

MEILSA MUTIARA ZAAHIDAH ARBIDELY

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Probolinggo, East Java



Meilsa Mutiara Zaahidah Arbidely is a fresh graduate Pharmacist from Universitas Brawijaya with internship experience in the pharmaceutical industry, BPOM, hospitals, and pharmaceutical distribution. Experienced in formulation development of solid, semisolid, and sterile dosage forms, material preparation, weighing, aseptic techniques, analytical sample preparation, and instrumental analysis. Familiar with CPOB/GMP requirements, Quality by Design (QbD), FMEA-based risk assessment, technical documentation, and SOP development to support pharmaceutical manufacturing and product quality. Possesses strong analytical thinking, problem-solving, communication, and coordination skills, with a detail-oriented, systematic, and target-oriented approach. Proficient in Microsoft Office. Holds an active Pharmacist Registration Certificate (STRA) and Pharmacist Competency Certificate.

Professional Experiences

National Agency of Drug and Food Control (BPOM) - Jakarta, DKI Jakarta

Sep 2025

Pharmacist Intern – Directorate of Traditional Medicines and Health Supplements Control

- Assigned to the Import and Export Control Division for Traditional Medicines, Health Supplements, and Quasi Drugs; gained knowledge of regulatory requirements for Import Certificates (SKI), Export Certificates (SKE), and the Special Access Scheme (SAS)
- Assisted in the preparation of a reference book on differences in import and export regulations across Asian countries.
- Assigned to the Certification Control Division for traditional medicines, health supplements, and quasi drugs; studied regulations on CPOTB certification (full aspects and phased), including new certification, certificate renewal, and certificate variation
- Developed a nationwide distribution map of IOT, IEBA, UKOT, and UMOT.

PT. Imedco Djaja - Tangerang, Banten

Jun 2025 - Aug 2025

Pharmacist Intern – Production Planning and Inventory Control

- Developed a holding time study protocol for pre-weighed materials to support stability evaluation and product quality during pharmaceutical manufacturing
- Conducted FMEA-based risk assessments for material weighing activities in campaign production to identify potential risks and determine appropriate control measures.
- Conducted FMEA-based risk assessments for the management of precursors, certain regulated drugs (OOT), and psychotropics, focusing on misuse prevention, document reconciliation, and product traceability.
- Developed Standard Operating Procedure (SOP) for the management of emergencies in a pharmaceutical warehouse, including fire incidents, flooding, earthquakes, and power outages
- Conducted regulatory gap analysis between CDOB 2020 and CDOB 2025 to identify changes relevant to pharmaceutical quality systems and GMP compliance
- Assisted in reviewing technical documentation and Standard Operating Procedures (SOPs) to ensure compliance with pharmaceutical quality systems and Good Manufacturing Practice (GMP).

University of Muhammadiyah Malang General Hospital - Malang, East Java

May 2025 - Jun 2025

Clinical Pharmacist Intern

- Rotated across multiple hospital pharmacy units, including inpatient and outpatient services, the emergency department, surgical pharmacy, and the pharmaceutical warehouse
- Conducted prescription review and dispensing to ensure medication accuracy and safety as well as providing patient counseling and performing medication reconciliation
- Collaborated with multidisciplinary healthcare teams by providing health education to hemodialysis patients

Universitas Brawijaya - Malang, East Java

Jan 2023 - Dec 2024

Laboratory Assistant

- Assisted in general chemistry laboratory sessions, including weighing techniques, titration, extraction, distillation, and chromatography
- Assisted in non-instrumental analytical chemistry laboratory sessions, including acid-base, argentometric, and complexometric titrations, as well as gravimetric analysis
- Provided guidance on the use of analytical instruments during instrumental pharmaceutical chemistry laboratory sessions
- Assisted in sterile pharmaceutical technology laboratory sessions, including aseptic techniques and preparation of sterile dosage forms

Education

Universitas Brawijaya - Malang, East Java

Feb 2025 - Apr 2026

Professional Pharmacist Program, 3.86/4.00

- Experienced in internships across various healthcare and pharmaceutical settings, including the pharmaceutical industry, hospital, healthcare center, community pharmacy, BPOM, and PBF
- Holds an active Pharmacist Registration Certificate (STRA) and Pharmacist Competency Certificate.

Bachelor of Pharmacy, 3.63/4.00

- Graduated in 3 years 5 months
- Thesis: Analysis of Mercury Content in Body Whitening Creams Marketed in Cosmetic Stores in the Malang City Area Using a Mercury Analyzer.
- Laboratory assistant (general chemistry, non- instrumental analytical chemistry, instrumental analytical chemistry, and sterile dosage pharmaceutical technology)
- Participated in a research project on mercury analysis and contributed to the publication of a related scientific article
- Held roles as staff member, executive board member, and advisory board member in the Pharmacy Student Association

Organization Experience

Internal and Pharmaceutical Issues Department - Pharmacy Student Association (HMF) Jan 2024 - Dec 2024

Organizational Advisory Board

- Provided guidance and strategic recommendations for programs and activities within the Internal and Pharmaceutical Issues Department
- Evaluated departmental programs and supported organizational development initiatives
- Provided guidance on organizational coordination, problem-solving, and program implementation

Internal and Pharmaceutical Issues Department - Pharmacy Student Association (HMF) Mar 2023 - Dec 2023

Executive Board

- Coordinated and supervised programs (Steering Committee) and operational activities within the Internal and Pharmaceutical Issues Department
- Organized discussions and educational activities related to pharmaceutical and healthcare issues
- Assisted in planning and evaluating department work programs

SARASEHAN (Student-Lecturer Aspiration Forum) - Pharmacy Student Association (HMF) Sep 2022

Head of Public Relations Division

- Coordinated and facilitated communication between lecturers and students to collect and deliver academic and organizational aspirations
- Prepared and distributed event announcements, schedules, and coordination updates to participants and committees
- Managed publication and promotional activities through social media and digital communication platforms

Pharmacy Student Association Presidential Election - Pharmacy Student Association (HMF) Aug - Dec 2022

Head of Committee

- Led and coordinated a committee of 30 members in organizing the Pharmacy Student Association presidential election and annual general meeting
- Managed event planning, team coordination, and operational execution to ensure an efficient and well-structured election process
- Implemented a web-based election system to improve voting accessibility, efficiency, and participant engagement

Skills, Achievements & Other Experience

- **Publication** (2025): Qualitative and Quantitative Analysis o f Hydroquinone and Mercury Contents in Body Whitening Creams
- **Technical Skills:** Pharmaceutical formulation development (solid, semisolid, and sterile dosage forms), Quality by Design (QbD), GMP (CPOB, CPOTB), GLP, GDP, formulation-related regulations, product knowledge, laboratory procedures, analytical sample preparation, risk assessment (FMEA), SOP development, technical documentation, and Microsoft Office (Microsoft Word, Excel, and PowerPoint)
- **Instrumentation Skills:** Capable of using analytical instrumentation (UV-Vis, FTIR, HPLC)
- **Personal Skills:** Detail-oriented, analytical thinking, problem-solving, teamwork, communication, adaptability, time management, fast learner, target-oriented and able to work independently as well as collaboratively.
- **Language:** Indonesian (native) | English (Basic Working Proficiency)