



PUGUH HERI SAPUTRO

PROFESIONAL HSE



<https://www.facebook.com/puguh.saputro>



@PuguhHeriSaput3

RESUME

SKILL

Dear Sir / Madam,

My name is Puguh Heri Saputro. I am 44 years old and had been graduated from University of Indonesia majoring in Environmental Health. with GPA 3,03. I was active in student organization and had good academic achievement. I have good knowledge in Health, Environment & Safety during 12 years. I have general K3 expert & SMK3 auditor certificated. As Trainer of Managing Safe Work, Motor Vehicle Safety Practice, HIRADC, & Safety Program. Having First Aider skill, & Incident Investigator. I am able in English both spoken and written. I am familiar with computer software (MS Office & Design).

My ability to communicate is my strongest tool. I understand the making someone follow a rule is easy, but making them want to follow it is my job. I identify gaps in the processed and advise my client on the best way to correct it. My positive attitude, personality and common sense will take me further than any degree or certification i may have. Because, I am a Safety Professional. Till at 2021, my experience as an HSE professional has been extremely rewarding and productive. However, it is through strategy consulting that I can use my analytical aptitude and creative problem solving skills to their fullest. I strongly believe that consulting is a discipline that will force me to view problems not only from the client's standpoint but also from a marketplace, best practices and "think out of the box" point of views.

I would appreciate the opportunity to get interview with your company for the HSE position. Please find enclosed my resume for your review. I can be reached via email at puguh.ga@gmail.com or by phone at +6281317044272.

I enthusiastically look forward to hearing from you soon. Thank you for your time and consideration.

Sincerely

Puguh Heri Saputro

PERSONAL DETAIL

IDENTITY

Full Name

: Puguh Heri Saputro

Nickname

: Puguh

Religion

: Moslem

Height

: 168 cm

Weight

: 80 kg

Blood Type

: AB

Email

: puguh.ga@gmail.com

Age

: 43 year old

Place of Birth

: Jakarta

Date of Birth

: 13/04/1982

Marital Status

: Married

Nationality

: Indonesia

Phone

: 6281317044272

ADDRESS

HOMESTAY

Kerja Bakti street, No 3 RT 003 RW 009 Kelurahan Kramat Jati, Kecamatan Kramat Jati, Kotamadya Jakarta Timur, Provinsi DKI Jakarta, Postal Code : 13510

SKILL

ABILITY

- Inspector, Auditor and Investigator
- Training Specialist
- Document Controller
- Supervising, Monitoring, and Evaluating
- Planner and Estimator

EDUCATION

- Universtiy of Indonesia, Bachelor Degree, Public Health with IPK 3.03 in 2001
- 42 Halim Perdana Kesuma, Senior High School in 1997
- 150 Kramat Jati, Junior High School in 1994
- 27 Kramat Jati, Elementary School in 1988

TRAINING & COURSE

Training of trainer level 4	Jun 25-26, 2022	Online	Certified
POP (Pengawas Operasional Pratama) Training Certification (Mining Field)	May 24-28, 2022	Online	Certified
Training of PDCA 8 Steps & Seven Tools	April 20-21, 2022	Online	Certified
OnlineTraining ISO Advanced LevelImplementation Integrated System Management of ISO 9001:2015, ISO 14001:2015, ISO 45001:2018 for Advance LevelAwareness QHSE + SMK3 Management System	April 10 – 11, 2021	Online	Certified
Training of Incident Investigator	Sep 16-18, 2019	Jakarta	Certified
Training of First Aid	Jun 12-14, 2019	Jakarta	Certified
Training ISPS Code	Oct 24, 2017	Dumai	Certified
Auditor SMK3	May 28-30, 2013	Depok	Certified
TEKS Basic Program	May 09-15, 2012	Jambi	Certified
Ahli K3 Umum	July 18-30, 2011	Depok	Certified

EXPERIENCES

CAREER

PT MADUSARI NUSAPERDANA

April 2021 – Now
Cikarang - Bekasi

HSE Specialist
(Food Industry Business)

