



DELFINA PRASPA PANORAMA

PHARMACIST

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PROFILE

I am a fresh graduate Pharmacist from Ahmad Dahlan University with GPA 3.78 and internship experience (PKPA) at RSUP Dr. Sardjito, Kimia Farma Pharmacy, Pharmaceutical Distributor, Health Service, and Cosmetics Industry. I am accustomed to providing pharmaceutical services, managing medicines and medical devices. I have high motivation to continue growing and am ready to contribute professionally in the workplace.

EDUCATION

Ahmad Dahlan University (2024 - 2025) Yogyakarta

Pharmacist Profession (GPA: 3.78)

Ahmad Dahlan University (2019 - 2023) Yogyakarta

Bachelor of Pharmacy (GPA: 3.42)

- Thesis Title: "Physical Stability Test of Peel-Off Mask Ethanol Extract 50% Moringa Leaves (Moringa oleifera Lam.) At Various Extract Concentrations"

WORK EXPERIENCE

APOTEK K24 GATOT SUBROTO, MAGELANG

Apoteker Pendamping Pengelola

(October 2025-March 2026)

- Support the implementation of clinical pharmacy services such as Drug Related Problems screening and education for chronic disease patients.
- Supervise drug management including receiving, storage, recording, and stock control.
- Coordinate with pharmaceutical technical staff to ensure smooth pharmacy operations.

APOTEK MUNAZAT SEHAT, YOGYAKARTA

Asisten Apoteker

(January 2024 - June 2024)

- Assist prescription and non-prescription medication services according to service standards.
- Provide self-medication services and counseling to patients.
- Manage drug inventory, check expiration dates, and perform stock restocking.

PHARMACY INTERNSHIP

RSUP DR. SARDJITO, YOGYAKARTA

(April 2025 - May 2025)

Pharmacist Professional Practice - Hospital

- Support clinical pharmacy services in outpatient, inpatient, and Emergency Department units.
- Provide patient counseling in wards and clinics regarding medication use.
- Prepare hospital special preparations (e.g., Alcuta - 70% skin alcohol) according to quality standards and service needs.

DINAS KESEHATAN, GUNUNG KIDUL YOGYAKARTA

(March 2025)

Pharmacist Professional Practice - Health Office

- Assist medication planning, monitoring, and evaluation of rational drug use in health service facilities.

APOTEK KIMIA FARMA, ADISUCIPTO YOGYAKARTA

(February 2025)

Pharmacist Professional Practice - Pharmacy

- Provide medication services and basic counseling to patients.
- Manage drug inventory, including receiving, storage, and recording.

NOSIN COSMETIC INDUSTRY, YOGYAKARTA

(December 2024 - January 2025)

Pharmacist Profession Practice - Industry

- Assisting the cosmetic formulation process in the R&D division.
- Conducting quality testing and product evaluation.

PBF BUANA AGUNG ABIYAKSA, YOGYAKARTA

(November 2024)

Pharmacist Profession Practice - Large Pharmacy Distributor

- Studying the distribution process of medicines and medical devices according to GDP standards and Assisting the receiving, storage, and distribution of products.

PUSKESMAS JETIS, KOTA YOGYAKARTA

(October 2024)

Pharmacist Profession Practice - Health Center

- Providing medication services and patient education, especially for chronic disease programs.
- Conducting home visits for TB patients to monitor adherence and provide counseling.

APOTEK UAD 2, YOGYAKARTA

(October 2022)

Undergraduate Internship - Pharmacy

- Supporting inventory management and documentation of medicines in the pharmacy.

PUSKESMAS GEDONGTENGEN, YOGYAKARTA

(December 2022)

Undergraduate Internship - Health Center

- Assisting prescription services and self-medication services in the pharmacy unit.
- Supporting public health programs through rational drug use education.

ORGANIZATIONAL EXPERIENCE

KOMUNITAS FARMASI PEDULI (KFP)

(2021 - 2022)

Head of Communications and Information Division

- Managing communications and publications for various pharmaceutical community activities.

JARINGAN MAHASISWA KESEHATAN INDONESIA (JMKI)

(2020 - 2021)

Disaster Management Division

- Participating in preparedness and disaster response programs.

VOLUNTEER EXPERIENCE

BAKTI MILENIAL GO TO LOMBOK

(August 2021)

Health Division

- Providing free health check-ups and education on proper medication use to the public.

VAKSINASI COVID-19, BALAI DESA HARGOMULYO

(April 2021)

UAD Pharmacy Representative

- Assisting in participant data entry and supporting the smooth delivery of vaccination services.

COMMITTEE EXPERIENCE

• Panitia Pelatihan Rutin KFP (Divisi Acara)

(2022)

• Panitia Pemilihan Umum Mahasiswa Farmasi UAD (Divisi Acara)

(2021)

• Panitia Pelatihan PKM (Divisi KSK)

(2021)

• Penggalangan Dana Bencana (Koordinator)

(2021)

• Webinar Edukasi Seksual (Divisi Humas)

(2021)

• Rapat Regional JMKI (Divisi Humas)

(2021)

• Pelatihan Kewirausahaan (Divisi KSK)

(2020)

• Webinar Vaksinasi (Divisi KSK)

(2020)

• Pemilihan Duta Farmasi (Divisi Acara)

(2019)

SKILLS & CERTIFICATIONS

• Languages: Indonesian and English (TOEFL ITP 534)

• Certification: Drug Specialist (2023)

• Computers: Microsoft Office (Word, Excel, PowerPoint), Google Workspace (Docs, Sheets, Slides) and Canva.