

GALUH SARAS SUKMANINGRUM

+62882009120931 | galuhsarasningrum@gmail.com

South Jakarta, Indonesia



A Fresh Graduate Pharmacist from Universitas Ahmad Dahlan with a strong understanding of pharmaceutical manufacturing systems, quality management, product development, and distribution oversight. Experienced in QA, QC, R&D, and pharmaceutical logistics through internships in pharmaceutical companies and government institutions. Highly analytical, detail-oriented, and proficient in applying CPOTB and CDOB standards to ensure product quality, safety, and compliance. Eager to contribute to industrial pharmacy roles such as QA, QC, Production, R&D, and Regulatory Affairs.

EDUCATION

Ahmad Dahlan University, Yogyakarta

Jul 2024 – Sep 2025

Pharmacist Professional Education Program | GPA 3.91/4.00

Ahmad Dahlan University, Yogyakarta

Aug 2019 – May 2024

Bachelor of Pharmacy | GPA 3.50/4.00

- Completed a final research project in pharmaceutical dosage technology (nanoemulsion) with toxicology test titled "Karakterisasi Sediaan Nanoemulsi Vitamin A Palmitat dan Uji Iritasi dengan Metode HET-CAM".

WORK AND INTERNSHIP EXPERIENCE

PT Industri Jamu Borobudur, Semarang

Apr 2025 – May

2025

Intern

- Quality Assurance (QA): Prepared and analyzed 30 Product Quality Review (PQR/PMP) reports for capsule products to ensure full compliance with CPOTB requirements and internal quality specifications.
- Engineering: Contributed to the development of corrective action reports for BPOM audit findings, focusing on evaluating and adjusting facility layout, material flow, and building design to align with CPOTB Facility & Equipment standards.
- Quality Control (QC): Performed In-Process Control (IPC) testing for long-term stability studies on capsule, tablet, and herbal powder products, ensuring consistent quality throughout the product lifecycle.
- Research & Development (R&D): Conducted an independent study on bulk product characterization, generating a scientific report used to support formulation development and optimization.

PBF Intibuana Prima, Yogyakarta

Feb 2025

Intern

- Supported order preparation and verification for ± 100 healthcare facilities per day, including cross-checking invoices, purchase orders, and arranging 500+ pharmaceutical items according to CDOB distribution standards.
- Conducted temperature monitoring 3 $\times$ daily to ensure proper storage conditions and maintain product stability.
- Assisted in packing pharmaceutical products and medical devices following distribution safety standards to protect product quality during transportation.
- Observed warehouse management practices based on CDOB and FEFO, ensuring proper item rotation and compliant storage conditions.
- Verified the completeness of distribution documentation (invoices, delivery notes, receipt confirmations) before dispatch to the expedition team.

Gunungkidul District Health Office, Yogyakarta

Feb 2025

Intern

- Observed and supported drug, medical device, and vaccine distribution, including cold chain handling to 5 primary healthcare centers, ensuring FEFO application and proper storage monitoring.
- Assisted in pharmaceutical logistics management, including receiving, storing, recording, and compiling medication usage reports from primary healthcare facilities.
- Conducted an April procurement review using LPLPO data from Puskesmas Playen I, evaluating its alignment with National Formulary (Fornas) and local formulary guidelines.

PT Industri Obat Sampharindo, Semarang

Oct 2022 – Nov 2022

MBKM Intern

- R&D Formulation & Process: Participated in an investigation of product incompatibility related to a recalled product using the DMAIC methodology, analyzing formulation issues and process flow, followed by laboratory-scale and pilot-scale trial batches.
- R&D Analytical: Supported stability testing for existing marketed products and assisted in comparative dissolution testing to ensure bioavailability and product performance.
- R&D Registration: Assisted in product re-registration, updating supplier raw material specifications, revising

formulations, and harmonizing old vs. updated registration data according to the latest BPOM regulations.

CERTIFICATIONS AND COURSES

Pelatihan Pendamping Proses Produk Halal
2022

Sep

Ahmad Dahlan Halal Center

- Gained understanding of PPH regulations, Islamic law requirements related to JPH, and fundamental principles of halal product processes.
- Acquired skills in PPH assistance, verification–validation procedures, and digital documentation for halal process supervision.
- Performed practical tasks including ingredient list preparation, halal process flow narration, and presentation of verification and validation results.

