

Vanya Rucitha Hadirasa Putri

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PROFILE

As a recent Psychology graduate, I am passionate about applying the principles of Industrial-Organizational psychology to enhance the workplace experience. I focus on using behavioral science to build stronger team dynamics and improve individual well-being. My goal is to help organizations create environments where both the business and its employees can thrive through evidence-based psychological strategies.

EDUCATION

Sanata Dharma University

Psychology

Cumulative GPA: 3.39/4.0

Yogyakarta

2022 - 2026

SMA Negeri 2 Kuningan

Science Major

Average final score: 87.72

2019 - 2022

WORK EXPERIENCE

Pusat Layanan Konseling Universitas Sanata Dharma

Oct 2025 - Apr 2026

Admin and Peer Counseling Staff

- Communicating with counselors and clients.
- Conducting client assessments.
- Preparing assignment letters and evaluation letters.
- Scheduling counseling sessions for clients.
- Also part of the counseling division dedicated to peer counseling and frequently attend counseling training sessions.

ORGANIZATIONAL EXPERIENCE

Akrab Psikologi

Mar 2024 - Sept 2024

Group Companion

- Coordinating and guiding 12 new psychology students in 2024.
- Introducing the campus environment to new students.
- Becoming a facilitator.

Komisi E Dewan Perwakilan Mahasiswa Fakultas

2022 - 2023

- Serving as the Steering Committee in the General Election Commission (KPU) committee.
- Organizing and being responsible for the implementation of all General Election Commission (KPU) activities.
- Consolidating the DPMF and BEMF organizations that have been inaugurated.

Komisi Pemilihan Umum Fakultas

2023

Steering Committee

- Establish the theme, vision, mission, concept, and main objectives of the activity.
- Searching for, selecting, and forming members of the Organizing Committee (technical committee).
- Providing technical guidance, supervising the performance of the organizing committee, and reviewing proposals and final reports.
- Providing alternative solutions and instructions if obstacles or problems arise during the event. Being accountable to the head of the organization or superiors for the overall success of the event

SKILL

- Hard skill : Microsoft Office (Word, Excel, PowerPoint, Spreadsheet), Psychoeducation, Peer counseling, Psychological observation and interviews, Conducting psychological testing (Cognitive Test, Inventory Test, Projective Test), Report preparation.
- Soft skill : Interpersonal communication, Leadership and teamwork, Active listening skills, Adaptability to change, Time management and discipline, Confidentiality and professionalism.
- Language : Indonesia (Fluent), English (Basic-Intermediate)