



SOFIA RIFDA KUMALA

Blitar, East Java | sofiarifda31@gmail.com | (+62)85855123620 | www.linkedin.com/in/sofiarifdakumala

A highly motivated individual with a strong passion for innovation in the pharmaceutical industry, particularly in product development and analytical method development. Holding a Bachelor of Pharmacy degree from Brawijaya University and currently enrolled in the Pharmacist Professional Program. Eager to apply analytical chemistry expertise in the development of safe, effective, and high-quality pharmaceutical products.

EDUCATION

Universitas Brawijaya Malang, East Java
Bachelor of Pharmacy (S1 Farmasi) Aug 2021 – Jan 2025
Current GPA: 3.28/4.00 (125 credits)

- Completed Undergraduate Thesis on "Analysis of Hydroquinone Levels in Whitening Lotions Circulating in the Pasar Besar Malang Area Using High Performance Liquid Chromatography Method," contributing to public health insights and regulatory compliance in cosmetic safety.
- Actively contributed to organizations, projects, and competitions, strengthening leadership, teamwork, and problem-solving skills.

Universitas Brawijaya Malang, East Java
Pharmacist Profesional Program Feb 2025 - present
Current GPA: 3.86/4.00 (36 credits)

WORK EXPERIENCE

Puskesmas Dau - Dinas Kesehatan Kabupaten Malang Malang, East Java
Internship April 2025 – May 2025

- Assisted in pharmaceutical services including prescription screening and medication dispensing.
- Supported drug logistics management (planning, storage, distribution, FIFO/FEFO).
- Participated in drug inventory reporting and public health programs.
- Provided basic patient counseling and self-medication services.

Dr. M. Soewandhie Surabaya Hospital Surabaya, East Java
Internship May 2025 – Jun 2025

- Assisted in outpatient and inpatient prescription services.
- Observed clinical pharmacy activities including medication review and ward visits.
- Participated in medication safety practices (high-alert and LASA drugs).
- Learned hospital drug distribution and inventory systems

Arjasa Pharmacy Malang, East Java
Internship Jul 2025 – Aug 2025

- Assisted in dispensing prescription and OTC medications, including compounding and labeling.
- Provided patient counseling and self-medication services for common complaints.
- Managed drug storage based on classification, temperature, FIFO/FEFO.
- Performed inventory control including stock opname and stock card documentation

PBF Sapta Sari Tama Tbk Malang, East Java
Internship Aug 2025

- Observed pharmaceutical distribution activities in compliance with GDP (CDOB).
- Assisted in receiving, storage, and distribution of medicines.
- Verified distribution documents, batch numbers, and expiry dates.
- Learned traceability and product return handling systems.

PT Balatif Malang, East Java
Internship Sept 2025 – Okt 2025

- Observed pharmaceutical manufacturing processes in compliance with GMP (CPOB).
- Assisted in quality control and quality assurance activities.
- Learned batch documentation, deviation handling, and change control.
- Observed hygiene, sanitation, and safety practices in manufacturing areas.

ORGANIZATIONAL EXPERIENCE

Praktik Kerja Nyata Mahasiswa (PKNM) Malang, East Java
Staff of Event Division Jun 2024 – Aug 2024

- Designed and developed comprehensive event rundowns to ensure structured and seamless program flow.
- Ensured that each family received the necessary interventions from students representing at least two different health programs, promoting interdisciplinary collaboration.
- Planned and organized thoughtful tokens of appreciation for the families involved, enhancing their overall experience and satisfaction.

SCINING FKUB 2022*Vice Coordinator of Secret*

Malang, East Java

Apr – Sep 2022

- Organized an event aimed at pharmacy students interested in crafting scientific papers, essays, posters, and pharmaceutical packaging designs.
- Provided support in monitoring and cross-checking completed tasks, maintaining high standards of quality and precision.
- Assisted in drafting and finalizing event proposals, loan letters, participant registration forms, questionnaires, and pre-post tests.

PROBINMABA FK UB 2022*Staff of Secret Division*

Malang, East Java

Jul – Nov 2022

- Facilitated a welcoming and informative environment for new students by introducing them to FKUB culture, campus layout, and professional health practices.
- Assisted in the creation of comprehensive event guidebooks to provide clear instructions and information for participants.
- Oversaw participant registration, ensuring accurate and organized data collection.

SEDATIF UB 2022*Staff of Materials Division*

Malang, East Java

Aug – Oct 2022

- Developed comprehensive Terms of Reference (TOR) documents for speakers, created detailed booklets, and designed seminar materials to enhance participant understanding.
- Identified and secured qualified speakers, ensuring a high-quality seminar experience.
- Played a crucial role in organizing competitive events such as poster presentations, essay writing, and pharmaceutical packaging design contests, attracting and engaging pharmacy students from various universities and the general public.

ACHIEVEMENTS

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| • 2nd Place, Pharmaceutical Packaging Design Competition, SEDATIF 2023 | <i>Oct 2023</i> |
| • Speaker, Fasil Belajar 2023 about Organic Chemistry | <i>Mar 2023</i> |
| • 1st Place, Dekan Cup 2024 – Volleyball | <i>May 2024</i> |
| • Semifinalist, Rawisari Volleyball Cup 2024 | <i>May 2024</i> |
| • 3rd Place, Volleyball Competition, UABV Cup 2024 | <i>Jun 2024</i> |
| • 1st Place, Dekan Cup 2025 – Volleyball | <i>May 2025</i> |
| • 2nd Place, Volleyball Competition BRAVOC Cup 2025 | <i>Okt 2025</i> |

SKILLS

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| Pharmaceutical skills | : Chemical analysis, Pharmaceutical Product Development, Quality Control |
| Technical skills | : Data Analysis and Interpretation, Chemical Analysis Techniques, Laboratory Instrumentation, Microsoft Office. |
| Soft skills | : Leadership, Interpersonal Communication, Decision Making, Team Collaborations, time Management, Attention to Detail |
| Language | : Native Indonesian, Professional Working English |