- Prepare health and safety plans and support the continuous developing of internal policy.
- Assist in the development and implementation of HSE plans, procedures and instructions.
- Report to management on the performance of the HSE systems and any need for improvement.
- Record incidents and accidents, producing statistics for managers.
- Assist in the development and presentation of relevant HSE training.
- Advise on a range of specialist areas, e.g. fire regulations, hazardous substances, noise, safeguarding machinery and occupational diseases.
- Coordinate industrial hygiene and occupational health requirements.
- Assist in HSE Prequalification subcontractors and vendors.
- Monitor subcontractors and vendors to ensure compliance to safe work practices
- Develop Toolbox Talk (TBT) plan and supporting material.
- Assist with the planning of Permit to Work's (PTW's), conduct inspections and ensure compliance to PTW controls.
- Assist in preparing and conducting HSE audits and inspections.
- Initiate, monitor, and report on the progress of audit and inspection findings.
- Promote incident prevention for the benefit of employees and visitors.
- Assist and participate in emergency response drills, including preparation of reports and inspection of equipment.
- Investigate incidents to get to the real root cause and identify improvements to prevent a recurrence.
- Participate in incident investigations and prepare reports as necessary.



EXPERIENCES

CAREER

PT PERTAMINA TRAINING AND CONSULTING

August 2020 - March 2021
Balongan - Refinery Unit VI
Kilang Pertamina Indonesia

*Safety Inspector
(Oil & Gas refinery business)*

- Gave all abilities and carried out the best possible tasks given by the company or users and other tasks related to the company's business.
- Supervised work related to safety aspects to prevent incidents in the Pertamina refinery area.
- Identified work risks (identification of locations, infrastructure and facilities that have potential risks) before starting work.
- Identified the hazards at the work location.
- Collected data and facts in the field regarding the existing conditions of work.
- Analyzed the results of data collection in the field.
- Evaluated and provide recommendations on existing conditions in the field.
- Providing information on the use of tools and safety instructions (how to use).
- Disseminating HSSE policies, regulations and procedures to all employees and partners in the Pertamina refinery work area.

PT GLOBAL ARROW

December 2014 - June 2019
North Area - Riau, Project
Chevron Pasific Indonesia

*HES Manager
(Oil and gas exploration
security business)*

- Managed whole process of safety, includes documentary, from the assessment, establishment,
- Monitoring, controlling, and reporting daily project activities to ensure there is no major, no serious accident until the project is accomplished.
- Execution and evaluation of project safety management plan at Worksite.
- Demonstrated best leadership to managing direct subordinates for achieving HSE objectives goals and Safety behavior.
- Identified analyses for Unsafe Acts/Unsafe behavior/situations and take necessary action with proper solutions.
- Provided some related EHS training/workshop and safety good practice implementation.
- Conducted daily briefings before working and build up BBS culture
- Liaise with other discipline Security Operation teams to mitigate hazard into Hazard Identification.
- Assisted and advise the Project Management team in HSE implementation and comply with regulations safety and/or requirements.
- Prepared reliable weekly and monthly EHS Report directly to Project Manager & EHS Cooperate

EXPERIENCES

CAREER

PT GLOBAL ARROW

April 2014 - November 2014
Duri - Riau, Project
Chevron Pasific Indonesia

*HES Officer
(Oil and gas exploration
security business)*

- Conducted tailgate meeting before operational the security crew with the issue safety, especially motor vehicle crash, personal protective equipment, weather condition, escort heavy vehicle, and traffic violation.
- Validated vehicle inspection result from operational the patrol.
- Conducted sudden traffic low enforcement.
- Helped the victim of traffic crash, made preliminary report and handle the case.
- Campaigned and speech on the school in socializing the rule traffic camp.
- Gave the safety induction and monitoring for new employee.
- Inspected the security post and accompanied the management visit.
- Participated on the emergency response drill on various the camp facility.
- Designing the banner campaign with the safety work content.
- Conducting the evaluation of behavior based safety.
- Reported all finding of the hazard identification on camp region (physic, biologic, chemical, electric, gravity, motion, pressure, radiation, sound and mechanic).
- Conducted traffic management plan at rush hour.

PT DJAMBI WARAS

February 2011 - June 2012
Tanjung Johor - Jambi

*PIC SHE
(Industry of Crumb Rubber Processing)*

- Compiled annual the HSE program.
- Organized the committee of occupational health and emergency response team.
- Conducted the training of occupational health & safety (HIRARC, JSA, APAR exercise, Kaizen system and security drill.
- Established the documentation of health & safety inspections, audits and checks.
- Made HIRARC (Hazard Identification Risk Assessment & Risk Control) on the workplace.
- Investigated and searched root cause analysis toward the accident.
- Helped the measurement of environmental aspect.
- Participated in monthly meetings when required to report on relevant health & safety matters.

