



VIMARR NAJLA ADINDA

(Psychology Graduate)

Mobile: +6287774254529

Email: vimarnajlaa@gmail.com

Linkedin: <https://www.linkedin.com/in/vimarnajlaa>

PERSONAL DESCRIPTION

A psychology graduate with an Industrial and Organizational background, with practical academic experience in psychological assessment. Actively engaged in Public Relations through organizational involvement. Skilled in communication, relationship building, and teamwork within organizational settings.

EDUCATION

Universitas Syiah Kuala

2021 - 2025

Bachelor of Psychology

GPA: 3.56/4.00

Relevant Coursework: Industrial & Organizational Psychology, Job Analysis & Workload Analysis (Field Practice), Training & Development (Applied Practice), Interviewing Skills (Applied Practice), Organizational Behavior.

ACHIEVEMENT

NAMA Foundation Fully Funded Scholarship Batch 3 Awardee

2021 - 2025

- One of 23 awardees nationwide for the scholarship.
- Received full tuition coverage for bachelor's degree.

Global Outreach Program

December 2023

- Selected delegate (1 of 14 selected delegates)
- Participated in a counseling training program at Management and Science University (MSU) & Universiti Pendidikan Sultan Idris (UPSI) Malaysia.

TRAINING & CERTIFICATION

Basic Human Resources Administration (Talenesia)

January 2026

Attendance, Over time, THR, Bonuses

Microsoft Office Short Course Program (LP3I)

May 2019

Ms. Word, Ms. Excel, Ms. Power Point

EXPERIENCE

Psychoeducational Speaker at Al-Azhar Cairo Banda Aceh

April 2024

Speaker & Psychological Intervention Designer

- Designed and delivered a psychology based training intervention on emotional awareness for elementary school students, with post-test results indicating improved emotional understanding.

BEM Universitas Syiah Kuala

2023 – 2024

Public Relation Staff

- Conducted student advocacy by channeling and presenting student concerns to the university executive board.
- Handled regional-scale event, responsible for agenda coordination and event execution.

BEM Faculty of Medicine

2022 – 2023

Head of Secretariat Division

- Managed organizational administration and secretarial tasks, including official correspondence, document archiving, and supporting event documentation needs.
- Supported basic workforce administration through attendance tracking and documentation.
- Utilized automated document processing tools to support efficient administrative workflows.

VOLUNTEERING EXPERIENCE

Social Visit SOS Children Village Banda Aceh

August 2022

- Volunteer in the Social Visit program at SOS Children's Village Banda Aceh, focusing on emotional regulation and psychological support for children.

Aksi Kemanusiaan Mahasiswa Kedokteran FK USK

November 2021

- Provided community health services focusing on general check-ups and psychological support to enhance well-being.

SKILLS & LANGUAGES

Languages: Indonesia – Native, English – DET 115 (equivalent to IELTS $\pm$ 7.0)

Skills: Psychological Testing Tools (Familiar with various assessment instrument), Data Entry & Record Management.



UNIVERSITAS SYIAH KUALA
Darussalam, Banda Aceh

Akreditasi Unggul Keputusan BAN-PT No. 3066/SK/BAN-PT/Ak.Pj/PT/XII/2025

No. Ijazah : 001011732012025100057

NIK : 3172035709030007

I J A Z A H

diberikan kepada

Vimarr Najla Adinda

NPM : 2107101130049

lahir di Tangerang tanggal 17 September 2003

karena telah menyelesaikan pendidikan dengan baik dan lulus tanggal 31 Oktober 2025 pada

Program Studi Psikologi

Fakultas Kedokteran

dan kepadanya diberikan gelar

Sarjana Psikologi (S.Psi.)

beserta segala hak dan kewajiban yang melekat pada gelar tersebut

Diberikan di Banda Aceh pada tanggal 3 November 2025

Dekan,



Dr. dr. Safrizal Rahman, M.Kes., Sp.OT



Rektor,



Prof. Dr. Ir. Marwan



Catatan :

1. UU ITE No. 11 Tahun 2008 Pasal 5 Ayat 1 "Informasi Elektronik dan/atau Dokumen Elektronik dan/atau hasil cetaknya merupakan alat bukti yang sah."
2. Dokumen ini telah ditandatangani secara elektronik menggunakan sertifikat elektronik yang diterbitkan oleh BSrE



