

MUTHIA NISRINA NABILA

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ABOUT ME

Fresh graduate Pharmacist with hands-on laboratory and industrial exposure through the Pharmacist Professional Internship Program (PKPA), particularly in the Research and Development (R&D) department. Possesses a solid understanding of CPOB, physicochemical quality control principles, manufacturing processes, and GMP-based documentation to ensure pharmaceutical products consistently meet quality standards. Experienced in laboratory testing, data recording, and compliance-oriented activities. Detail-oriented, analytical, and adaptable, with the ability to work both independently and collaboratively in a regulated manufacturing environment.

INTERNSHIP EXPERIENCE

Puskesmas Gambirsari, Surakarta

16 – 31 May 2025

Pharmacist Intern

- Performed medication dispensing using the Individual Prescribing distribution system.
- Provided patient education (KIE) on medication use, side effects, storage, and drug interactions to improve adherence.
- Conducted a health promotion program themed "The Dangers of Excessive Use of Food Additives".

PT. Apollo Medika Farma (Wholesale), Sukoharjo

1 – 15 May 2025

Pharmacist Intern

- Implemented drug distribution systems in accordance with CDOB standards to maintain product quality and safety.
- Participated in receiving, storing, and distributing pharmaceuticals to pharmacies, hospitals, and other healthcare facilities.
- Verified order accuracy against invoices.
- Prepared medicines for distribution according to purchase orders.

Abata Pharmacy, Surakarta and Brantas Pharmacy, Karanganyar **March - April 2025**

Pharmacist Intern

- Managed procurement of pharmaceutical supplies through SP and e-SP systems based on defects.
- Performed receipt of goods with verification of purchase orders and invoices.
- Organized and stored pharmaceutical supplies based on pharmacological class, dosage forms, alphabetical order, and implemented FEFO/FIFO principles.
- Provided self-medication services and appropriate drug selection for patients.
- Delivered drug information and counseling regarding usage, side effects, storage, and drug interactions to improve patient adherence.

Naval Pharmacy Institute (LAFIAL) Drs. Moch. Kamal, Jakarta **February 2025**

Pharmacist Intern

- Observed pharmaceutical manufacturing processes across raw materials, packaging materials, intermediate products, bulk products, and finished products in compliance with CPOB and GMP standards.
- Contributed to a laboratory-scale Research and Development (R&D) project on the formulation of 10% povidone iodine cream with variations of lippowax and cetyl alcohol, focusing on formulation performance and product quality.
- Performed physicochemical quality evaluation including pH, viscosity, spreadability, and homogeneity testing, with systematic data recording and basic analytical interpretation to support formulation assessment.

RSD dr Soebandi, Jember**3 Dec 2024 – 31****Pharmacist Intern****Jan 2025**

- Conducted prescription review and medication dispensing in accordance with hospital procedures and documentation standards.
- Performed compounding and reconstitution of sterile and non-sterile preparations.
- Monitored medical records and completed CPPT documentation for Drug Utilization Studies, including identification and documentation of Drug Related Problems (DRPs) with accurate data entry and regulatory compliance.
- Provided patient counseling and drug information services to support safe medication use, prevention of medication errors, and therapy adherence.

RSUP Dr. Sardjito, Yogyakarta**November 2020 –****Pharmacist Assistant Intern at Outpatient and Emergency****May 2021**

- Conducted dispensing, packing, and double-checking of medications (Individual Prescribing).
- Performed compounding and reconstitution of non-sterile preparations.
- Managed sending and receiving pharmaceutical preparations between depots via Aerocom.
- Organized patient queue numbers and assisted in medication handover to patients.
- Entered data for incoming and outgoing pharmaceutical products based on requests.

EDUCATION**Pharmacist Professional Program, Setia Budi University** **2024 – 2025**

- GPA: 3.38
- UKMPPAI CBT: 81 OSCE: 73

Bachelor of Pharmacy (S1), Setia Budi University**2021 – 2024**

- GPA: 3.39
- Thesis Field: Pharmaceutical Technology

Diploma of Pharmacy (D3), Health Polytechnic Bhakti Setya Indonesia**2017 – 2020**

- GPA: 3.32

CERTIFICATIONS AND TRAINING**Research & Development in the Pharmaceutical Industry – TemanLab** **October 2025****Research & Development Senior Staff – Latih** **September 2025****Regulatory Affairs – Latih** **September 2025****Self-learning: Update on Good Distribution Practice (CDOB) – BPOM** **September 2025****Internship Program Pharmacist Assistant – RSUP Dr. Sardjito Yogyakarta** **May 2020****Basic Life Support, Patient Safety, Service Excellence, Effective Communication, and Fire Emergency Response – RS PKU Muhammadiyah Gamping** **February 2020****ORGANIZATION & COMMITTEE EXPERIENCE****Health Polytechnic Bhakti Setya Indonesia**

- **Chairperson - Pharmaforia, National Pharmacy Quiz Competition for Diploma (D3) and Pharmacy Vocational High Schools in DIY Region** **2019**
- Led and coordinated the entire series of activities from planning to final evaluation.
- Organized regular meetings to monitor progress and ensured issue resolution across divisions through effective decision-making.

SKILL

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| - Ms. Office (Word, Excel, PowerPoint) | - Interpersonal Communications |
| - Google Workspace (Docs, Sheet, Slides) | - Presentation and Communication Skill |
| - Physicochemical Quality Control | |
| - Problem-solving | |