

ADELIA WIDYARESTI

Jakarta, Indonesia | +62 859 4133 7162 | adeliaaw61@gmail.com

www.linkedin.com/in/adeliawidyaresti

SUMMARY

A Chemistry graduate with experience in quality assurance, compliance, procurement support, and routine laboratory analysis. Skilled in conducting chemical analysis, data validation, documentation control, audits, CAPA, risk assessment, SOP/WI development, vendor coordination, quotation requests, and PO processing in accordance with ISO based standards. Experienced as a QA/QC Analyst with strong attention to accuracy, compliance, reporting, and continuous improvement. Certified in SMK3, ISO 9001, ISO 14001, ISO 45001, ISO 17025, GMP, CPOB, HACCP, ISO 22000, and FSSC 22000.

EDUCATION LEVEL

State University of Jakarta – East Jakarta, DKI Jakarta

Sep 2020 – Sep 2024

Bachelor's Degree in Chemistry. 3.65/4.00

- Thesis: Synthesis of Poly Acrylic Acid (PAA) Modified Silver Nanoparticles, Using Trisodium Citrate for Heavy Metal Detection

PROFESSIONAL EXPERIENCE

PT Auromex Indonesia – East Jakarta, DKI Jakarta

April 2025 – Present

QA/QC Analyst

PT Auromex Indonesia is a multinational company operating in the automotive industry, engaged in chemical trading and operating a testing laboratory for product analysis.

- Developed and revised SOPs and Work Instructions (WI) to improve workflow and ensure consistency in daily operations in alignment with ISO standards
- Successfully managed and maintained of 30+ quality and operational documents, including outcoming and incoming samples form, calibration records, SOPs, WI and quality reports.
- Performed 40+ routine and non routine chemical analyses samples weekly using AAS, UV-Vis, ICP-OES, HPLC, IC, and titration methods, ensuring accurate reporting and compliance with quality standards.
- Developed and implemented 3+ CAPA related to deviations and out of specification (OOS) results, ensuring effective root cause analysis and corrective action implementation.
- Maintained and monitored chemical inventory of 100+ items, ensuring accurate stock records, proper labeling, safe storage conditions, and timely replenishment to support operational activities.
- Conducted warehouse inspections and performed 5+ FMEA based risk assessments to evaluate potential quality risks.
- Supported internal audit activities across operational functions by reviewing documentation, assisting audit execution, identifying gaps, and contributing to CAPA follow up.
- Adhoc : Coordinated with suppliers/vendors and sales team regarding product procurement, quotations, delivery follow up, quality checking, stock opname, sourcing vendor, negotiation monitored daily warehouse operations.

PT Enseval Medika Prima (Kalbe Group) – East Jakarta, DKI Jakarta

Jan 2025 – April 2025

Quality Assurance Intern

PT Enseval Medika Prima is a subsidiary of PT Kalbe Farma which focuses on the sales, marketing, and distribution of medical devices and diagnostic products.

- Evaluated 20+ audit questionnaires and ensured completeness of fumigation certificates, quality agreements, and other compliance documents from principals.
- Drafted and established 5+ Quality Agreements with principals, ensuring alignment with regulatory and internal quality standards.
- Follow up on 10+ CAPA, SOPs, and CARA status with PICs and monitor equipment calibration status.
- Updated and controller 5+ QA SOPs including Change Control, Vendor Qualification, CAPA, and Recall procedures to meet ISO requirements.
- Developed and documented 3+ CAPA in compliance with ISO standards, improving process compliance and corrective action effectiveness.
- Conducted warehouse inspections, analyzed storage/shipping deviations, and completed 5+ risk assessment with FMEA method on temperature variations impact on product specifications.
- Utilized Oracle system to support Business Development by cross checking stock data, ensuring accuracy and alignment between system records and actual inventory.

Laboratorium Kesehatan Daerah DKI Jakarta - Central Jakarta, DKI Jakarta **Jul 2023 - Oct 2023**

Environmental Chemical Analyst Intern

Laboratorium Kesehatan Daerah DKI Jakarta, a government operated laboratory providing public health testing services such as toxicology, clinical pathology, hematology, water chemistry, and food/drug analysis.

- Analyze metal ion, anions and cations, fluoride content test using on 50+ water samples of drinking

water, clean water, wastewater, and other water sources ICP-OES, HPLC Ion Chromatography, UV-Vis Spectrophotometric,

- Analyze hexavalent chromium content test, Total Suspended Solid (TSS) and Chemical Oxygen Demand (COD) and physical analysis of 100+ drinking water, clean water, wastewater, and other water sources using UV-Vis Spectrophotometric, HACH Spectrophotometric, pH meter, conductivity meter and turbidity meter.

