



ARIF RAHMAN HAKIM

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INTRODUCTION

A Motivated, dynamic, and result-oriented Apothecary profession student with a strong interest in the pharmaceutical industry and its applications in improving healthcare delivery. Demonstrates solid skills in research, problem-solving, and cross-cultural communication, with a commitment to contributing to the development of safe, effective, and sustainable pharmaceutical products. Dedicated to applying academic knowledge into practical industry settings to support innovation and public health advancement.

EDUCATION

University of Jember – Jember, Indonesia 2025 – 2026
Apothecary (Apt.) GPA: 3.96/4.00

University of Jember – Jember, Indonesia 2021 – 2025
Bachelor of Pharmacy (B.Pharm) | Final Grade: Honors GPA: 3.55/4.00
Thesis Title:

Chlorogenic Acid Quantification and Antioxidant Activity of NADES Extracts from Robusta Green Coffee Beans (*Coffea canephora*) Using MAE and UAE Methods for Cosmetic Raw Material (Journal of Pharmacy and Science; Currently Indexed by Sinta 4)

Jakarta's 29 Senior High School – South Jakarta, Indonesia 2018 – 2021

EXPERIENCE

RSUD R.T. Notopuro Sidoarjo – Sidoarjo, Indonesia Apr – Jun 2026
Pharmacy Intern

- Supported clinical pharmacy services through participation in medication review and patient counseling.
- Assisted in delivering patient-centered pharmaceutical care in collaboration with multidisciplinary healthcare teams.
- Contributed to hospital pharmacy operations, including medication distribution and dispensing processes.
- Supported inventory management to ensure medication availability and proper stock control.
- Assisted in maintaining pharmaceutical service documentation in accordance with hospital standards.
- Promoted the safe, effective, and rational use of medicines through daily pharmacy practice.

PT. Kalbe Farma, Tbk. – Bekasi, Indonesia Feb – Mar 2026
Production Intern

- Supported pharmaceutical production operations in compliance with Good Manufacturing Practices (GMP), ensuring adherence to quality and regulatory standards.
- Participated in Lean Manufacturing initiatives by supporting SMED and OEE implementation to improve equipment utilization and reduce process inefficiencies.
- Assisted in monitoring and analyzing production performance data to identify opportunities for continuous process improvement and operational excellence.
- Collaborated with production, quality, and engineering teams to support manufacturing optimization and maintain consistent product quality.
- Strengthened technical knowledge of pharmaceutical manufacturing processes, GMP compliance, process optimization, and quality-focused production practices.

RSUP Dr. Sardjito – Tawangmangu, Indonesia Jan 2026
Pharmacy Intern

- Assisted healthcare professionals in the implementation of evidence-based traditional medicine within integrative healthcare services.
- Supported the preparation and handling of traditional medicinal formulations in accordance with established procedures.

- Conducted literature reviews to support evidence-based clinical decision-making and traditional medicine practices.
- Assisted in maintaining documentation and administrative records to ensure compliance with healthcare standards.
- Contributed to the delivery of safe, effective, and patient-centered integrative healthcare services.

Apotek K-24 – Bondowoso, Indonesia

Oct – Nov 2025

Pharmacy Intern

- Assisted pharmacists in prescription screening and medication dispensing to ensure the safe and rational use of medicines.
- Provided drug information and counseling to support appropriate medication use and patient understanding.
- Guided patients in the selection and proper use of over-the-counter (OTC) medications.
- Supported inventory management through stock monitoring, product arrangement, and expiration date checks.
- Contributed to the delivery of patient-centered community pharmacy services while maintaining operational efficiency.

UPTD Puskesmas Bangsalsari – Jember, Indonesia

Oct 2025

Pharmacy Intern

- Assisted in prescription screening and medication dispensing to ensure the safe and rational use of medicines.
- Provided patient counseling and drug information to promote medication adherence and appropriate medicine use.
- Supported drug inventory monitoring and storage management to maintain medicine quality and availability.
- Contributed to community health promotion and disease prevention programs through pharmaceutical services.
- Assisted in delivering patient-centered pharmaceutical care within a primary healthcare setting.

PT. Millenium Pharmacon Internation, Tbk. – Malang, Indonesia

Sep – Oct 2025

Logistics Intern

- Assisted pharmaceutical distribution operations in accordance with Good Distribution Practice (GDP) and Cara Distribusi Obat yang Baik (CDOB), ensuring compliance with quality and regulatory standards.
- Supported product receiving, warehouse operations, storage management, inventory control, and order fulfillment while maintaining product quality and traceability.
- Performed inventory monitoring and stock verification to ensure inventory accuracy, appropriate storage conditions, and product availability throughout the distribution process.
- Maintained accurate operational documentation and supported quality assurance activities to ensure compliance with pharmaceutical distribution requirements.
- Collaborated with cross-functional teams to strengthen quality management, supply chain operations, inventory control, regulatory compliance, and continuous operational efficiency.