ACHIEVEMENT

AWARDS

- Contractor Serious Injury and Fatality Prevention Award May 2019.
- Driving Improvement Monitoring System Recognition May 2018.
- Contractor Serious Injury and Fatality Prevention Award Apr 2018.
- Best Driver for period March 2018 Mar 2018.
- Best Driver for period February 2018 Feb 2018.

REFERENCES

- Sulhadi - "PT Kilang Pertamina Indonesia"
Departement Head of Occupational Health
sulhadi@pertamina.com
+6282172281879
- Paiman - "PT Global Arrow"
Project Manager
Paiman@gmail.com
+62811750840
- Achmad Junaedi - "PT Kirana Megatara"
SHE Cooperate
+628118431097





BADAN NASIONAL
SERTIFIKASI PROFESI
INDONESIAN PROFESSIONAL
CERTIFICATION AUTHORITY



SERTIFIKAT KOMPETENSI CERTIFICATE OF COMPETENCE

No. 8549.2351.0012.031.2022

Dengan ini menyatakan bahwa,

This is to certify that,

Puguh Heri Saputro

No KIN P.455.0000.1793.2022

Telah Kompeten pada Bidang,

Is competent in the area of:

**Metodologi Pelatihan
Training Methodology**

Dengan Kualifikasi / Kompetensi

With Qualification / Competency

**Kualifikasi Kerja Nasional Indonesia 4
Qualification Competency Certification Scheme 4**

Sertifikat Berlaku untuk 3 (Tiga) Tahun

This Certificate is valid for 3 (Three) Years

Tangerang, 13 - 09 - 2022

Atas Nama Badan Nasional Sertifikasi Profesi

On Behalf of Indonesian Professional Certification Authority

Lembaga Sertifikasi Profesi Kepelatihan dan Instruktur Nasional (LSP Pelatinas)

Certification Institution of National Instructor and Training Officer Profession



**LSP PELATINAS
Dyah Pratiwi Nugrahesti**

Ketua

Chairman



Daftar Unit Kompetensi
List of Unit(s) of Competency

Skema Sertifikasi Kompetensi Kualifikasi 4 Bidang Pelatihan Subbidang Metodologi Pelatihan
Qualification Competency Certification Scheme 4 Field Training Subdivision Training Methodology

No.	Kode Unit	Judul Unit Kompetensi
1.	KKK.00.02.012.01	Menerapkan Prinsip Kesehatan Kerja untuk Mengendalikan Resiko K3 <i>Applying Occupational Health Principles to Control OHS Risk</i>
2.	N.821100.028.02	Mengaplikasikan Keterampilan Dasar Komunikasi <i>Apply Basic Communication Skills</i>
3.	P.854900.011.01	Menyusun Program Pelatihan <i>Develop a Training Program</i>
4.	P.854900.012.01	Menyusun Modul Pelatihan Kerja <i>Preparing Training Modules</i>
5.	P.854900.013.01	Mendesain Media Pembelajaran <i>Designing Learning Media</i>
6.	P.854900.014.01	Mendesain Pembelajaran Inovatif untuk Suatu Program Pelatihan <i>Designing Innovative Learning for a Training Program</i>
7.	P.854900.016.01	Merencanakan Penyajian Materi Pelatihan <i>Planning the Presentation of Training Materials</i>
8.	P.854900.017.01	Melaksanakan Pelatihan Tatap Muka (Face To Face) <i>Carry out Face to Face Training</i>
9.	PAR.JK02.009.01	Melakukan Presentasi <i>Make a Presentation</i>
10.	P.854900.031.01	Mengelola Bahan Pelatihan <i>Managing Training Materials</i>
11.	P.854900.033.01	Mengelola Peralatan Pelatihan <i>Manage Training Equipment</i>
12.	P.854900.040.01	Mengorganisasikan Asesmen <i>Organizing Assessments</i>
13.	P.854900.041.01	Mengembangkan Perangkat Asesmen <i>Develop an Assessment Tool</i>
14.	P.854900.042.01	Mengases Kompetensi <i>Assessing Competency</i>