ORGANIZATION EXPERIENCE

BEMP Kimia Universitas Negeri Jakarta – East Jakarta, DKI Jakarta 2021 - 2023
Senior Staff of Department of Communication and Information

- Initiated and managed @bempkimiaunj social media, achieving 1000+ followers in one month and boosting engagement by 40% through strategic content planning and copywriting.
- Managed internal communication, ensuring a 100% response rate and efficient communication across the department.
- Provided mentorship and training to 5+ junior staff and new members, sharing expertise in digital marketing, content creation, and strategic communication.
- Master of Ceremony for organizational event (e.g., Pelatihan Desain)

Pengenalan Kehidupan Kampus bagi Mahasiswa Baru (PKKMB) Jul 2021 – Aug 2021
Head of Public Relation, Publication and Documentation Division

- Successfully led a team of 7 members, coordinating all publication and documentation tasks, and received appreciation from other teams for the timely and organized delivery of content.
- Initiated and managed @pkkmb_kimia2022 social media presence by creating and publishing 20+ Instagram posts, handling editorial content planning and copywriting to promote events.
- Boosted engagement by 30% through targeted content, interactive posts, and effective coordination with internal teams and external speakers.

CATION (Chemistry Creation) May 2021 – Jun 2021
Head of Logistics Division

- Successfully led a team of 7 members and completed logistical preparations 10% ahead of schedule, ensuring all event requirements were met efficient and without obstacles.
- Saved 15% of the budget by planning the procurement efficiently, utilizing bulk purchase discounts and selecting vendors with the best prices.
- Collaborated with 5+ divisions to meet logistical needs on schedule and within standards.

TRAINING & CERTIFICATION

- **SMK3 PP No.50 Tahun 2012** - Mindo Education in Desember 2025
- **ISO 45001:2018 (Occupational Health and Safety Management Systems)** - Mindo Education in Desember 2025
- **ISO 9001:2015 (Quality Management System)** - Mindo Education in Desember 2025
- **ISO 14001:2015 (Environmental Management System)** - Mindo Education in Desember 2025
- **Cara Pembuatan Obat yang Baik (CPOB)** – Makin Ahli in November 2025
- **FSSC 22000 (Food Safety System Certification)** – Makin Ahli in September 2024
- **Good Manufacturing Practices (GMP)** – Makin Ahli in September 2024
- **ISO 22000:2018 (Food Safety Management System)** – Makin Ahli in September 2024
- **HACCP (Hazard Analysis and Critical Control Point)** – Makin Ahli in September 2024
- **Shimadzu UV-1900I, UV-2600I & IRSpirit-X Operational Training** – PT Ditek Jaya in August 2024
- **ISO 17025:2017 “Validating and Verification Method”** – Labmania in August 2023
- **Pelatihan Internal Audit ISO 45001:2018 berdasarkan ISO 19011 : 2018** – PT IAPMO in September 2022.

SKILLS, LANGUAGE & PUBLICATION

- **Skills:** Document Control and Quality Systems (CAPA, SOP & WI Development, FMEA, Root Cause Analysis, SMK3 PP No.50 Tahun 2012, GMP, ISO 14001:2015, 9001:2015, 22000:2018, 17025:2017, 45001:2018). Experienced in laboratory analyses (AAS, UV-Vis, FT-IR, ICP-OES, HPLC, Ion Chromatography, titration) and data validation reporting. Proficient in Word, Excel, PowerPoint, Visio, Outlook, Office 365, Google Workspace, Oracle, Power BI, Chemdraw, and Canva.
- **Language:** Bahasa Indonesia (Native), English (Fluent), Mandarin (Beginner)
- **Publication:** “Synthesis of Poly Acrylic Acid (PAA) Modified Silver Nanoparticles Using Trisodium Citrate for Heavy Metal Detection”. JKPK (Jurnal Kimia dan Pendidikan Kimia), Vol. 9, No.3, 2024. <https://jurnal.uns.ac.id/jkpk/article/view/91340>

This certificate is awarded to :

Adelia Widyaresti

As the resource person at :

**IN HOUSE TRAINING
PENGENALAN SNI ISO/IEC 17025: 2017**

Held on 12 August 2023
At Jakarta Design Center for 7 hours lessons.

with predicate

Excellent

Head of Training Dept.,



Drs. Hokcu Suhandu, M.Si



SERTIFIKAT

Dengan ini menyatakan bahwa

Adelia Widyaresti

Telah menghadiri dan lulus pelatihan

**Pelatihan Internal Audit ISO 45001:2018
berdasarkan ISO 19011:2018**

Tempat – **Pelatihan daring melalui Aplikasi Zoom**

Tanggal pelatihan – **September 29-30, 2022**

Nilai Kelulusan – **78,8**

Nomor Sertifikat - **544322193**

PT. IAPMO Group Indonesia



MATERI PELATIHAN

1. Tinjauan Singkat Persyaratan ISO 45001:2018 Klausul 4 - Klausul 10
2. Prinsip Umum Audit Sistem Manajemen
3. Perencanaan dan Persiapan Audit
4. Pelaksanaan Audit
5. Pelaporan Audit
6. Tindak lanjut Audit

MAKIN AHLI



CERTIFICATE

3843/AP-0P1/MA/IX-2024

This Certificate is Proudly Presented to

Adelia Widyaresti

Has successfully completed training

GMP (Good Manufacturing Practices)

On September 01, 2024



Ariyani Wastika Mukti, S. Si

Head of Learning and Development

Sanjaya, B.Sc.