UNIVERSITAS SYIAH KUALA

Darussalam, Banda Aceh

Academic Transcript No. 012025/00101/UN11/TN/1732
National Diploma No. 001011732012025100057

ACADEMIC TRANSCRIPT (translated version)

Name : Vimarr Najla Adinda
Student ID : 2107101130049
Place of Birth : Tangerang
Date of Birth : September 17, 2003

Faculty : Medicine
Academic Program : Bachelor
Study Program : Psychology
Date of Award : October 31, 2025

No	Course Code	Course	Credits	Grade
1	MKWU1004	ENGLISH	2	AB
2	SPSP1007	BIOPSYCHOLOGY	3	AB
3	SPSP1001	PHILOSOPHY	2	A
4	MKWU1005	DISASTER MANAGEMENT AND ENVIRONMENT	2	A
5	MKWU1002	CIVIC EDUCATION	2	A
6	MKWU1001	PANCASILA	2	A
7	MKWU1006	CHARACTER BUILDING I	0	A
8	SPSP1009	SELF DEVELOPMENT	2	A
9	SPSP1011	PERSONALITY PSYCHOLOGY I	2	B
10	SPSP1003	GENERAL PSYCHOLOGY	3	B
11	SPSP1005	STATISTICAL PSYCHOLOGY	3	A
12	MKWU1003	INDONESIAN LANGUAGE	2	AB
13	MKWU1007	CHARACTER BUILDING II	0	A
14	SPSP1010	WRITING SKILLS	2	A
15	SPSP1012	PSYCHODIAGNOSTICS	2	A
16	SPSP1008	PERSONALITY PSYCHOLOGY II	2	B
17	SPSP1002	EDUCATIONAL PSYCHOLOGY	2	AB
18	SPSP1006	DEVELOPMENTAL PSYCHOLOGY OF CHILD AND ADOLESCENT	3	AB
19	SPSP1004	SOCIAL PSYCHOLOGY	3	A
20	SPSP1014	PSYCHOMETRICS	2	AB
21	SPSP3050	CODE OF ETHICS	2	BC
22	SPSP2025	QUANTITATIVE RESEARCH METHODS	3	B
23	SPSP2021	OBSERVATION PRACTICUM	1	AB
24	SPSP2015	INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY PRACTICUM	2	A
25	SPSP2019	INTERVIEW PRACTICUM	2	AB
26	SPSP2029	ABNORMAL PSYCHOLOGY OF CHILDREN AND ADOLESCENTS	2	AB
27	SPSP2013	INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY	3	AB
28	SPSP4049	GROUP PSYCHOLOGY	2	A
29	SPSP2027	COMMUNICATION PSYCHOLOGY	2	A
30	SPSP2023	DEVELOPMENTAL PSYCHOLOGY OF ADULTS AND ELDERLY	3	AB
31	SPSP2017	INTERVIEW AND OBSERVATION	2	AB
32	SPSP2020	BASIC COUNSELING	2	AB
33	SPSP2024	MENTAL HEALTH	3	B
34	SPSP2028	QUALITATIVE RESEARCH METHOD	3	AB
35	MKWU2001	RELIGION EDUCATION	2	AB
36	SPSP6003	ORGANIZATIONAL DEVELOPMENT	2	B
37	SPSP2030	CONSTRUCTION OF PSYCHOLOGICAL MEASUREMENT	2	AB
38	SPSP2022	BASIC COUNSELING PRACTICUM	1	AB
39	SPSP2032	CONSTRUCTION OF PSYCHOLOGICAL MEASUREMENT PRACTICUM	1	AB
40	SPSP2018	ADULT ABNORMAL PSYCHOLOGY	2	A
41	SPSP2026	CLINICAL PSYCHOLOGY	3	B
42	SPSP3046	PSYCHOTHERAPY	2	A

