharmaceutical distribution. Interested in Regulatory Affairs, Product Development, and Quality Systems within the pharmaceutical and cosmetic industry.

KEY EXPERIENCE

Quality Assurance Intern — PT. Prima Medika Laboratories **Mar – Apr 2026**

- Developed structured training materials on CPOB 2024 and Annex 1 CPOB 2025, translating GMP regulations into practical insights on contamination control, aseptic processing, and Quality Risk Management (QRM).
- Gained experience in monitoring and understanding change control and CAPA processes, strengthening skills in regulatory interpretation, risk-based thinking, and scientific communication.

Apothecary Intern — PT. Bintang Semesta Farma **Dec 2025**

- Assisted in pharmaceutical distribution processes in compliance with Good Distribution Practices (GDP/CDOB), including order verification and regulatory documentation review.
- Supported quality assurance activities, including product handling, storage conditions, and traceability within the distribution system.

Apothecary Intern — Siloam Hospital Lippo Village **Oct – Nov 2025**

- Conducted medication use reviews, including evaluation of drug appropriateness, interactions, ADRs, and high-alert medications to support patient safety.
- Participated in pharmacovigilance and hospital pharmacy operations, including MESO reporting, formulary management, and SIMRS-based workflows.

Pharmacy Intern — PT. Mersifarma Tirmaku Mercusana **June - July 2024**

- Assisted the Technical Support team in creating over 40 new batch records.
- Assisted the Quality Control division in making new Company Procedures, documenting data collection of raw materials specification numbers and raw material analysis method numbers, and analyzing product analysis reports.

EDUCATION

Apothecary Professional Degree **Aug 2025 - September 2026**

Universitas Pelita Harapan

Bachelor of Pharmacy **Aug 2021 - June 2025**

Universitas Pelita Harapan

- Thesis on formulation and antibacterial evaluation of acne-fighting nanocream containing andaliman fruit extract.

High School Diploma **Aug 2018 - June 2021**

UPH College High School

- Focused in Natural Sciences

ADDITIONAL INFORMATION

Technical Skills: Experienced in GMP/CPOB principles, pharmaceutical documentation, Quality Risk Management (QRM), CAPA and change control processes, pharmaceutical and cosmetic formulation, cosmetic product development, regulatory compliance, analytical documentation, scientific writing, and Microsoft Excel.

- **Languages:** Indonesia (Native), English (Score B+ on iBT TOEFL), Korean (Basic)
 - **Activities:** Participated in National Debate Team Competition on Recognizing Issues in the Development of Advanced Pharmacy and Healthcare Practice at Pharmacious event by Universitas Gadjra Mada & Participated in Poster Competition about Innovation for Kidney Disease Prevention in the 5.0 Era at Pharmacito event by Universitas Muhammadiyah Yogyakarta
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ORGANIZATION EXPERIENCE

July 2022 - June 2023

Himpunan Mahasiswa Program Studi Farmasi UPH (HMPSF)

- Managed external relations initiatives and cross-faculty collaborations, while contributing to the organization of faculty events and student programs.
- Led logistics for workshops and seminars, and played a key role in student orientation events as a rules committee member and facilitator.

Mentoring UPH - Student Mentor

July 2022 - July 2023

- Mentoring freshman students and assisting in adapting to the campus environment.
 - Assisted new students in introductory activities and questions such as opening the campus Moodle, teaching how to use the campus academic web, how to enroll in classes, and other information related to changes in campus provision in the first year.
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COMMUNITY SERVICE

Apothecary Intern — Community Pharmacy (Apotek Puri Bakti)

Feb 2026

- Assisted in dispensing, patient counseling, and pharmacy operations, including prescription screening, compounding, and inventory management.

Apothecary Intern — Primary Health Center (Puskesmas Tegal Angus)

Jan 2026

- Assisted in pharmacy service operations, patient medication education, and healthcare support activities in primary healthcare settings while ensuring appropriate medication use and communication.