Tangerang, 13 - 09 - 2022

Atas Nama Badan Nasional Sertifikasi Profesi

On Behalf of Indonesian Professional Certification Authority

Lembaga Sertifikasi Profesi Kevelatihan & Instruktur Nasional

Certification Institution of National Instructor and Training Officer Profession



LSP PELATINAS

Puguh Heri Saputro
Tanda Tangan Pemilik
Signature of holder



Patrick Dwi Rahardi
Manajer Sertifikasi
Certification Manager



BADAN NASIONAL
SERTIFIKASI PROFESI
INDONESIAN PROFESSIONAL
CERTIFICATION AUTHORITY



SERTIFIKAT KOMPETENSI
CERTIFICATE OF COMPETENCE

No. 05100 3121 4 0006214 2022

Dengan ini menyatakan bahwa,
This is to certify that,

Puguh Heri Saputro

No. Reg. PMB.1238.02127 2022

Telah kompeten pada bidang:
Is competent in the area of:

Pertambangan Mineral dan Batubara
Mineral and Coal Mining

Dengan Kualifikasi / Kompetensi:
With Qualification / Competency:

Pengawas Operasional Pertama
The Lower Operational Supervisor

Sertifikat ini berlaku untuk: 5 (lima) Tahun
This certificate is valid for: 5 (five) Years

Bogor, 30 Mei 2022

Atas nama (on Behalf of) BNSP
Indonesia Professional Certification Authority

Lembaga Sertifikasi Profesi Energi Mandiri
Energi Mandiri Professional Certification Body

Rinto Andrianto, M.Si

Direktur
Director



Daftar Unit Kompetensi

List of Unit(s) of Competency

NO	Kode Unit Kompetensi <i>Code of Competency Unit</i>	Judul Unit Kompetensi <i>Title of Competency Unit</i>
1	PMB.PO02.001.01	Melaksanakan Peraturan Perundang - undangan terkait Keselamatan Pertambangan <i>Implement of mining safety regulation</i>
2	PMB.PO02.002.01	Melaksanakan Tugas dan Tanggung Jawab Keselamatan Pertambangan pada Area yang Menjadi Tanggung Jawabnya <i>Implement the jobs and responsibilities of mining safety in the area to be responsible</i>
3	PMB.PO02.003.01	Melaksanakan Pertemuan Keselamatan Pertambangan Terencana <i>Implement of planned mining safety meeting</i>
4	PMB.PO02.004.01	Melaksanakan Investigasi Kecelakaan <i>Implement of Accident investigation</i>
5	PMB.PO02.005.01	Melaksanakan Identifikasi Bahaya dan Pengendalian Risiko <i>Implement of hazard indentification and risk management</i>
6	PMB.PO02.006.01	Melaksanakan Peraturan Perundang - undangan terkait Perlindungan Lingkungan <i>Implement of environmental protection regulation</i>
7	PMB.PO02.007.01	Melaksanakan Inspeksi <i>Implement of inspection</i>
8	PMB.PO02.008.01	Melaksanakan Analisis Keselamatan Pekerjaan <i>Implement of job safety analysis</i>



Puguh Heri Saputro
Tanda tangan pemilik
signature of holder

Bogor, 30 Mei 2022

Lembaga Sertifikasi Profesi Energi Mandiri
Energi Mandiri Professional Certification Body

Aini Zakiyah
Manajer Sertifikasi
Manager of Certification



Certificate Training Completion

CERT-WEB-CI-22.04.20-028

This certificate is proudly presented to

Puguh Heri Saputro

For attending the Professional Training entitled

PDCA 8 STEPS & SEVEN TOOLS

on 20-21 April 2022, at Expert Club Indonesia (ECI)

Jakarta, 25 April 2022

Bambang Eko Cahyono, ST, CHRP, CSSGB, CTQM, CLSMBB

CEO Yayasan Edukasi Citra Indonesia
Chairman, PT. ECI Bisnis Manajemen (Training & Consulting)



Certificate

— OF ATTENDANCE —

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Puguh Heri Saputro

For Successful Completion Of

ONLINE TRAINING: ISO ADVANCED LEVEL

Implementation Integrated System Management of

ISO 9001:2015 Quality Management System

ISO 14001:2015 Environmental Management System

ISO 45001:2018 Occupational Safety & Health Management System

for Advanced Level

On The 29th - 30th of May 2021

Irwan Sitorus S.T.

