



Clarissa Arindie Provellia

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Summary

Registered pharmacist with experience in pharmaceuticals, particularly in micellar nanoparticle drug delivery systems. Experienced as a teaching assistant in Drug Delivery System Design and Sterile Drug Delivery System Design courses. Have experience operating UV-Vis spectrophotometer and FTIR for formulation and characterization. Completed an internship in the cosmetic industry with exposure to product development and quality control. Detail-oriented, fast learner, and ready to contribute in R&D, QA/QC, or formulation roles in the pharmaceutical or cosmetic field.

Experience

RSUD Haji – Surabaya

Pharmacy Intern (March 2026 - May 2026)

- Assisted in hospital pharmacy services, including pharmaceutical preparation management, prescription review, medication dispensing, compounding, drug information services, medication therapy monitoring, and pharmaceutical supply chain management.

Puskesmas Siwalankerto – Surabaya

Pharmacy Intern (February 2026)

- Delivered pharmaceutical services in a primary healthcare setting, including prescription review, screening, medication dispensing, and patient-centered counseling to promote the rational, safe, and effective use of medicines in accordance with national healthcare standards.
- Assisted in pharmaceutical inventory management, including stock monitoring, storage evaluation, expiry date control, and pharmacy documentation.
- Developed and delivered health promotion initiatives to educate the community on the appropriate use of medications during fasting.

Apotek Latansa – Sidoarjo

Pharmacy Intern (December 2025 - January 2026)

- Performed pharmaceutical care, including prescription screening, medication history taking, dispensing, extemporaneous compounding, patient counseling, medication reconciliation, and self-medication recommendations for minor illnesses.
- Assisted pharmacy managerial activities
- Developed health promotion materials to increase public awareness of the rational management of diarrhea, highlighting that antibiotics are not always indicated and promoting the appropriate use of oral rehydration therapy.

PT Cahaya Mutiara Farma – Sidoarjo

Pharmacy Intern (December 2025)

- Gained practical experience in pharmaceutical distribution by performing receiving and inspection of pharmaceutical products in accordance with Good Distribution Practice (GDP) standards.
- Verified incoming products by checking quantities, batch numbers, expiry dates, and product specifications to ensure inventory accuracy and regulatory compliance.
- Prepared and reviewed purchasing, distribution, and delivery documentation in compliance with applicable regulations.

PT Kalbe Farma Tbk – Cikarang Selatan

Quality Control Intern (October 2025 - November 2025)

- Assisted in the management of retention samples, including documentation, storage, inventory monitoring, and destruction activities in accordance with GMP (CPOB) requirements.
- Assisted in stability sample sampling activities by retrieving samples according to testing schedules, verifying sample information against system records, and updating sample status within the stability management system
- Supported the preparation of stability study protocols and reports, including product information, storage conditions, testing intervals, acceptance criteria, and study results.
- Assisted in stock opname activities by reconciling physical inventories of retention and stability samples with system records

Faculty of Pharmacy Universitas Airlangga – Surabaya

Sterile Drug Delivery System Assistant Lecturer (February 2025 – July 2025)

- Assist the compounding of sterile dosage forms (injections, ophthalmics) and guided students during laboratory sessions to ensure adherence to aseptic techniques.

- Promoted sterility and safety by applying Good Laboratory Practice (GLP) standards throughout practical activities.

JJ Top Cosmindo Jaya – Sidoarjo

Pharmacy Intern (August 2024 - December 2024)

- Performed in-process control and quality control of raw materials (organoleptic, viscosity, pH, specific gravity, TDS), packaging materials (dimensions, printing), and finished products.
- Conducted stability testing, daily equipment verification (pH meter, viscometer, TDS meter), and prepared QC documentation.
- Assisted in preparing Product Information Files (PIF/DIP) and Involved in the process of submitting cosmetic product notifications to BPOM

Faculty of Pharmacy Universitas Airlangga – Surabaya

Solid Drug Delivery System Assistant Lecturer (February 2024 – June 2024)

- Provide practical and mobility support to assist a student in making ascorbic acid tablets using the direct compression method and paracetamol caplets using the wet granulation method.
- Assisted in demonstrating tablet evaluation using a hardness tester, friability tester, and calipers, as well as granule evaluation using a moisture analyzer, sieve shaker, and tapped density tester.

Apotek Kembang – Sidoarjo

Pharmacy Intern (January 2024)

- Practiced pharmaceutical care in a pharmacy setting, including prescription review, dispensing medications, and providing drug information to patients. Also assisted in managing pharmaceutical inventory, including receiving and storing medicines.

Organizational Experience

Faculty of Pharmacy Universitas Airlangga – Surabaya

Student Event Coordinator Dies Natalis 60 FF UNAIR (April 2023 - August 2023)

- Managing overall event flow and coordinating the creation of guidebooks and rundowns for the photography competition, Dekan Cup (badminton), and FMB (talent show).

Faculty of Pharmacy Universitas Airlangga – Surabaya

Event Coordinator Student Exchange Programme Incoming FF UNAIR (January 2023 - September 2023)

- Coordinated the preparation of TOR, guidebook, and one-month timeline for the Student Exchange Programme (BEM FF UNAIR), including events such as welcome party, industry visit, cultural trip, talk show, and farewell party.

Education

Faculty of Pharmacy Universitas Airlangga – Surabaya

- Pharmacist Professional Education (GPA 3,97/4,00) (2025 - 2026)
- Bachelor of Pharmacy (GPA 3,71/4,00) (2021 - 2025)

SMAN 1 Sidoarjo – Sidoarjo

- Natural science (2018 - 2021)

Award

Faculty of Pharmacy Universitas Airlangga – Surabaya

Medical and Therapeutic Forum : Indonesia Conference of Health and Medicine (2023)

- Best Oral Presentation. Title : KNOWLEDGE, AWARENESS, AND BEHAVIOR OF VISITORS IN SURABAYA RELATED TO THE SELECTION AND USE OF SUNSCREEN AND SUN PROTECTION PRODUCTS

Publication

Jurnal Farmasi Komunitas : Provellia, C. A., Ardiadne, M.C.A. ,Azzahra, Y. , Haura, F., Maulidia, R.S., Putri, K. A. G. ,Robihah, A.Z.U. , Sopaheluwakan, L., Syarifaturrohmah, F, Yusilah, Lovita, R, Zairina, E., PENGETAHUAN, KESADARAN, DAN PERILAKU PENGUNJUNG TEMPAT WISATA DI SURABAYA TERKAIT PEMILIHAN SERTA PENGGUNAAN SUNSCREEN DAN SUN PROTECTION

Thesis

Skripsi (2025) : Provellia, C. A., 2025. Optimasi Formula Sistem Misel Kombinasi Pluronic P84-Poloksamer 188 dengan Bahan Aktif Naringin Menggunakan Desain Eksperimen Central Composite Design. Skripsi

- Developed a micellar drug delivery system to improve the solubility and bioavailability of naringin.

- Utilized Central Composite Design (CCD) to optimize formulation based on particle size, entrapment efficiency, and PDI.
- Conducted drug release, morphology, and dilution stability to evaluate the optimized formulations.

Additional Information

- Software Skills: Microsoft Office® (Excel, Word, PowerPoint), Design of Experiment (Design Expert®), IBM SPSS, ChemDraw®
- Languages: Indonesia, English (English Language Proficiency Test : 513)