COMMITTEE AND VOLUNTEERING EXPERIENCE

Community Service - Gunungkidul, Yogyakarta

Feb 2025 – Feb 2025

Health Team

- Conducted health screenings for 30+ residents, including blood glucose, cholesterol, and uric acid tests, ensuring accurate health assessments for early detection.
- Provided pharmaceutical counseling for 30+ individuals based on screening results and physician prescriptions to ensure safe, effective, and rational medication use.
- Managed 40+ medication dispensing processes, ensuring accurate verification against doctor prescriptions and minimizing medication error risks at the community level.
- Collaborated with a 5-person multidisciplinary health team (pharmacists & physicians) to deliver integrated community healthcare services.

Entrepreneurship Webinar

Jul 2020

Publication & Documentation Division

- Coordinated the full operational workflow for a webinar with 100+ participants, ensuring smooth preparation, execution, and technical monitoring throughout the event.
- Produced and managed 15+ visual and publication materials, including promotional assets, event graphics, and documentation outputs.
- Organized and maintained 100% of administrative documents related to the program, ensuring accurate and complete data archiving from planning to post-event reporting.
- Oversaw end-to-end event documentation, capturing 3+ hours of program activities to support reporting, evaluation, and promotional needs.

SKILLS AND COMPETENCIES

Skillset	:	• Interpersonal communication, time management, problem-solving, teamwork, discipline, empathy, adaptability, attention to detail, leadership, analytical thinking.
Toolset	:	• SPSS, GraphPad, Microsoft Office (Word, Excel, PowerPoint), Google Workspace, Canva, laboratory instruments and QC/QA toolsa such as TLC,HPLC, Spectrophotometry, pharmaceutical information systems.
Competencies	:	• Pharmaceutical analysis, quality assurance, quality control testing, R&D formulation, stability testing, clinical pharmacy services, drug logistics and inventory management, pharmaceutical documentation, counseling and drug information services, data analysis (SPSS, GraphPad), CPOTB/CDOB compliance.
Language	:	• Indonesian: Native proficiency – oral and written. • English: Intermediate proficiency – oral and written.



KONSIL KESEHATAN INDONESIA

Surat Tanda Registrasi

Dengan ini Kami menyatakan

GALUH SARAS SUKMANINGRUM

dengan nomor registrasi SY00001936393450

mempunyai kualifikasi sebagai

APOTEKER

Lulus dari Universitas Ahmad Dahlan pada tanggal 19 Agustus 2025

Jakarta, 14 Oktober 2025

Berlaku Seumur Hidup



a.n Menteri Kesehatan
Ketua Konsil Kesehatan Indonesia

drg. Arianti Anaya, MKM

SERTIFIKAT KOMPETENSI

Nomor: 006919/K53/C01/13/09/2025

Dengan ini menyatakan bahwa

GALUH SARAS SUKMANINGRUM

Telah dinyatakan **LULUS UJI KOMPETENSI** dan Berkompeten sebagai
APOTEKER



Yogyakarta, 13 September 2025
Ketua Kolegium Farmasi



Prof. Dr. apt. Dyah Aryani Perwitasari,
M.Si., Ph.D., FISQua.

Dekan Fakultas Farmasi
Universitas Ahmad Dahlan



Dr. apt. Iis Wahyuningsih, M.Si.

