



Dinda Febriana Lestari

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A pharmacist fresh graduate with hands-on exposure to quality control, laboratory testing, pharmaceutical documentation, and cosmetic product development. Experienced in conducting product quality testing, including pH and viscosity measurements, retained-sample evaluation, and packaging conformity checks, with academic hands-on experience in pharmaceutical analytical testing using HPLC, UV-Visible Spectrophotometer, and dissolution tester. Detail-oriented and analytical, with strong documentation, problem-solving, and teamwork skills. Have a strong interest in pharmaceutical quality control and GMP-compliant laboratory practices.

Education

Universitas Ahmad Dahlan Pharmacist Professional Education • GPA 3.92	Aug 2026
UIN Syarif Hidayatullah Jakarta Bachelor • Pharmacy • GPA 3.55	Aug 2024

Experiences

Pharmacist Professional Program Intern

RSUD Margono Soekardjo • Hospital Pharmacy Intern April - Mei 2026

- Supported pharmaceutical quality and supply activities, including prescription screening, inventory monitoring, receiving, and distribution.
- Maintained pharmaceutical documentation and supported medication-related activities across hospital pharmacy services.

Nosin Indonesia • QC, R&D, Regulatory Affair Intern

Feb - March 2026

- Conducted quality control testing of cosmetic bulk products, including pH and viscosity measurements, retained-sample checks, and packaging conformity evaluation.
- Recorded and documented testing results and product observations to support quality evaluation and product development activities.
- Supported formulation trials and prepared cosmetic product prototypes based on client benchmarks and product requirements.
- Evaluated product characteristics during formulation trials and supported refinement of prototypes based on specified requirements.
- Reviewed cosmetic ingredients and INCI names, formulas, product claims, and labels against applicable regulatory requirements.
- Prepared Product Information Documents (DIP) and supported BPOM product notification and updates for new and existing cosmetic products.

Apotek Afina • Community Pharmacy Intern

Jan 2026

- Provided prescription dispensing and self-medication services for approximately 20–30 patients per day, including Indonesian and international patients.
- Conducted clinical pharmacy activities including PIO, patient counseling and, home pharmace care, and pharmaceutical inventory activities, including receiving, purchase-order and invoice verification, expiry monitoring, and medication disposal.

Puskesmas Umbulharjo I / IFK Dinkes Kota Yogyakarta • Primary Healthcare

Dec 2025

- Provided high-volume dispensing services for approximately 150 patients per day, covering compounded and non-compounded prescriptions.
- Provided Drug Information Services (PIO), patient counseling (KIE), and participated in PTO and MESO activities.
- Supported pharmaceutical selection and planning for the following year's medicine requirements.

- Cobra Dental Indonesia • Pharmaceutical Distribution Intern Nov 2025
- Prepared and packed dental anesthetic medicines according to incoming sales orders for local and out-of-city customers.
 - Maintained pharmaceutical distribution documentation, including sales orders, invoice copies, and billing records.
 - Conducted stock opname and expiry-date monitoring of pharmaceutical products.

Exchange Student Feb 2022
EPSF Fayoum, Egypt • Intern

Participated in a student exchange program to Egypt, assigned as an intern at Fayoum University. Conducted internships at multiple locations, including:

1. **Roshetta Pharmacy:** Learned about medication placement, pharmacology, and patient care, including managing digital prescriptions.
2. **Egy Herbal Industry:** Observed the production process from raw plants to packaged herbal products, gaining insights into herbal medicine.
3. **Oncology Hospital:** Learned about radiology equipment and cytotoxic pharmacy practices for developing cancer-specific medications.

Organizational and Community Experiences

Bipolar Care Indonesia Nov 2021 - Jun 2025
Staff of Program Team

- Actively conceptualize and prepare all the events in the community such as Support Group, Webinar, Workshop, Art Therapy, etc.
- Manage engagement across two community groups with 700+ members

DEMA FIKES UIN Jakarta Jan 2022 - Jan 2023
Chief of Student Affair Department

- Led a six-member team and served as steering committee for four major faculty programs, including scholarship, career, leadership, and student orientation programs.

Youth Ranger Indonesia Jan 2021 - Aug 2022
Staff of Public Relation

- Managed public relations projects and partnerships with organizations and notable brands, including L-Men, Wardah, Google Kormo Jobs, Digibank by DBS, and Zipmex.
- Coordinated community projects and facilitated internal peer-support activities, strengthening communication and stakeholder engagement.

HMPS Farmasi UIN Jakarta Nov 2020 - Dec 2021
Vice Chief of Research and Professional Development Department

- Coordinated professional-development programs and pharmaceutical competitions and contributed to 10+ organizational activities across events, public relations, and publications.

Award and Certification

FIKES AWARDS UIN Jakarta June 2023
Outstanding Student: International Category

Asia Pacific Pharmaceutical Symposium June 2021
IPSF APRO • 111P2NRM-13CE

Skills

- **Pharmaceutical:** Retained Sample Evaluation, Packaging Conformity Evaluation, Product Quality Evaluation, HPLC, UV-Visible Spectrophotometer, Dissolution Tester, Basic Pharmaceutical Analytical Techniques, CPOB, CPKB, CDOB, GDP, SOP Compliance, Pharmaceutical Documentation
- **Professional:** Analytical Thinking, Problem Solving, Documentation, Attention to Detail, Communication, Team Collaboration, Research & Evaluation
- **Digital:** Microsoft Office, Google Workspace, Canva, CapCut
- **Languages:** Indonesian (Native), English (Professional Working Proficiency; TOEFL 525), Arabic (Intermediate), Korean (Beginner)