

SHINDY CITRALOKA

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Semarang, Central Java

Licensed Pharmacist with academic and practical experience in pharmaceutical formulation, research, quality systems, and validation activities. Experienced in pharmaceutical dosage form development through faculty research projects and undergraduate thesis focusing on gel formulation and evaluation. Possesses strong analytical, laboratory, documentation, and problem-solving skills, with a high interest in Research & Development and product innovation within the pharmaceutical industry.

WORK EXPERIENCES

Pharmaceutical Vocational Assistant

Sept 2024 - Mei 2026

RSU WILLIAM BOOTH, Semarang

- Accurately dispensed 80+ prescriptions per shift in compliance with physician orders, hospital protocols, and patient safety standards.
- Prepared and compounded 40+ pharmaceutical formulations per shift, ensuring dosage accuracy, product quality, and regulatory compliance.
- Processed chronic patient prescriptions through the BPJS online pharmacy system to support medication continuity and reimbursement documentation.
- Performed inventory stock opname for pharmaceuticals, medical devices, and medical consumables to maintain stock accuracy and prevent shortages.

Responsible Pharmacist

April 2026 - Mei 2026

Derma Lumiere Aesthetic Clinic, Semarang

- Led pharmaceutical operations, including inventory management, dispensing, and regulatory compliance.
- Ensured quality assurance, documentation control, and adherence to BPOM and Ministry of Health standards.
- Provided medication counseling and collaborated with healthcare professionals to optimize patient care.
- Monitored pharmaceutical stock and maintained product quality, safety, and traceability.

Community Pharmacy Technician

Mar 2023 - Feb 2024

Apotek Utami Sehat, Semarang

- Dispensed prescription medications accurately in accordance with physician orders and pharmacy regulations.
- Prepared and compounded pharmaceutical products while ensuring dosage accuracy and product quality.
- Managed inventory of medicines, medical devices, and consumables through regular stock checks and expiry monitoring.
- Processed prescription data and maintained pharmacy documentation using computerized pharmacy systems.

INTERNSHIP EXPERIENCES

Pharmacist Intern (Validation - QA)

Oct 2025 - Nov 2025

PT Ferron Par Pharmaceutical, Kab. Bekasi

- Assisted in reviewing validation protocols, reports, and documentation to ensure compliance with GMP requirements.
- Supported equipment qualification activities including Installation Qualification (IQ), Operational Qualification (OQ), and Performance Qualification (PQ).
- Observed cleaning validation activities to verify equipment cleanliness and prevent cross-contamination.
- Performed data review and trend analysis to support validation studies and identify process deviations.
- Maintained validation documentation in accordance with pharmaceutical quality standards and data integrity principles.

Pharmacist Intern

Aug 2025 - Sep 2025

Dr. Sardjito Central General Hospital, Yogyakarta

- Provided clinical pharmacy services, including medication therapy review, monitoring adverse drug reactions, and identifying drug interactions.
- Participated in pharmaceutical management processes, from planning and receiving to storage and distribution to clinical units.
- Participated in multidisciplinary ward rounds with physicians to evaluate medication therapy and optimize treatment outcomes.
- Identified potential drug interactions, contraindications, and adverse drug reactions through medication review.
- Assisted in preparing drug utilization reports (LPO) and pharmacovigilance reporting.

Pharmacist Intern

May 2025 - Jun 2025

K24 Apotek Kedungmundu, Semarang

- Provided prescription services, including prescription validation, simple compounding, and patient counseling.
- Supported stock opname activities, medication ordering, and administrative reporting.
- Assisted in the implementation of Pharmacy Management Information Systems (SIMA) for recording drug transactions.
- Supported self-medication services by recommending appropriate non-prescription products.
- Contributed to ensuring the quality of pharmaceutical services in the pharmacy.
- Ensured compliance with pharmacy SOPs and proper medication storage conditions.

Pharmacist Intern

Apr 2025 – May 2025

PT. Gelora Fajar Farma (Pharmaceutical Distributor), Semarang.

- Understood and supported the distribution process of pharmaceuticals and medical devices in accordance with Good Distribution Practice (GDP/CDOB).
- Assisted in reviewing over 50 delivery documents, order accuracy, and product quality control.
- Contributed to the preparation of distribution reports for documentation purposes.
- Ensured compliance with BPOM regulations and distribution standards.
- Supported proper storage of medicines according to FEFO/FIFO principles and required temperature conditions.
- Assisted in receiving pharmaceutical products by verifying quantity, batch numbers, expiry dates, and product condition.

Pharmacist Intern

Mar 2025

Puskesmas Pudakpayung, Semarang

- Provided pharmaceutical care to over 50 patients daily, including dispensing medications, delivering drug information, conducting patient visits, counseling pregnant women on medication use, and promoting the rational use of antibiotics.
- Assisted in pharmaceutical management processes such as drug planning, procurement, inventory control, and management of medical consumables.
- Participated in health promotion activities, including educating patients on proper medication use during fasting.
- Collaborated with physicians and other healthcare professionals to evaluate medication appropriateness based on patient clinical conditions.

RESEARCH EXPERIENCE

Research Project Assistant – Pharmaceutical Technology

2023 - 2024

STIFAR Yayasan Pharmasi, Semarang

- Participated in a research project under faculty supervision focusing on pharmaceutical dosage form development and formulation optimization.
- Assisted in literature review, formulation trials, data collection, and laboratory testing.
- Conducted evaluation of pharmaceutical preparations, including physical and stability assessments.
- Collaborated with research team members in analyzing experimental results and preparing scientific reports.
- Developed strong analytical, problem-solving, and laboratory skills through research activities.

EDUCATION

Pharmacist (GPA 3.96 / 4.00)

College of Pharmaceutical Sciences, Pharmasi Foundation, Semarang (STIFAR)

2025-2026

- Secretary, Pharmacist Professional Oath Ceremony (Batch 41)

Bachelor of Pharmacy (GPA 3.20 / 4.00)

College of Pharmaceutical Sciences, Pharmasi Foundation, Semarang (STIFAR)

2020-2024

- External Affairs, Interest and Talent Division, Student Senate, 2021
- Chairperson, Joglosepur Pharmacy Competition x ISMAFARSI, 2021
- Organizing Committee STIFAR Cup, 2021
- Participant, RPLF (Pharmacy Leadership Program), 2022
- Treasurer, Student Pharmacy Leadership Forum, 2022
- Student Organizing Committee Pharmacist Oath Ceremony Batch 38, 2024

SKILL SETS

Software Skills : Microsoft Office, Google Suite, Canva, Capcut

Hard Skills : Pharmaceutical Data Analysis, Analytical Methods, Inventory Management, SOP Documentation

Soft Skills : Analytical Thinking, Attention to Detail, Problem Solving, Communication, Teamwork, Time Management, Team Management, Adaptability, Management, Training, Public Relations, Data Analysis, Research, Project Management