AREA KOMPETENSI LULUSAN PROFESI APOTEKER

No.	Area Kompetensi	Komponen Kompetensi	
1	Profesionalisme	1.1	Berketuhanan Yang Maha Esa
		1.2	Berperilaku profesional
		1.3	Bermoral, beretika, dan berdisiplin
		1.4	Berperilaku sadar dan taat hukum
		1.5	Berperilaku sesuai etik profesi
		1.6	Berwawasan sosial budaya
		1.7	Pengembangan jiwa kepemimpinan
2	Mawas Diri & Pengembangan Diri	2.1	Penerapan internalisasi diri
		2.2	Aktualisasi belajar sepanjang hayat
		2.3	Peningkatan penguasaan ilmu pengetahuan dan teknologi baru
		2.4	Pemanfaatan teknologi informasi dan komunikasi
		2.5	Pengembangan jiwa kewirausahaan
3	Komunikasi Efektif	3.1	Berkomunikasi dengan penerima pelayanan kefarmasian dan keluarga
		3.2	Berkomunikasi dengan masyarakat
		3.3	Berkomunikasi dengan mitra kerja (teman sejawat dan profesi lain)
4	Landasan Ilmiah Ilmu Farmasi, Ilmu Biomedik, Ilmu Humaniora, dan Ilmu Kesehatan Masyarakat	4.1	Ilmu Farmasi: kimia medisinal, farmakognosi, kimia farmasi, farmasetika, teknologi farmasi, biofarmasetika, farmakokinetik, farmakoterapi, pelayanan kefarmasian, menanggapi gejala, pengobatan berbasis bukti, informasi obat, keamanan pengobatan, farmakovigilans
		4.2	Ilmu Biomedik: biologi, anatomi, fisiologi, patologi, mikrobiologi, imunologi, biokimia, bioteknologi, dan farmakologi
		4.3	Ilmu Humaniora: sosiologi, ilmu budaya, ilmu perilaku, hukum kesehatan, dan manajemen farmasi
		4.4	Ilmu Kesehatan Masyarakat: epidemiologi, ekonomi kesehatan, promosi kesehatan, kebijakan kesehatan, kesehatan lingkungan, kesehatan dan keselamatan kerja
5	Keterampilan Apoteker	5.1	Pembuatan/produksi sediaan farmasi
		5.2	Pengujian mutu dan pemastian mutu sediaan farmasi
		5.3	Pengadaan sediaan farmasi dan alat kesehatan
		5.4	Penyimpanan sediaan farmasi dan alat kesehatan
		5.5	Distribusi sediaan farmasi dan alat kesehatan
		5.6	Pengelolaan narkotika, psikotropika, prekursor farmasi
		5.7	Pengelolaan sediaan farmasi <i>critical</i> , HAM, sitostatika, radiofarmaka, kelompok bahan berbahaya dan beracun (B3)
		5.8	Penelitian dan pengembangan sediaan farmasi
		5.9	Compounding sediaan farmasi <i>extemporaneous</i>
		5.10	Penyiapan dan penyaluran bahan, alat, peralatan, perlengkapan steril siap pakai
		5.11	Farmakovigilans
		5.12	Pelayanan kefarmasian untuk individu
		5.13	Pelayanan kefarmasian untuk masyarakat
6	Pengelolaan Praktik Kefarmasian	6.1	Optimalisasi praktik kefarmasian di fasilitas produksi, distribusi, dan pelayanan kefarmasian
		6.2	Pengelolaan sumber daya dan organisasi di fasilitas produksi, distribusi, dan pelayanan kefarmasian

AD 8-053664

Nomor Sertifikat Profesi Nasional: 051013489012025200232

Nomor Pokok Perguruan Tinggi: 051013

Nomor Pokok Program Studi: 48901



Akreditasi Perguruan Tinggi: Unggul
Higher Education Accreditation: Excellent
No. 393/SK/BAN-PT/Ak.KP/PT/V/2023
Akreditasi Program Studi: Unggul
Profession Program Accreditation: Excellent
No. 0054/LAM-PTKes/Akr/Pro/II/2024

UNIVERSITAS AHMAD DAHLAN

Memberikan/award this

SERTIFIKAT PROFESI

Certificate of Profession

kepada/to

apt. Galuh Saras Sukmaningrum

Nomor Pokok Mahasiswa/Student Identification Number 2407062111

Tempat, Tanggal Lahir/Place, Date of Birth Banjarnegara, 15 Mei 2001/May 15, 2001

Kewarganegaraan/Nationality Indonesia

telah memenuhi semua syarat penyelesaian Program Studi Pendidikan Profesi Apoteker, dan lulus Uji Kompetensi Mahasiswa Program Profesi Apoteker Indonesia
has fulfilled all requirements for completing pharmacist profession education study program, and has passed the National Competence Examination for Indonesian Pharmacist Students

pada tanggal/date on August 19, 2025/August 19, 2025

Kepadanya diberikan sebutan profesi She is designated as

APOTEKER (apt.)

PHARMACIST

yang berlaku seumur hidup, sesuai hak dan kewajiban yang melekat pada sebutan profesi tersebut.
valid for life, and admitted to have right for professional practice according to the rights and obligation of those designated profession.