Instructor



**PT. GLOBAL INTEGRITAS
SERTIFIKASI**



Bima Arga Tedja, S.E.

Chief Executive Officer

5039089



BADAN NASIONAL
SERTIFIKASI PROFESI
INDONESIAN PROFESSIONAL
CERTIFICATION AUTHORITY

SERTIFIKAT KOMPETENSI CERTIFICATE OF COMPETENCE

No. 00809 0221 0001482 2019

Dengan ini menyatakan bahwa,
This is to certify that,

Puguh Heri Saputro

No. Reg. SAK 042 01482 2019

**KKK.00.02.003.01;KKK.00.02.014.01
KKK.00.03.002.01;KKK.00.03.005.01**

Telah kompeten pada bidang:
Is competent in the area of:

Kesehatan dan Keselamatan Kerja
Occupational Health and Safety

Dengan Kualifikasi / Kompetensi:
With Qualification / Competency:

Ahli Investigasi Insiden
Incident Investigation Professional

Sertifikat ini berlaku untuk: 3 (tiga) Tahun
This certificate is valid for: 3 (three) Years

Jakarta, 8 Oktober 2019

Atas nama (On Behalf Of) BNSP
Indonesian Professional Certification Authority
Lembaga Sertifikasi Profesi LSP LSK-K3 ICCOSH
LSK-K3 ICCOSH Professional Certification Body

Ir. Ismet Somad, MSc. Eng

Direktur Eksekutif
Executive Director

Ir. Satrio Pratomo MAppSc

Ketua Dewan Pengarah
Chairman



LSP LSK-K3 ICCOSH

Daftar Unit Kompetensi

List of Unit(s) of Competency

NO	Kode Unit Kompetensi <i>Code of Competency Unit</i>	Judul Unit Kompetensi <i>Title of Competency Unit</i>
1.	KKK.00.02.003.01	Melakukan identifikasi bahaya dan risiko K3. <i>Hazard identification and OHS risk</i>
2.	KKK.00.02.014.01	Menganalisis dan mengevaluasi risiko K3. <i>Analyze and evaluate OHS risk</i>
3.	KKK.00.03.002.01	Partisipasi dalam penyelidikan kecelakaan. <i>Participation in incident investigation</i>
4.	KKK.00.03.005.01	Mengembangkan analisa informasi dan data K3. Dan proses pelaporan serta dokumentasi. <i>Develop the evaluation of OHS information and data, report process, and documentation</i>



Puguh Heri Saputro
tangan pemilik
Signature of holder

Jakarta, 8 Oktober 2019

Atas nama (On Behalf Of) BNSP
Indonesian Professional Certification Authority
Lembaga Sertifikasi Profesi LSP LSK- K3 ICCOSH
LSK- K3 ICCOSH Professional Certification Body

Drs. Firdaus Harahap, BcM, MM
Ketua Komisi Pelaksanaan Sertifikasi
Chairperson of Certification Commission



KEMENTERIAN KETENAGAKERJAAN REPUBLIK INDONESIA
MINISTRY OF MANPOWER OF THE REPUBLIC OF INDONESIA
DIREKTORAT JENDERAL PEMBINAAN PENGAWASAN KETENAGAKERJAAN DAN
KESELAMATAN DAN KESEHATAN KERJA
DIRECTORATE GENERAL OF LABOUR INSPECTION DEVELOPMENT AND OCCUPATIONAL SAFETY AND HEALTH

Sertifikat

Certificate

NOMOR 5/5580 /AS.02.02/VI/2019

Diberikan Kepada :

This is to certify that :

N a m a : PUGUH HERI SAPUTRO
name
Tempat, tanggal lahir : Jakarta, 13 April 1982
Place, date of birth
Perusahaan/Instansi : PT. Global Arrow
company/institution
Alamat perusahaan : Jln Empu Sendok No 34 Kebayoran Baru Jakarta Selatan
address

