



MEILSA MUTIARA ZAAHIDAH ARBIDELY

+62881036794815 | meilsaamutiara@gmail.com | <https://www.linkedin.com/in/meilsa-mutiara-zaahidah-arbidely-170633334/>

Meilsa Mutiara Zaahidah Arbidely is a passionate, detail-oriented, and responsible pharmacy graduate from Universitas Brawijaya. She is highly adaptable, able to build strong connections, and actively collaborates with others. Her strong enthusiasm for learning and academic development has equipped him with a solid fondation in pharmaceutical sciences, which is further supported by his keen interest in the pharmaceutical industry

Professional Experiences

PT. Imedco Djaja - Tangerang, Banten

Jun 2025 - Aug 2025

Production Planning and Inventory Control Intern

- Developed a holding time study protocol for pre-weighed materials to ensure stability prior to production
- Performed FMEA-based risk assessments for material weighing in campaign production
- Performed FMEA- based risk assessments for the management of precursors, certain regulated drugs (OOT), and psychotropics, focusing on misuse prevention, document reconciliation, and traceability
- Developed Standard Operating Procedure (SOP) for the management of emergency situations in a pharmaceutical warehouse, including fire incidents, flooding, earthquakes, and power outages
- Conducted gap analysis between CDOB 2020 and CDOB 2025 including scope review and chapter by chapter comparison

Badan Pengawas Obat dan Makanan (BPOM) - Jakarta, Indonesia

Sep 2025

Pharmaceutical Regulatory Affairs Intern

- Assigned to the Import and Export Control Division for traditional medicines, health supplements, and quasi drugs ; learned regulatory requirements related to import certificates (SKI) ; Export Certificates (SKE) and the Special Access Scheme (SAS)
- Assigned to the Certification Control Division for traditional medicines, health supplements, and quasi drugs ; studied regulations on CPOTB certification (full aspects and phased), including new certification, certificate renewal, and certificate variation

University of Muhammadiyah Malang General Hospital - Malang, East Java

May 2025 - Jun 2025

Clinical Pharmacist Intern

- Rotated across multiple hospital pharmacy units, including inpatient and outpatient services, the emergency department, surgical pharmacy, and the pharmaceutical warehouse
- Conducted prescription review and dispensing to ensure medication accuracy and safety as well as providing patient counseling and performing medication reconciliation
- Collaborated with multidiciplinary healthcare teams by providing health education to hemodialysis patients

Universitas Brawijaya - Malang, East Java

Jan 2023 - Dec 2024

Laboratory Assistant

- Assisted in general chemistry laboratory sessions,including weighing techniques, titration, extraction, distillation, and chromatography
- Assisted in non-instrumental analytical chemistry laboratory sessions, including acid-base, argentometric and complexometric titrations, as well as gravimetric analysis
- Provided guidance on the use of analytical instrumens during instrumental pharmaceutical chemistry laboratory sessions
- Assisted in sterile pharmaceutical technology laboratory sessions, including aseptic techniques and preparation of sterile dosage forms

Education

Universitas Brawijaya - Malang, East Java

Feb 2025 - Apr 2026

Pharmacist Licensed Program, 3.86/4.00

- Experienced in internships across various healthcare and pharmaceutical settings, including pharmaceutical industry, hospital, healthcare center, community pharmacy, BPOM, and PBF

Universitas Brawijaya - Malang, East Java

Aug 2021 - Jan 2025

Bachelor of Pharmacy, 3.63/4.00

- Graduated in 3 years 5 month
- Laboratory assistant (general chemistry, non-instrumental analytical chemistry, instrumental analytical chemistry, and sterile dosage pharmaceutical technology)
- Participated in a research project on mercury analysis and contributed to the publication of a related scientific article
- Held roles as staff member, executive board member, and advisory board member in the Pharmacy Student Association

Organization Experience

Internal and Pharmaceutical Issues Department - Pharmacy Student Association (HMF)

Jan 2024 - Dec 2024

Organizational Advisory Board

- Provided guidance and strategic recommendations for programs and activities within Internal and Pharmaceutical Issues Department
- Evaluated departmental programs and supported organizational development initiatives
- Provided guidance on organizational coordination, problem solving, and program implementation

Internal and Pharmaceutical Issues Department - Pharmacy Student Association (HMF)

Mar 2023 - Dec 2023

Executive Board

- Coordinated and supervised programs (Steering Committee) and operational activities within Internal and Pharmaceutical Issues Department
- Organized discussions and educational activities related to pharmaceutical and healthcare issues
- Assisted in planning and evaluating department work programs

SARASEHAN (Student-Lecturer Aspiration Forum) - Pharmacy Student Association (HMF)

Sep 2022

Head of Public Relations Division

- Coordinated and facilitated communication between lecturers and students to collect and deliver academic and organizational aspirations
- Prepared and distributed event announcements, schedules, and coordination updates to participants and committees
- Managed publication and promotional activities through social media and digital communication platforms

Pharmacy Student Association Presidential Election & Annual General Meeting - Pharmacy Student Association (HMF)

Aug 2022 - Dec 2022

Head of Committee

- Led and coordinated a committee of 30 members in organizing the Pharmacy Student Association presidential election and annual general meeting
- Managed event planning, team coordination, and operational execution to ensure an efficient and well-structured election process
- Implemented a web-based election system to improve voting accessibility, efficiency, and participant engagement

Skills, Achievements & Other Experience

- **Publication** (2025): Qualitative and Quantitative Analysis of Hydroquinone and Mercury Contents in Body Whitening Creams
- **Laboratory Skills:** Capable in formulation development of solid, semisolid, and sterile dosage form, sample preparation and handling, laboratory documentation
- **Instrumentation Skills:** Capable to use analytical instrumentation (UV-Vis, FTIR, HPLC)
- **Personal Skills:** Good in teamwork, communication, leadership, time management, adaptability, and fast learner
- **Language:** Indonesian (native) | English (Beginner)