Rektor,
Rector,

Prof. Dr. Muchlas, M.T.
19620218 198702 1 001



Yogyakarta, 20 Agustus 2025
August 20, 2025



Dekan,
Dean,

Dr. Iis Wahyuningsih, M.Si., Apt.
NIPM 19680613 199706 011 0812301



UNIVERSITAS AHMAD DAHLAN

Transkrip Akademik

Academic Transcript

Nama Mahasiswa <i>Name of Student</i>	: Galuh Saras Sukmaningrum
Tempat dan Tanggal Lahir <i>Place and Date of Birth</i>	: Banjarnegara, 15 Mei 2001 <i>Banjarnegara, May 15, 2001</i>
Nomor Pokok Mahasiswa <i>Student Identification Number</i>	: 2407062111 <i>2407062111</i>
Program Pendidikan Tinggi <i>Program</i>	: Profesi
Program Studi <i>Course</i>	: Pendidikan Profesi Apoteker <i>Pharmacist Profession Education</i>
Tanggal Lulus <i>Date of Completion</i>	: 19 Agustus 2025 <i>August 19, 2025</i>
Jumlah Matakuliah <i>Number of Course Unit</i>	: 13
Jumlah SKS <i>Number of Credit</i>	: 44
Indeks Prestasi <i>Grade Point Average</i>	: 3.91
Predikat Kelulusan <i>Predicate</i>	: Dengan Pujian <i>Cum Laude</i>

Diterbitkan tanggal 20 Agustus 2025 di Yogyakarta
Published on August 20, 2025 in Yogyakarta



Dekan,
Dean,

Dr. Iis Wahyuningsih, M.Si., Apt.
NIPM: 19680613 199706 011 0812301

Ketua Program Studi,
Head of Study Program,

Dr. Nina Salamah, M.Sc., Apt.
NIPM: 19780323 200909 011 1066433

No No	Kode Code	Matakuliah	Subjects	SKS Credit	Nilai Grade	Bobot Weight
1	226210111	Keterampilan Farmasi Dan Aplikasi	Pharmacy Skills and Application	1	A-	3.67
2	226210230	Pengelolaan Dan Pelayanan Sediaan Farmasi Di Apotek	Drug Management and Pharmacy Service	3	A	12.00
3	226210330	Pengelolaan Dan Pelayanan Sediaan Farmasi Di Dinkes, Pedagang Besar Farmasi, Puskesmas, Rumah Sakit	Pharmaceutical Management and Service in Distributor, Government's Health Facilities and Hospital	3	A	12.00
4	226210411	Pengembangan Profesional 1	Professional Development 1	1	A-	3.67
5	226210555	PKPA Apotek	Clerkship in Pharmacy	5	A	20.00
6	226210655	PKPA Dinkes, Pedagang Besar Farmasi Dan Puskesmas	Clerkship in Pharmaceutical Distributor, Government's Health Facilities	5	A	20.00
7	226210730	Produksi Dan Distribusi Sediaan Farmasi	Pharmaceutical Manufacturing and Distribution	3	A-	11.01
8	226220120	Etika Profesi Dan Kemuhammadiyahan	Professional Ethics and Muhammadiyah Studies	2	A	8.00
9	226220210	Pengembangan Profesional 2	Professional Development 2	1	B	3.00
10	226220388	PKPA Industri	Clerkship in Pharmaceutical Industry	8	A	32.00
11	226220488	PKPA Rumah Sakit	Clerkship in Hospital Pharmacy	8	A	32.00
12	226220720	QA Industri Dan Distribusi	Quality Assurance in Pharmaceutical Industry and Distribution	2	B+	6.66
13	226220820	QA Pelayanan Kesehatan	Quality Assurance in Public Health Service	2	A	8.00

Keterangan Nilai :
(Grade Description)

A = 4.00	A- = 3.67	B+ = 3.33	B = 3.00	B- = 2.67	
C+ = 2.33	C = 2.00	C- = 1.67	D+ = 1.33	D = 1.00	E = 0.00

Pengesahan lembar ini:
Certification of this page

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**KOLEGIUM
FARMASI**

SERTIFIKAT

Uji Kompetensi Mahasiswa Program Profesi Apoteker Indonesia (UKMPPAI)
Metode *Objective Structured Clinical Examination* (OSCE)

Diberikan Kepada

GALUH SARAS SUKMANINGRUM

UNIVERSITAS AHMAD DAHLAN

Telah Menyelesaikan Ujian UKMPPAI OSCE

Periode : X (Sepuluh)

Tanggal Ujian : 21 Juli 2025



Prof. Dr. apt. Budi Suprapti, M.Si. 
Ketua PN UKMPPAI

Mengetahui,



Prof. Dr. apt. Yandi Syukri, M.Si.
Ketua APTFI



Prof. Dr. apt. Dyah Ariyani Perwitasari, M.Si, Ph.D, FISQua
Ketua Kolegium Farmasi