TELAH MENGIKUTI

Has successfully attended

**PEMBINAAN KESELAMATAN DAN KESEHATAN KERJA (K3) DI BIDANG PERTOLONGAN
PERTAMA PADA KECELAKAAN DI TEMPAT KERJA**

The Occupational Safety and Health (OSH) Training of First Aid at Workplace

Diselenggarakan oleh

Held by

PT MIDATAMA

di Wisma Presisi Midiatama Academy

Pada tanggal 12 - 14 JUNI 2019

In Wisma Presisi Midiatama Academy

on June 12th to 14th, 2019

Pemegang Sertifikat ini memenuhi persyaratan sebagai

The holder of this certificate qualifies the requirements as

Petugas Pertolongan Pertama Pada Kecelakaan (P3K) di Tempat Kerja

First Aid at workplace Officer

sesuai Peraturan Menteri Ketenagakerjaan RI. Nomor PER.15/MEN/VIII/2008,

Jo. Kepdirjen Binwasnaker No. KEP . 53/DJPPK/VIII/2009

According to the Decree of the Minister of Manpower and Transmigration RI No. PER.15/MEN/VIII/2008,

Jo. Decree of the Director General of Labour Inspector Development No. KEP.53/DJPPK/VIII/2009

Jakarta, 28 Juni 2019

Jakarta, June 28th, 2019

an. Direktur Jenderal

Pembinaan Pengawasan Ketenagakerjaan dan K3,

On Behalf of Director General of Labour Inspection Development and Occupational Safety and Health,

Plt. Direktur Pengawasan Norma K3,

Acting Director of Occupational Safety and Health Norm Supervision,



Hery Sutanto, S.T., M.M.

NIP 19710922 199703 1 002

KURIKULUM PEMBINAAN
PETUGAS P3K DI TEMPAT KERJA
TRAINING CURRICULUM OF FIRST AID AT WORKPLACE OFFICER

A. Materi Dasar

A. The Basic Subject

1. Dasar-dasar Kesehatan Kerja dan Peraturan Perundang-undangan P3K di Tempat Kerja
Basics of Occupational Health and Legislation of First Aid at Workplace
2. Dasar-dasar P3K di Tempat Kerja
Basics of First Aid at Workplace

B. Materi Inti

B. The Main Subject

1. Anatomi dan Faal Tubuh Manusia
Human Anatomy and Physiology
2. Pertolongan Pertama Pada Gangguan Khusus
First Aid on Specific Disorders
3. Pertolongan Pertama Pada Gangguan Lokal
First Aid on Local Disorders
4. Tanggap Darurat dan Evakuasi Korban
Emergency Response and Victim Evacuation
5. Pertolongan Pertama terhadap Kejang, Paparan Suhu Lingkungan dan Bahan Kimia
First Aid on Case of Convulsion, Exposure of Environment Temperature and Chemicals
6. Pertolongan Pertama Pada Gangguan Umum
First Aid on Vital Disorders
7. Resusitasi Jantung Paru
Cardiac Pulmonary Resuscitation

C. Evaluasi

C. Evaluation

Teori dan Praktek
Theory and Practical Test

PT. BIRO KLASIFIKASI INDONESIA

SERTIFIKAT CERTIFICATE

Training ISPS Code – Personil Fasilitas Pelabuhan *ISPS Code Training – Port Facility Personnel*

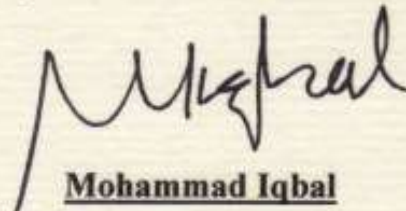
Nomor : 136/ISPS/PRC/X/KI-17
Number

Menerangkan bahwa
This is to certify that

Nama : Puguh Heri Saputro
Name
Perusahaan : PT. Global Arrow
Company

Telah mengikuti Training ISPS Code (sesuai dengan Part B
Pasal 18.3 ISPS Code) 24 Oktober 2017
Has completed ISPS Code Training (refer to Part B Section 18.3 ISPS Code)
24th October 2017

Pekanbaru, 30 Oktober 2017
Kepala Cabang Komersil Pekanbaru
PT. Biro Klasifikasi Indonesia (Persero)
Ijin RSO: KL/002/I/17/DJPL-14


Mohammad Iqbal



KEMENTERIAN TENAGA KERJA DAN TRANSMIGRASI RI
MINISTRY OF MANPOWER AND TRANSMIGRATION OF THE REPUBLIC OF INDONESIA
DIREKTORAT JENDERAL PEMBINAAN PENGAWASAN KETENAGAKERJAAN
DIRECTORATE GENERAL OF LABOUR SUPERVISION DEVELOPMENT

Sertifikat

Certificate

dengan ini menyatakan bahwa :

