

Zulaika Isnauli Manalu

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SUMMARY

Highly-motivated Pharmacist with internship experience in the pharmaceutical industry, hospitals, pharmaceutical distribution, and primary healthcare. Through these experiences, I developed an understanding of pharmaceutical regulations, quality systems, and patient care. I enjoy learning new things, working carefully, adapting well to new environments, and am eager to contribute and continue growing in the pharmaceutical field.

EDUCATION

Institut Teknologi Bandung

Apothecary

Bachelor's Degree, Clinical and Community Pharmacy

SMA Unggulan CT Foundation Deli Serdang

Sept 2025 - Present

Aug 2021 - Jul 2025

Jul 2018 - Jun 2021

EXPERIENCE

Clinical Pharmacy Intern – RS Bhayangkara Tk. II Sartika Asih

Mar - Apr 2026

- Supported hospital pharmaceutical care services through prescription screening, medication dispensing, and drug information delivery under pharmacist supervision.
- Contributed to patient safety efforts by assisting medication monitoring and ensuring accurate dispensing processes for inpatient and outpatient services.
- Collaborated with pharmacists, physicians, and healthcare professionals in multidisciplinary patient care activities.

Pharmaceutical Distribution Intern – PT. Anugrah Argon Medica

Feb 2026

- Assisted in pharmaceutical distribution activities, including inventory management, product handling, and documentation.
- Supported cold chain management for temperature-sensitive pharmaceutical products to ensure proper storage and product quality.
- Maintained accurate inventory and distribution records to support efficient operations and regulatory compliance.

Clinical Pharmacy Intern – Apotek Peduli

Jan 2026

- Assisted community pharmacy services through prescription screening, medication dispensing, and patient counseling activities.
- Delivered drug information regarding medication usage, dosage, storage, and adherence to support safe and effective therapy outcomes.
- Supported inventory monitoring and stock management activities to maintain medication availability for daily pharmacy operations.

Clinical Pharmacy Intern – Puskesmas Melong Tengah

Nov 2025

- Supported medication procurement, forecasting, and reporting through the LPLPO (Drug Usage and Request Report) system to help maintain the availability of essential medicines.
- Provided medication counseling and participated in medication therapy management for patients in the Prolanis (Chronic Disease Management Program) program.
- Planned and conducted community health education sessions on DAGUSIBU (Obtain, Use, Store, and Dispose of Medicines Properly) to encourage the safe and rational use of medicines.

QA System Development Intern – PT. Kimia Farma Plant

Oct 2025

- Verified compliance data and analyzed tracking records for 574 pharmaceutical product batches to support traceability and documentation.
- Identified, documented, and reported technical issues in 55 products experiencing system errors, contributing to timely issue resolution.

Part-Time Tutor – Karisma Learning Center

Jan 2024 - Sep 2025

- Taught Chemistry and Biology to senior high school students through private and regular learning sessions.
- Supported students in improving concept understanding, assignment completion, and exam preparation through personalized learning approaches.
- Adapted teaching methods based on individual student needs and learning progress to enhance engagement and comprehension.

Pharmacochemistry Laboratory Assistant – Institut Teknologi Bandung

Aug 2024 - Jul 2025

- Evaluated practicum reports and assignments to support student learning and laboratory assessment.
- Guided laboratory discussion sessions for 5–6 students, covering experimental procedures, simulations, and pharmacochemistry concepts.
- Provided academic support by helping students understand laboratory techniques and pharmacochemistry principles.

Dormitory's Coach – Asrama Salman Putri ITB

Jul 2024- Jul 2025

- Designed and implemented self-development and mentoring programs to support student personal growth and well-being within the dormitory community.

- Conducted individual and group coaching sessions focused on communication, self-improvement, and personal development.
- Organized educational, creative, and spiritual activities to strengthen student engagement and community participation.

Teaching Assistant – Institut Teknologi Bandung

Aug - Dec 2023

- Supported academic administration and classroom activities for courses consisting of 20–40 students.
- Managed attendance tracking, assignment documentation, and grade recapitulation to support organized course administration.
- Assisted lecturers in preparing teaching materials and coordinating learning activities.

Creative Team, Peer Support Program – Institut Teknologi Bandung

Dec 2022 - Mar 2024

- Collaborated with psychologists and peer support teams to provide mental health support for university students.
- Co-managed more than 10 student mental health cases, including initial assessment, case coordination, follow-up, and referral support.
- Designed educational and promotional materials to increase awareness of campus mental health services and programs.

Chemistry Laboratory Assistant – Institut Teknologi Bandung

Aug - Dec 2022

- Led introductory laboratory discussion sessions for 10–12 practicum students regarding experiment procedures and chemistry concepts.
- Supported students in understanding laboratory simulations and practical applications through guided academic assistance.
- Managed attendance documentation and practicum administration to support efficient laboratory activities.

ORGANIZATION

Vice Chairman of Media Partner P3RI – YPM Salman ITB

Dec 2022 - Apr 2023

- Conducted internal needs analysis across divisions to support media partnership planning and promotional effectiveness.
- Assisted in determining appropriate media channels and collaboration strategies for event promotion activities.
- Coordinated communication and partnerships with external media organizations.

Secretary and Treasurer, SPDK Gamais ITB – GAMAIS ITB

Aug 2022 - Feb 2023

- Organized and maintained departmental financial records using spreadsheets to support accurate cash flow documentation.
- Assisted in preparing monthly budget drafts and managing incoming and outgoing organizational documents.
- Supported administrative coordination and documentation processes during monthly organizational meetings.

Head of Catering Division, Salman ITB Graduation Celebration – YPM Salman ITB

Aug - Oct 2022

- Planned and managed the food and beverage budget for event participants and organizing committee members.
- Coordinated with vendors to compare pricing and arrange catering based on the event's budget and requirements.
- Supervised food and beverage distribution during the event to ensure smooth operations and timely service.

Staff of Welfare Department – Himpunan Mahasiswa Farmasi ITB

Aug 2022 - Aug 2023

- Organized and maintained academic resource files, including internship, thesis, examination, and question bank documents for pharmacy students.
- Distributed scholarship, competition, and internship information to support student academic and professional development.
- Assisted in organizing collaborative mental health-related programs and activities for pharmacy students.

NON-FORMAL EDUCATION

Latihan Mujtahid Dakwah (LMD) 211 | 2022 - Islamic leadership and self development training program focused on communication, teamwork, leadership, and da'wah values.

Frosh Mentoring Program | 2021 - Student mentoring and self development program that aims to improve the socio-emotional skills needed in the 21st century, namely 4C (Critical Thinking & Problem Solving, Communication, Creativity, and Collaboration).

Salman Spiritual Class (SSC) | 2021 - Spiritual development program focused on Islamic values, self improvement, character building, and personal growth.

SKILLS

Pharmaceutical Care, Quality Assurance Support, Medication Evaluation, Pharmacy Management, Regulatory Compliance, Public Health Education, Microsoft Excel Data Processing, Documentation, Laboratory Operations, Analytical Thinking, Detail-Oriented, Communication, Team Collaboration, Leadership & Mentoring, Adaptability.