No	Course Code	Course	Credits	Grade
43	SPSP2016	COGNITIVE PSYCHOLOGY	2	AB
44	SPSP3043	EARLY DETECTION OF CHILD DEVELOPMENT	2	AB
45	SPSP3045	BEHAVIOR MODIFICATION	2	A
46	SPSP3031	HUMAN RESOURCE TRAINING AND DEVELOPMENT	2	AB
47	SPSP3041	INVENTORY TEST PRACTICUM	1	A
48	SPSP3037	PSYCHOLOGY OF LEARNING	2	AB
49	SPSP3047	DISASTER PSYCHOLOGY	2	AB
50	SPSP3035	EXPERIMENTAL PSYCHOLOGY	3	AB
51	SPSP4047	ISLAMIC PSYCHOLOGY	2	AB
52	SPSP4045	CROSS CULTURAL PSYCHOLOGY	2	B
53	SPSP3049	INTELLIGENCE TEST	3	AB
54	SPSP3039	INVENTORY TEST	2	A
55	SPSP3038	BASICS OF PSYCHOLOGY INTERVENTION	2	A
56	SPSP3040	BASICS OF PSYCHOLOGY INTERVENTION PRACTICUM	1	A
57	SPSP6005	FORENSIC PSYCHOLOGY	2	A
58	SPSP3036	HEALTH PSYCHOLOGY	2	A
59	SPSP3042	COMMUNITY PSYCHOLOGY	3	A
60	SPSP6007	POSITIVE PSYCHOLOGY	2	A
61	SPSP3034	PSYCHOPRENEURSHIP	2	A
62	SPSP3044	PROJECTIVE TEST	3	AB
63	MKWUP001	COMMUNITY SERVICE PROGRAM	2	A
64	SPSP3033	HUMAN RESOURCE TRAINING AND DEVELOPMENT PRACTICUM	2	A
65	SPSP3048	PROFESSIONAL PSYCHOLOGY SKILLS I	2	AB
66	SPSP4041	TRAUMA PSYCHOLOGY	2	AB
67	SPSP4043	PROFESSIONAL PSYCHOLOGY SKILLS II	2	AB
68	SPSP6004	PEACE PSYCHOLOGY	2	B
69	SPSPPP001	THESIS PROPOSAL SEMINAR	2	AB
70	SPSPPA001	THESIS	5	BC

Total Courses : 70
Total Credits : 149
Total Weights : 530
Cumulative GPA : 3.56
Graduated Category : Very Satisfactory

A=4.0, AB=3.5, B=3.0, BC=2.5, C=2.0, D=1.0, E=0

Script Title: Subjective Caregiver Burden Among Early Adults with Sibling Diagnosed with Autism Spectrum Disorder (ASD)

Banda Aceh, November 3, 2025
Dean,



Dr. dr. Safrizal Rahman, M.Kes., Sp.OT
NIP. 197104092000031001



Catatan :
1. UU ITE No. 11 Tahun 2008 Pasal 5 Ayat 1 "Informasi Elektronik dan/atau Dokumen Elektronik dan/atau hasil cetaknya merupakan alat bukti yang sah."
2. Dokumen ini telah ditandatangani secara elektronik menggunakan sertifikat elektronik yang diterbitkan oleh BSE



Sertifikat Kepesertaan

Diberikan kepada

Vimarr Najla Adinda

Atas kesuksesannya menyelesaikan kelas

**Pelatihan Dasar Admin HR: Cara Menghitung Absensi, Lembur,
THR dan Bonus untuk Penggajian dengan Akurat**



Talenesia
21 Jan 2026


Aldo Massali
CEO Talnesia



Course Center

Course Certificate

This is to certify that

Name : VIMARR NAJLA ADINDA

Place and date of birth : Tangerang, 17 September 2003

Student Number : LCC.Komp.606.096.064

has successfully completed the short course program of
Microsoft Office (Ms. Word, Ms. Excel, Ms. Power Point)

Bogor, 13 Mei 2019
LP3I Course Center


Shinta Rosita, SE
Branch Manager



SERTIFIKAT

Diberikan Kepada :

Vimarr Najla Adinda

Sebagai

PEMATERI

dalam kegiatan Intervensi Psikologi Psikoedukasi dengan judul
“Mengenal dan Memahami Emosi: Psikoedukasi untuk Mendukung Regulasi Emosi pada Anak.”
di SD Islam Al-Azhar Cairo Banda Aceh pada 24 April 2024.



SITI AMINAH, S.PD.I
Kepala Sekolah