



ABED NEGO LUMBAN GAOL

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Yogyakarta, Indonesia

Pharmacist form Gadjah Mada University with a strong passion for pharmaceutical manufacturing and production operations. Proficient in CPOB/CPOTB/CPKB/GMP/GLP principles, lab analysis, and team leadership. Backed by practical experience in industry, laboratory settings, and organizational leadership, I am fully prepared to pursue a career in pharmaceutical manufacturing and production, eager to bring analytical problem-solving, meticulous attention to detail, leadership, and operational efficiency to the manufacturing line.

Education Level

Universitas Gadjah Mada - Yogyakarta, Indonesia Aug 2025 - Aug 2026
Apothecary Pharmacy, 3.90/4.00

Universitas Gadjah Mada - Yogyakarta, Indonesia Aug 2021 - Aug 2025
Bachelor, 3.72/4.00

- Thesis: Optimization Formula of Mesoporous Mannitol as a Carrier to Enhance the Dissolution Profile and Absorption of Glibenclamide (BCS Class II). Successfully enhanced the dissolution rate and in vitro intestinal absorption of BCS Class II API (Glibenclamide) using mesoporous mannitol carriers; conducted post-drug loading material characterization using SEM, SAA, FTIR, and PXRD, alongside drug release kinetic evaluations via UV-Vis Spectrophotometry and the everted gut loop method

Experiences

PT. Etercon Pharma - Demak, Indonesia Feb 2026 - Apr 2026
Quality Assurance/Compliance Intern

PT Etercon Pharma is a one of Indonesian pharmaceutical manufacturing company (a member of Novell Pharmaceutical Laboratories) specializing in the development and production of CPOB/ cGMP- compliant ethical medicines, OTC products, generic drugs, and healthcare products.

- Analyzed operational data from 200+ packaging batches across 50+ product categories using MS Excel, successfully identifying bottlenecks and formulating downtime reduction strategies for the QA Supervisor.
- Executed and supervised line clearance procedures and cGMP compliance across 4 production facilities to maintain high quality standards before batch startup
- Reviewed and verified 50+ Master Batch Records (MBR) in secondary packaging to ensure yield reconciliation accuracy and strict operational compliance.

Anugrah Argon Medica (AAM) - Yogyakarta, Indonesia Nov 2025
Pharmacy intern

PT Anugrah Argon Medica (AAM) is a leading Indonesian pharmaceutical and medical device distributor (Argon Group) operating nationwide under strict Good Distribution Practice (CDOB/GDP) standards.

- Evaluated end-to-end order fulfillment workflows, processing 20+ Purchase Orders (SP), executing FEFO/FIFO-based product picking, and ensuring CDOB-compliant delivery readiness.
- Executed cold storage thermal mapping validation by analyzing temperature data across high-risk hotspots and coldspots to guarantee CCP stability
- Processed daily temperature logging datasets using MS Excel to ensure environmental compliance and support Good Distribution Practice (GDP) audit readiness.

PT Industri Jamu dan Farmasi Sido Muncul Tbk - Ungaran-Semarang, Indonesia Aug 2024 - Sep 2024
Quality Control

PT Industri Jamu dan Farmasi Sido Muncul Tbk is a premier Indonesian herbal and pharmaceutical manufacturer. The company operates modern facilities under strict CPOTB and CPOB (cGMP) standards, focusing on natural extract processing, health supplements, and consumer healthcare products.

- Conducted physicochemical quality testing and assay determinations across 30+ sample types (raw materials, simplicia, herbal extracts, and finished goods) using HPLC and UV-Vis Spectrophotometry.
- Executed critical purity and safety analytical testing, including Loss on Drying (LOD), Total Ash Content, Heavy Metal Contamination, and Microbiological Testing in compliance with CPOTB standards.
- Maintained high data integrity by accurately recording raw testing data within official Analytical Worksheets adhering to Good Laboratory Practice (GLP) standards

RSUP Sardjito - Yogyakarta, Indonesia Apr 2026 - May 2026
Pharmacy Intern

RSUP Dr. Sardjito is a Class-A National Referral and UGM Primary Teaching Hospital specializing in tertiary healthcare, clinical research, and advanced medical training.