RESEARCH EXPERIENCE

Research Assistant | PI: apt. Tanfidz Alishlah, B.Pharm., M.Sc

May 2024 – May 2025

Pharmacognosy and Phytochemistry Lab, University of Jember, Jember, Indonesia

- Analyzed experimental data using Microsoft Excel and performed statistical analyses (ANOVA and t-test) with SPSS.
- Conducted laboratory procedures, including sample collection, preparation, and implementation of research methods.
- Collaborated with the research team to interpret results and evaluate findings using data-driven insights.
- Reviewed more than 10 scientific publications to support research methodology and strengthen study outcomes.
- Assisted in manuscript preparation, including contributing to the writing of research paper sections.

Research Intern | PI: Dr. Nuri, B.Sc., M.Sc.

Nov – Dec 2024

Pharmacognosy and Phytochemistry Lab, University of Jember, Jember, Indonesia

- Conducted sample collection and extraction processes in accordance with established research procedures.
- Organized and managed research data using Microsoft Excel to ensure accurate documentation.
- Supported efficient data processing and analysis throughout the research workflow.

ORGANIZATIONAL AND PROJECT EXPERIENCE

UKSM ESSENSI – Jember, Indonesia

Head of Program | MASKER 2023 | bit.ly/4ihcemv

Apr – Nov 2023

- Conceptualized and organized an art performance event by developing the program flow and event activities.
- Coordinated team members and managed project logistics to ensure smooth event execution.
- Managed scheduling, resource allocation, and event reporting throughout the project.
- Optimized resource utilization and reduced operational costs by 50% while maintaining high-quality event delivery.

Staff of the Interests and Talents Section

Mar 2022 – Jan 2025

- Coordinated internal organizational activities by facilitating communication and collaboration among members.
- Supported the planning and execution of arts-related programs and organizational activities.
- Maintained smooth internal coordination to ensure effective implementation of programs.
- Strengthened teamwork and member engagement through active communication and collaboration.

CHRM2 – Jember, Indonesia

July – Aug 2025

Liaison Officer

- Coordinated communication and cultural exchange between CHRM2 and international research fellows, strengthening cross-cultural understanding and academic collaboration.

Program Committee | International Course on Access to Justice in Southeast Asia and Beyond 2025

- Designed course agendas, including community-based experiential learning with indigenous and marginalized groups, as part of a human rights education program.
- Developed participant guidelines to ensure smooth program delivery and a supportive environment.
- Moderated a session on leprosy management in Indonesia with a focus on medical approaches.
- Documented meeting minutes and program proceedings.

Community Service Program – Jember, Indonesia

Sep – Oct 2024

Head of Program | Dengue Fever Prevention Initiative | bit.ly/4IRKlef

- Led student team in dengue prevention initiatives.
- Implemented health interventions based on government protocols.
- Formulated mosquito repellent using local ingredients.
- Designed tools to reduce dengue haemorrhagic fever risks.
- Collaborated with village leaders and health authorities.
- Managed volunteers and coordinated community engagement. • Achieved measurable outcomes and promoted sustainable practices.

Speaker & Health Educator | Stunting Prevention Socialization Programs | bit.ly/4lpCxoU

- Delivered community health education on stunting prevention and healthy lifestyles.
- Engaged diverse audiences, from mothers to local health workers and community leader

CONFERENCE AND COURSE ATTENDED

- Course on Access to Justice in Southeast Asia and Beyond 2025 by CHRM2 and Faculty of Law University of Jember
- Participated in The 8th Conference on Human Rights at Universitas Airlangga (Protecting Human Rights in Asia Amid Energy Transition, Technological Disruption, and Democratic Regression)

SKILL AND COMPETENCES

Pharmaceutical skills: Public health and pharmaceutical research, natural product development and utilization, Health education and promotion, pharmaceutical science fundamentals | **Personal Strength:** Excellent communication, led teams in organizations, promoting teamwork and achieving shared objectives. Detail oriented individual ensuring precision in tasks and documentation for accuracy. Effective problem solver, proactively addressing challenges and finding effective solutions.

LANGUAGE

- Bahasa Indonesia: Native Language
- English: Professional working proficiency | TOEFL score: 590