PROVINSI JAWA TENGAH
KABUPATEN BANJARNEGARA

NIK : 3304135505010001

Nama : GALUH SARAS
SUKMANINGRUM
Tempat/Tgl Lahir : BANJARNEGARA, 15-05-2001
Jenis kelamin : PEREMPUAN Gol. Darah : -
Alamat : LEKSANA
RT/RW : 001/003
Kel/Desa : LEKSANA
Kecamatan : KARANGKOBAR
Agama : ISLAM
Status Perkawinan: BELUM KAWIN
Pekerjaan : PELAJAR/MAHASISWA
Kewarganegaraan: WNI
Berlaku Hingga : SEUMUR HIDUP



BANJARNEGARA
01-10-2018

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AHMAD DAHLAN HALAL CENTER

SERTIFIKAT TANDA LULUS **PELATIHAN PENDAMPING PROSES PRODUK HALAL**

Nomor: L1.17/064/J.5/IX/2022

Ahmad Dahlan Halal Center berdasarkan Peraturan Menteri Agama Nomor 20 Tahun 2021 tentang Sertifikasi Halal bagi Pelaku Usaha Mikro dan Kecil menerangkan bahwa:

Nama : Galuh Saras Sukmaningrum
Tempat/Tanggal Lahir : -
Instansi Lembaga : Universitas Ahmad Dahlan

Telah mengikuti Pelatihan Pendamping Proses Produk Halal (PPH) yang diselenggarakan atas kerjasama Fakultas Farmasi Universitas Ahmad Dahlan dan Ahmad Dahlan Halal Center tanggal 26-27 September 2022 secara luring selama 16 (enam belas) jam pelajaran dan dinyatakan:

LULUS

Yogyakarta, 28 September 2022



Dr. Apt. Nina Salamah, M.Sc.
Kepala Ahmad Dahlan Halal Center

KURIKULUM DAN MATERI PELATIHAN

No	Materi	Teori	Praktik
1	Kebijakan Regulasi PPH	60 Menit	-
2	Ketentuan Syariat Islam Terkait JPH	120 Menit	-
3	Pendampingan PPH dan Pendamping PPH	60 Menit	-
4	Pengetahuan Bahan	120 Menit	-
5	Proses Produk Halal (PPH)	120 Menit	
6	Praktik Pembuatan Daftar Bahan dan Narasi Alur Proses Produk Halal	-	60 Menit
7	Verifikasi dan Validasi	120 Menit	60 Menit
8	Digitalisasi dan Dokumentasi Pendampingan PPH	60 Menit	60 Menit
9	Pengenalan Tentang UMK, Bentuk Perizinan Pelaku UMK	60 Menit	-
	Presentasi Hasil Verifikasi dan Validasi	-	60 menit
Total Menit		720 Menit	240 Menit

Total Jam Pelajaran: 960 Menit (16 JP)

SERTIFIKAT

F6/100.2/D67/I/2023

Diberikan kepada

GALUH SARAS SUKMANINGRUM

sebagai **PESERTA**

Kegiatan Magang MBKM Kefarmasian Bidang Farmasi Komunitas - Industri
Program Peningkatan Kapasitas Kampus Merdeka (PKKM) Kemendikbud RI
di Apotek Mongindisi dan Industri Farmasi PT.Sampharindo Perdana
Periode September - Desember 2022

Yogyakarta, Januari 2023

Dekan Fakultas Farmasi
Universitas Ahmad Dahlan



Dr. apt. Iis Wahyuningsih, M.Si

MATERI ORIENTASI DAN PEMBEKALAN KOMPETENSI DASAR “ TECHNICAL ASSISTANCE ”

1. PATIENT SAFETY
2. PENCEGAHAN DAN PENGENDALIAN INFEKSI (PPI)
3. KESELAMATAN DAN KESEHATAN KERJA (K3)
4. CUSTOMER SERVICE
5. EARLY WARNING SYSTEM (EWS)
6. CODE BLUE
7. BANTUAN HIDUP DASAR (BHD)
8. PROGRAM PENGENDALIAN RESISTENSI ANTIMIKROBA (PPRA)

Purwokerto, 5 Desember 2024
PANITIA PENYELENGGARA
KEPALA BIDANG PENDIDIKAN DAN PENELITIAN
RSUD PROF. DR. MARGONO SOEKARJO
PROVINSI JAWA TENGAH



ARIKH RATNA PURWADI, S.Kep,Ners, MH
NIP. 19720913 199603 1 003