- Executed prescription dispensing for 2,500+ prescriptions across surgical, outpatient, and maternal-child health depots, delivering patient counseling and health promotion programs.
- Evaluated High-Cost Medical Consumables (AMHP) utilization for ICU CRRT procedures.
- Conducted comprehensive clinical pharmacy assessments for 5 complex inpatient/ ICU case studies, performing ward rounds, medication reconciliation, and evidence-based pharmacotherapy reviews.

Puskesmas Danurejan 1 - Yogyakarta, Indonesia Nov 2025 - Dec 2025

Pharmacy Intern

Puskesmas Danurejan I is a primary healthcare facility (FKTP) under the Yogyakarta City Health Office, providing comprehensive public and individual healthcare services.

- Executed prescription screening, non-sterile compounding (pulveres & dry syrup reconstitution), and dispensing for 1,500+ outpatient prescriptions.
- Managed pharmaceutical logistics and warehouse operations utilizing LPLPO reports, executing daily stock-takes, and tracking product expiration dates.

Apotek Asy-Syifa - Yogyakarta, Indonesia Sep 2025 - Oct 2025

Pharmacy Intern

Apotek Asy-Syifa is an independent community pharmacy located in Prambanan, Sleman, Yogyakarta.

- Executed prescription screening and provided OTC/OWA self-medication services to 100+ walk-in patients, delivering comprehensive Drug Information Services (PIO) to promote safe medication use.
- Managed inventory control operations, handling incoming pharmaceutical shipments from distributors (PBF) under CDOB standards, updating stock cards, and conducting expiration date tracking

Organizational and Commitee Experience

Faculty of Pharmacy, Universitas Gadjah Mada - Yogyakarta, Indonesia Aug 2024 - Dec 2024

Coordinator of Biopharmaceutical Teaching Assistant

- Led a team of 20 teaching assistants in coordinating laboratory operations, safety protocols, and academic grading for 250 undergraduate pharmacy students
- Managed the end-to-end execution of Bio-pharmaceutics laboratory sessions, including equipment and reagent preparation, pre-test/ post-test question design, and practical exam administration

BEMKMFA UGM - Yogyakarta, Indonesia Feb 2023 - Dec 2023

Staff- Research and Development

- Designed and conducted academic research surveys to capture student grievances and pharmaceutical issues across 500+ students, analyzing feedback for faculty advocacy.
- Executed a public mental health campaign at Malioboro, engaging 500– 600 community members through interactive games, educational awareness, and resource kit distribution.

Asia Pacific Pharmaceutical Symposium (IPSF) - Yogyakarta, Indonesia Dec 2022 - Jul 2023

Professional Development Staff

- Designed international competition frameworks and clinical assessment cases for the Clinical Skills Event (CSE), focusing on pharmaceutical compounding techniques and clinical pharmacotherapy case studies.
- Coordinated event proceedings and rundown execution in full English, facilitating seamless cross-cultural communication for 50+ delegates representing 10–15 countries across the Asia-Pacific region.

Farmasi Cup - Yogyakarta, Indonesia Mar 2022 - Nov 2022

Staff of Design, Decoration, and Documentation

- Managed end-to-end visual documentation and video production (teasers, social media content, aftermovies, and live stage visuals) for a national competition featuring 100+ athletic contingents and 3,000+ attendees at the closing concert.

PPSMB Papyrus - Yogyakarta, Indonesia Mar 2022 - Aug 2022

Staff of Logistic and IT

- Managed event logistics, audio-visual (AV) technical setups, and directed video creation (teaser & aftermovie) to support seamless orientation operations for 250+ incoming pharmacy students.

Hard Skills and Soft Skills

- **Hard Skills:** Laboratory skills, Product Formulation, Data Analysis (IBM SPSS), Graphic Design, Microsoft Office , Microsoft Excel
- **Soft Skills:** Operational Leadership, Team Coordination, Cross-Functional Communication, Problem Solving, Attention to Detail.