Herewith certifies that :

Nama : **Puguh Heri Saputro**
Name
Tempat, tanggal lahir : **Jakarta, 13 April 1982**
Place and date of birth
Perusahaan/Instansi : **PT. Indah Maha Kreasitama**
Company/Institution
Alamat : **Jl. Kerja Bakti No 3 RT 003 RW 09, Kel Kramat**
Address : **Jati, Kec. Kramat Jati, Jakarta Timur**

TELAH MENGIKUTI
has successfully followed

PEMBINAAN AUDIT
SISTEM MANAJEMEN KESELAMATAN DAN KESEHATAN KERJA
(SMK3)

The Training of the Occupational Safety and Health Management System Audit

diselenggarakan oleh
conducted by

PT. Indah Maha Kreasitama

di Hotel Bumi Wiyata - Depok

in Hotel Bumi Wiyata - Depok

pada tanggal 28 s.d. 30 Mei 2013

on May 28 until 30, 2013

Pemegang Sertifikat ini memenuhi persyaratan sebagai
The holders of this certificate has fulfilled the requirements as

Auditor SMK3

Auditor of the Occupational Safety and Health Management System

sesuai Peraturan Pemerintah Republik Indonesia Nomor 50 Tahun 2012
tentang Penerapan Sistem Manajemen Keselamatan dan Kesehatan Kerja
according to the Government Regulation of the Republic of Indonesia Number 50 Year 2012
concerning The Implementation of the Occupational Safety and Health Management System

Jakarta, 27 Juni 2013

Jakarta, June 27, 2013

A.n. Menteri Tenaga Kerja dan Transmigrasi RI

On behalf of the Minister of Manpower and Transmigration of the Republic of Indonesia

Direktur Jenderal

Pembinaan Pengawasan Ketenagakerjaan

Director General of Labour Supervision Development

Drs. A. Mudji Handaya, MSi
NIP. 19691213 198203 1 010





No: E1242

Certificate

Awarded to

Puguh A. S

in recognition of attending

TEKS Basic Program

Signed on 21 Oct 2022

Aritowo
Aritowo Mendriwindoo

Corporate Human Resources

Daris

Daris Rahman

Triputra Excellence Center



KEMENTERIAN TENAGA KERJA DAN TRANSMIGRASI R.I.
MINISTRY OF MANPOWER AND TRANSMIGRATION OF THE REPUBLIC OF INDONESIA
DIREKTORAT JENDERAL PEMBINAAN PENGAWASAN KETENAGAKERJAAN
DIRECTORATE GENERAL OF LABOUR SUPERVISION DEVELOPMENT

Sertifikat

Certificate

diberikan kepada :
awarded to

N a m a : **Puguh Heri Saputro**
Name
Tempat, tanggal lahir : **Jakarta, 13 April 1982**
Place and date of birth
Perusahaan : **PT. Djambi Waras, Jambi**
Company
Al a m a t : **Jl. Sultan Taha No.4 - Djambi 36113**
Address

TELAH MENGIKUTI
has successfully followed

PEMBINAAN PENGAWASAN NORMA KESELAMATAN DAN KESEHATAN KERJA
The Supervision Development of Occupational Safety and Health Norms

diselenggarakan oleh
conducted by

PT. Fairuz Artha Sejahtera

di Jakarta
in Jakarta

pada tanggal 18 s/d 30 Juli 2011
on July 18 until 30, 2011

Pemegang Sertifikat ini memenuhi persyaratan sebagai
The holder of this certificate has fulfilled the requirements as

Ahli Keselamatan dan Kesehatan Kerja
Occupational Safety and Health Expert

sesuai Peraturan Menteri Tenaga Kerja R.I. Nomor Per. 04/Men/1987 tentang Panitia Pembina Keselamatan dan Kesehatan Kerja serta Tata Cara Penunjukan Ahli Keselamatan Kerja jo. Peraturan Menteri Tenaga Kerja R.I. Nomor Per. 02/Men/1992 tentang Tata Cara Penunjukan, Kewajiban dan Wewenang Ahli Keselamatan dan Kesehatan Kerja.

according to the Regulation of the Minister of Manpower of the Republic of Indonesia Number: Per.04/Men/1987 concerning Occupational Safety and Health Committee and the Appointment Procedures of Safety Expert juncto the Regulation of the Minister of Manpower of the Republic of Indonesia Number: Per.02/Men/1992 concerning the Procedures of Appointment, Obligations and Authority of Occupational Safety and Health Experts

Jakarta, 02 Agustus 2011

Jakarta, August 02, 2011

A.n. Menteri Tenaga Kerja dan Transmigrasi RI

On behalf of the Minister of Manpower and Transmigration of the Republic of Indonesia

Direktur Jenderal

Pembinaan Pengawasan Ketenagakerjaan

Acting Director General of Labour Supervision Development



Drs. A. Mudji Handaya, M.Si.

