



RAFIDA RUSDIANA

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Surakarta, Central Java, Indonesia

Pharmacist fresh graduate from Gadjah Mada University with practical experience in pharmaceutical Quality Control. Experienced in laboratory activities, documentation, and working in accordance with CPOB/GMP and established SOPs. Demonstrate strong attention to detail, analytical thinking, systematic work habits, and effective communication and coordination skills.

Pengalaman Kerja

RSUP Dr Sardjito - DI Yogyakarta

Apr 2026 - May 2026

Intern staff

- Making plans for the procurement of drugs and medical equipment in hospitals
- Manage pharmaceutical supplies, medical devices and disposable medical materials including receiving, distribution, control and administration activities
- Analyzing prescription confirmation, analyzing public issues, analyzing the use of high-cost pharmaceutical supplies, evaluating drug use, and evaluating the use of surgical packages
- Providing information about drugs, either directly or by infographics and educational videos
- Reconciliation and tracking of medication use history, visits, monitoring of drug therapy, and monitoring of drug side effects

PT Nufarindo (Exeltis Indonesia) - Semarang

Feb 2026 - Mar 2026

QC Intern

- Conducted assay testing on finished pharmaceutical products.
- Understanding the application of Good Manufacturing Practices (GMP) in the pharmaceutical industry
- Understanding the production processes of solid, semi-solid, and liquid dosage forms
- Performed laboratory testing and documented results in accordance with SOPs

PT Anugrah Argon Medica - Surakarta

Dec 2025

Intern staff

- Understand GMP, GDP, SOPs, and distributor policies.
- Learn about the planning, procurement, and control systems for pharmaceutical and medical device supplies at pharmaceutical distributors.
- Learn about cold chain product management from receipt to delivery.

Puskesmas Mergangsan - DI Yogyakarta

Nov 2025 - Dec 2025

Intern staff

- Provide counseling to educate patients and provide the information needed to ensure the safe and rational use of drugs
- Utilizing the information system (SIMPUS) to conduct screening, prescription services, and medication management.
- Creating LPLPO report and drug requirement planning
- Community outreach and creating educational media related to upper respiratory tract infections.
- Drug Therapy Monitoring, Rational Drug Monitoring, Side Effect Monitoring, and Drug Use Evaluation

Apotek UMY - DI Yogyakarta

Sep 2025 - Oct 2025

Intern staff

- Providing drug information and counseling services with or without a prescription
- Conducting a business feasibility study for a pharmacy
- Create a mini project about Analysis of the Suitability of Supporting Facilities and Infrastructure for Pharmaceutical Services at Apotek UMY
- Efficiently manage pharmaceutical supplies, medical disposables, and medical devices in pharmacies
- Learn to manage finances and human resources in a pharmacy

Rumah Sakit Akademik UGM - DI Yogyakarta

Dec 2024 - Feb 2025

Intern staff

- Preparing unit dose dispensing prescriptions for inpatients
- Carry out drug management in the form of receiving goods from the warehouse and storage based on FEFO/FIFO, alphabet, pharmaceutical dosage form, and high alert medication
- Ensure room temperature and humidity meet standard drug storage ranges.
- Attend patient visits and monitor drug therapy with the pharmacist.

Apotek Rajendra - DI Yogyakarta

Jun 2024

Parttime staff

- Selling medicines and medical devices
- Assist in the preparation and dispensing of medications
- Provide drug education to customers
- Record stock and manage medicines

Pharmacology and toxicology lab - DI Yogyakarta

Laboratory Assistant

Feb 2024 - Jun 2024

- Responsible during practical work
- Responsible for laboratory attitude, pretest, and final report assessment

Organic Chemistry Lab - DI Yogyakarta

Laboratory Assistant

Feb 2023 - Jul 2023

- Responsible during practical work
- Responsible for laboratory attitude, pretest, interim report, and final report assessment

Jenjang Pendidikan

Universitas Gadjah Mada - DI Yogyakarta

Professional Education Program Pharmacist, 3.88/4.00

Aug 2025 - Sep 2026

Universitas Gadjah Mada - DI Yogyakarta

Bachelor of Pharmacy, 3.72/4.00

Aug 2021 - Jun 2025

Pengalaman organisasi

Karya Bhakti Kesehatan Walubi 2023 dan 2024 - Magelang, Cenral Java

Volunteer

May 2023 - May 2024

- Assisted pharmacists and healthcare professionals in community health service activities.
- Supported medication dispensing and patient education during community health programs.

Pusat Informasi Obat Gajah Mada - DI Yogyakarta

HRD

Jan 2023 - Dec 2023

- Coordinated member development and internal engagement activities.
- Assisted in evaluating member performance and organizational needs.

Gajah Mada Surakarta - DI Yogyakarta

Scientific Division Coordinator

Dec 2022 - Dec 2023

- Responsible for content that helps undergraduate student to be uploaded on social media

Try Out Pramex - Surakarta, Central Java

Academic Division Coordinator

Dec 2022 - Feb 2023

- Coordinated the preparation and review of tryout questions and supporting materials.
- Ensured the quality, accuracy, and timely completion of examination materials.
- Collaborated with committee members to support the successful execution of the tryout.

Festival Gajah Mada - DI Yogyakarta

Sponsorship staff

Jul 2022 - Dec 2022

- Negotiated and secured hotel sponsorships to provide accommodation for guest stars.
- Coordinated with the Accommodation Division to ensure smooth accommodation arrangements during the event.
- Maintained effective communication with hotel partners throughout the sponsorship process.

Keterampilan, Prestasi & pengalaman lain

- **Soft Skills:** Attention to Detail | Analytical Thinking | Problem Solving | Communication | Teamwork | Time Management | Adaptability | Continuous Learning
- **Hard Skills:** GMP/CPOB | Pharmaceutical Quality Control | Good Document Practices | Microsoft Office