

SUKMA AYU

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EXECUTIVE SUMMARY

Freshgraduate Apothecary with practical experience in industrial operations, manufacturing, laboratory activities, inventory management, documentation, and data analysis. Experienced in supporting operational activities, evaluating processes, reviewing technical documents, and monitoring equipment and working environments. Familiar with GMP, SOPs, production documentation, and regulatory requirements. Strong in analytical thinking, organization, teamwork, and adaptability, with an interest in industrial, manufacturing, technical, and operational roles.

EDUCATIONAL BACKGROUN

Apothecary, Universitas Indonesia

July 2025-August 2026

GPA : 3.72/4.00

Bachelor of Pharmacy, Muhammadiyah University Prof. Dr. HAMKA

Sept 2021-Feb 2025

GPA : 3.60/4.00

- Thesis : Activity Assay of (*Cinnamomum cullilawan*) Bark Essential Oil on Glutathione Levels in Male White Rats Subjected to Carrageenan-Induced Air Pouch Inflammation.

WORK EXPERIENCE

Rumah Sakit Umum Pusat Persahabatan, East Jakarta

March-April 2026

Pharmacy Intern

- Conducted ward rounds, medication reconciliation, and drug therapy monitoring (PTO) for inpatients.
- Delivered specific TB SO counseling, outpatient PIO, and public healthcare education (PKRS).
- Dispensing & Antimicrobial Stewardship: Screened prescriptions, compounded medications, and monitored antibiotic utilization based on WHO guidelines.
- Inventory Control: Performed routine stock take (stock opname) to ensure pharmacy inventory accuracy.

Apotek Roxy Poltangan, South Jakarta

February 2026

Pharmacy Intern

- Screened prescriptions for accuracy, prepared medications, and compounded formulas for walk-in patients.
- Managed drug ordering (SP), received goods from distributors (PBF), and verified physical shipments against commercial invoices.
- Analyzed seasonal illness trends and local community habits to plan inventory and studied methods to boost pharmacy turnover.
- Conducted routine stock takes (stock opname) and assisted in monthly reporting for narcotics, psychotropics, and precursors.

KFTD Jakarta II, East Jakarta

January 2026

Pharmacy Intern

- Evaluated incoming Purchase Orders (SP) to monitor compliance, assessed ordering patterns, and issued formal rejection letters for unverified requests.
- Executed commercial Purchase Orders (PO) and prepared pharmaceutical goods in accordance with distribution standards.
- Assisted in warehouse logistics, including cold room temperature logging, equipment calibration monitoring, and strict product diversion prevention.

PT. Ethica Industri Farmasi Cikarang, West Java

November-Desember 2025

Pharmacy Intern, Production Department

- Evaluated Overall Equipment Effectiveness (OEE) metrics across processing and packaging departments to measure line productivity.
- Managed packaging material reconciliation processes and explored end-to-end manufacturing workflows from raw materials to finished goods.

- Monitored cleanroom air quality standards via Particle Monitoring Systems (PMS) and analyzed room qualification parameters under GMP.
- Participated in personnel qualifications for quality control visual inspectors and supported equipment decontamination validation protocols.
- Reviewed standard operating procedures (SOPs) and batch records to ensure full compliance and identify operational improvements.

Puskesmas Cengkareng, West Jakarta

October 2025

Pharmacy Intern

- Dispensed and compounded daily prescriptions while performing clinical screenings and precise dosing calculations.
- Educated patients on hypertension management by designing informative leaflets and conducting health counseling sessions.
- Conducted personal patient consultations regarding rational drug use, administration schedules, and side effect mitigation.
- Managed pharmaceutical logistics, including stock monitoring, clinical unit distribution, and cold chain vaccine storage.
- Handled sorting and basic disposal protocols for expired or compromised medical supplies.

UHAMKA, East Jakarta

2022-2025

Human Pathophysiology Lab Assistant

Microbiology Lab Assistant

Human Anatomy and Physiology Lab Assistant

ORGANIZATION EXPERIENCE

Himpunan Mahasiswa Farmasi

2022- 2023

Staff of Organization and Cadre Development Division

Ikatan Mahasiswa Muhammadiyah

2022- 2024

Head of Political and Public Policy Affairs

Ikatan Senat Mahasiswa Farmasi Seluruh Indonesia (JABODELATA)

2022- 2024

Head of Cadre Development and Professional Development Division

BEM Fakultas Farmasi

2023- 2024

President of the Student Executive Board

BEM UHAMKA

2024-2025

Minister of Political and Legal Affairs

TECHNICAL AND SOFTSKILLS

- Regulation & Standards : CPOB, CPKB, CDAKB, BPOM requirements
- Documentation : Batch Record, Master Production Record, Validation Process document
- Software : Microsoft Word, Microsoft Excel, Microsoft Power Point, Google Workspace
- Lab Skills : Spectrophotometer, FRAP assay, basic HPLC principles
- Softskills : Leadership, Teamwork, Planning & Organizing, Good Communication

AWARDS

- Awardee DJITU Profesi Yayasan Khouw Kalbe **November 2025**
- Grant Recipient – PKM Community Service KEMENDIKTI **July 2023**
- Grant Recipient – PKM Research (Exact Sciences) KEMENDIKTI **July 2023**
- 2nd Winner of the National Pharmacy Debate at Pharmacovent, UHAMKA **July 2022**
- 1st Winner of the Pharmacy Debate at PLAM, UHAMKA **May 2022**
- Awardee Baznaz RI **Maret 2022**