MATERI PEMBINAAN
CALON AHLI KESELAMATAN DAN KESEHATAN KERJA (AK3) UMUM
THE CURRICULUM TRAINING OF OCCUPATIONAL SAFETY AND HEALTH (OSH) EXPERT

1. Undang-undang Nomor 1 Tahun 1970
Act Number 1 of the 1970 Concerning Occupational Safety
2. Kebijakan Keselamatan dan Kesehatan Kerja
Occupational Safety and Health National Policy
3. Dasar-dasar Keselamatan dan Kesehatan Kerja
The Principles of Occupational Safety and Health
4. Panitia Pembina Keselamatan dan Kesehatan Kerja
Occupational Safety and Health Committee
5. Pengawasan Kesehatan Kerja
Occupational Health Inspection
6. Pengawasan Lingkungan Kerja
Working Environment Inspection
7. Pengawasan Keselamatan dan Kesehatan Kerja Penanggulangan Kebakaran
Fire Prevention Occupational Safety and Health Inspection
8. Pengawasan Keselamatan dan Kesehatan Kerja Instalasi Listrik
Electric Installation Occupational Safety and Health Inspection
9. Pengawasan Keselamatan dan Kesehatan Kerja Konstruksi Bangunan
Occupational Safety and Health in Building Construction Inspection
10. Pengawasan Keselamatan dan Kesehatan Kerja Mekanik
Mechanical Occupational Safety and Health Inspection
11. Pengawasan Keselamatan dan Kesehatan Kerja Pesawat Uap
Boiler Occupational Safety and Health Inspection
12. Pengawasan Keselamatan dan Kesehatan Kerja Bejana Tekan
Pressure Vessel Occupational Safety and Health Inspection
13. Sistem Manajemen Keselamatan dan Kesehatan Kerja (SMK3)
Occupational Safety and Health Management System
14. Audit Sistem Manajemen Keselamatan dan Kesehatan Kerja
Audit of Occupational Safety and Health Management System
15. Manajemen Resiko
Risk Management
16. Analisa Kecelakaan
Accident Analysis
17. Laporan Statistik Kecelakaan
Report of Accident Statistics
18. Praktek Kerja Lapangan
On The Job Training
19. Seminar
Seminar
20. Evaluasi
Evaluation



IBU Contractor HES Management (CHESM)

Contractor Serious Injury and Fatality Prevention (SIF-P) Contribution Award

presented to

PT GLOBAL ARROW

for developing and implementing internal V&V Program

—
human energy

A blue ink signature of Bambang Widjanarko.

Bambang Widjanarko

May 3rd, 2019



Upstream Asset OE/HES

Driving Improvement Monitoring System Recognition

presented to:

PT. Global Arrow

For consistently demonstrating winning behavior in reporting Driving
Improvement Monitoring System (DIMS) report to
UA OE/HES North Operations Team in 2018

Noviawan Budi Prasetyo

TL UA OE/HES North Operations

03. MAY 2018

Date



IBU Contractor HES Management (ICHESM)

Contractor Serious Injury and Fatality Prevention (SIF-P) Contribution Award

presented to

PT. GLOBAL ARROW

for developing and implementing V&V program

—
human-energy


Bambang Widjanarko

GM SIF Prevention

April 20th, 2018

Date



2018 IndoAsia Business Unit Motor Vehicle Safety (MVS)
Recognition & Appreciation Program

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"Outstanding performance through maintaining safe-driving behavior in scope of Security Team Vehicle
Transportation period March 2018"

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Erwin Sinisuka

Manager Upstream Asset OE HES

March, 2018

Date



2018 IndoAsia Business Unit Motor Vehicle Safety (MVS)
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Erwin Sinisuka

Manager Upstream Asset OE HES

February, 2018

Date