

HELMIFATHI

085174475210 | helmifathi23@gmail.com | www.linkedin.com/in/helmif |
Pegadungan, Jakarta Barat



A versatile and accomplished Registered Pharmacist with a Pharmacist Profession degree from Universitas Pancasila (GPA 3.93/4.00). Possesses a well-rounded background spanning the pharmaceutical industry (R&D and QC), distribution regulations (PBF), and clinical settings (Hospital, Puskesmas, and Community Pharmacy). Proven ability to handle complex analytical instruments, ensure cGMP/CDOB compliance, and manage high-volume pharmaceutical services. As a former Class President and multi-time Laboratory Assistant, I combine strong technical competencies in drug formulation and analysis with exceptional leadership, management, and interpersonal skills. Ready to bring adaptable, high-standard professional skills to any dynamic pharmaceutical sector.

EDUCATION

Universitas Pancasila <i>Pharmacist Profession</i> in <i>Pharmacy</i> GPA: 3,93 / 4,00	Jakarta Selatan 2025 – 2026
Universitas Pancasila <i>Bachelor</i> in <i>Pharmacy</i> GPA: 3,21 / 4,00	Jakarta Selatan 2020 - 2024
SMAN 56 Jakarta <i>High School</i> in <i>MIPA</i>	Jakarta Barat 2017 - 2020

WORK EXPERIENCE

RSUD Jati Padang <i>Pharmacist Intern, Internship</i> - Assisted all pharmaceutical services and pharmaceutical supply management. - Monitored drug therapy for 2 patients. - Participated in patient care duties (patient rounds, counseling, dispensing, drug information, and prescription screening). - Assisted the procurement in pharmaceutical supply for 2 years period (2026-2027). - Handled 10+ prescription to be prepared with aseptic dispensing under Laminar Air Flow apparatus.	Jakarta Selatan October 2025
UPTD Puskesmas Cilodong <i>Pharmacist Intern, Internship</i> - Conducted health education on the awareness of narcotics, psychotropics, and addictive substances at 2 Junior High School in Cilodong. - Dispensed 200+ prescriptions daily. - Assisted with the distribution of medicines and medical supplies to 5+ sub-cluster at Puskesmas Cilodong. - Assisted in pharmaceutical supply management.	Kota Depok September 2025
Apotek Atma Jaya <i>Pharmacist Intern, Internship</i> - Identified and evaluated 150+ prescriptions. - Dispensed 20+ prescriptions daily (BPJS and insurance outpatients). - Assisted in education and counseling for 10+ patients. - Conducted health education on the first aid and management of burn wound to visitors of Apotek Atma Jaya. - Assisted in pharmaceutical supply management.	Jakarta Utara August 2025
PT Era Caring Indonesia <i>Pharmacist Intern, Internship</i> - Evaluated the implementation of the distribution regulation for controlled products. - Performed verification for daily inbound products, including psychotropics, precursors, and certain medicine whilst supervised by supporting pharmacist.	Jakarta Barat July 2025

- Evaluated 200+ purchase orders to ensure their compliance with company regulations.
- Managed and organized 50+ purchase orders for controlled products chronologically.
- Assisted in daily warehouse operations, inventory control, inbound, outbound, and logistics activities.

PT Metiska Farma

Jakarta Selatan

Research and Development Pharmacist Intern, Internship

June 2025

- Assisted in the formulation development of existing solid and liquid products, ensuring stability and optimal drug delivery profiles.
- Collaborated with Analytical Development analysts to verify and optimize new testing methodologies for emerging pharmaceutical products.
- Performed excipient-API compatibility studies and literature-based feasibility reviews to support the development of stable generic formulations.
- Drafted SOPs and formulation development reports in compliance with cGMP.

PT Metiska Farma

Jakarta Selatan

Quality Control Pharmacist Intern, Internship

May 2025

- Assisted analyst in executing physicochemical analysis on raw materials, in-process samples, and finished products using HPLC, UV-Vis spectrophotometer, and dissolution apparatus.
- Participated in the validation and verification of analytical methods to ensure the accuracy and reproducibility of QC results.
- Maintained precise laboratory notebooks and digital logs, upholding high standards of data integrity.
- Performed Quality Risk Management assessments to identify and mitigate potential risks in the analytical testing lifecycle.
- Updated and refined existing SOPs to ensure full alignment with cGMP and regulatory guidelines.

Universitas Pancasila

Jakarta Selatan

Solid Dosage Forms Technology Laboratory Assistant, Part-time

August 2024 - January 2025

- Operated 10+ laboratory equipment.
- Trained over 50+ practitioners to operate laboratory equipment and produce solid dosage forms according to procedure and protocol.

Universitas Pancasila

Jakarta Selatan

Pharmaceutical Analysis Laboratory Assistant, Part-time

February 2024 - July 2024

- Prepared chemical solutions and reagents according to experimental specifications.
- Operated 5+ laboratory equipment.
- Trained over 100+ practitioners on operating analysis equipment and sampling methods.

Universitas Pancasila

Jakarta Selatan

Physical Pharmacy Laboratory Assistant, Part-time

February 2024 - July 2024

- Taught basic pharmacy technology knowledge to 20+ practitioners.
- Operated laboratory equipments.

Universitas Pancasila

Jakarta Selatan

Promotions Team, Freelance

November 2023 - February 2024

Promoted and introduced the Universitas Pancasila's Faculty of Pharmacy to over 100+ schools in various events spread around Jakarta, Bogor, Depok, Tangerang, and Bekasi with almost 1000+ students participating in the events.

Universitas Pancasila

Jakarta Selatan

Pharmacokinetics Laboratory Assistant, Part-time

September 2023 - January 2024

- Manage laboratory supplies.
- Trained 50+ practitioners in handling and preparation techniques as well as sampling methods of test animals.
- Operated laboratory equipment.
- Handle biological samples with strict biosafety standards.
- Compile and manage laboratory documentation.

ORGANIZATION

75th Class President
Pharmacist Profession Program, Universitas Pancasila

Jakarta Selatan
2025-2026

- Acting as the primary liaison between faculty and 100+ students to streamline academic communications.
- Managed the student representative committee to address academic concerns.
- Coordinated administrative tasks for the Pharmacist Oath-taking ceremony, ensuring compliance with university and professional body protocols.

Chief Executive
PKKMB FFUP 2023

Jakarta Selatan
2023

- Develop and implement strategic event plans.
- Manage and motivate the committee team, divide tasks, and coordinate with various divisions to ensure effective and efficient cooperation.
- Monitor the progress of the event in real time, handle any issues that arise directly, and ensure that all activities run according to the schedule and standards set.
- Prepare a final report on the implementation of the event.
- Conduct a comprehensive evaluation to improve the quality of future events.

CERTIFICATION

- LBPP LIA English Course, LB LIA English Course, 2021

AWARDS

- Funding Program Kreativitas Mahasiswa Riset Eksakta, KEMENDIKBUDRISTEK, 2023
- 3rd Position Pharmaceutical Debate Competition PHARMACOVENT 8th, UHAMKA, 2022

SKILL

Soft Skill	Leadership, Public Speaking, Teamwork, Management, Communication
Hard Skill	Laboratory Equipment, Graphic Design, Content Production, Photography
Software Skill	Microsoft Office, Canva, Adobe Premiere Pro, Figma, Capcut, SAP

LANGUAGE

Indonesia	English	French
Proficient	Advanced	Beginner