Trainer

www.makinahli.com

No. Diknas : 421.9/5462/4/418.20/2023



BEIJING INSTITUTE PARE
easy learning, maximum result
CERTIFICATE OF COMPLETION
结业证书

This is To Certify That
这是为了证明

Has Joined And Succeeded In Chinese Online Programme
已加入并成功完成中文网络的课程

KEDIRI, 2025 DECEMBER 14

Director 主人

A



Ranggadani Aditya



Sertifikat Pelatihan

Certificate of Training

No. 1814-VL-QHSE-ME-26/IGB-I

Dengan ini menyatakan bahwa
This is to certify that

Adelia Widyaresti

Telah berhasil menyelesaikan pelatihan daring
Has successfully completed online training

Pelatihan Pemahaman Sistem Manajemen Mutu berdasarkan ISO 9001:2015
Awareness Training for Quality Management System based on ISO 9001:2015

PT Impiana Generasi Bangsa
18 January 2026



Dita Octaviana, S.T., M.T.
Chief Executive Officer



Ahmad Qomarudin, S.T., M.M
Trainer





Materi Pelatihan

Training Material

No.	Daftar Materi Pelatihan ISO 9001:2015 (Sistem Manajemen Mutu) <i>Material List of ISO 9001:2015 (Quality Management System) Training</i>
1.	Menerapkan 10 persyaratan ISO 9001:2015 <i>Implementing 10 requirements of ISO 9001:2015</i>
2.	Menerapkan 7 prinsip sistem manajemen mutu ISO 9001:2015 <i>Implementing 7 principal of quality management system ISO 9001:2015</i>
3.	Menerapkan identifikasi resiko isu-isu eksternal dan internal terkait dengan mutu <i>Implement risks identification of external and internal issues related to quality</i>



Sertifikat Pelatihan

Certificate of Training

No. 1814-VL-QHSE-ME-26/IGB-I

Dengan ini menyatakan bahwa
This is to certify that

Adelia Widyaresti

Telah berhasil menyelesaikan pelatihan daring
Has successfully completed online training

Pelatihan Pemahaman Sistem Manajemen Lingkungan berdasarkan ISO 14001:2015
Awareness Training for Environmental Management System based on ISO 14001:2015

PT Impiana Generasi Bangsa
18 January 2026



Dita Octaviana, S.T., M.T.
Chief Executive Officer



Ahmad Qomarudin, S.T., M.M
Trainer





Materi Pelatihan

Training Material

No.	Daftar Materi Pelatihan ISO 14001:2015 (Sistem Manajemen Lingkungan) <i>Material List of ISO 14001:2015 (Environmental Management System) Training</i>
1.	Menerapkan 10 persyaratan ISO 14001:2015 <i>Implementing 10 requirements of ISO 14001:2015</i>
2.	Menentukan isu-isu eksternal dan internal yang relevan dengan sistem manajemen lingkungan ISO 14001:2015 <i>Determine the relevant issues of external and internal with environmental management system ISO 14001:2015</i>
3.	Menentukan identifikasi resiko, aspek, regulasi dan sasaran lingkungan <i>Determine the risks, aspects, regulation and environmental targets</i>



Sertifikat Pelatihan

Certificate of Training

No. 1814-VL-QHSE-ME-26/IGB-I

Dengan ini menyatakan bahwa
This is to certify that

Adelia Widyaresti

Telah berhasil menyelesaikan pelatihan daring
Has successfully completed online training

Pelatihan Pemahaman Sistem Manajemen Keselamatan dan Kesehatan Kerja berdasarkan ISO 45001:2018
Awareness Training for Occupational Health and Safety Management System based on ISO 45001:2018

PT Impiana Generasi Bangsa
18 January 2026



mindoe
education

Dita Octaviana, S.T., M.T.
Chief Executive Officer



Ahmad Qomarudin, S.T., M.M
Trainer





Materi Pelatihan

Training Material

No.	Daftar Materi Pelatihan ISO 45001:2018 (Sistem Manajemen Keselamatan & Kesehatan Kerja) <i>Material List of ISO 45001:2018 (Occupational Health and Safety Management System) Training</i>
1.	Menerapkan 10 persyaratan ISO 45001:2018 <i>Implementing 10 requirements of ISO 45001:2018</i>
2.	Menentukan isu-isu eksternal dan internal yang relevan dengan sistem manajemen keselamatan dan kesehatan kerja ISO 45001:2018 <i>Determine the relevant issues of external and internal with occupational health and safety management system ISO 45001:2018</i>
3.	Menentukan identifikasi risiko dan peluang terjadinya kecelakaan kerja dan penyakit akibat bekerja <i>Determine the risks and opportunities for occupational accidents and illness</i>



Sertifikat Pelatihan

Certificate of Training

No. 1814-VL-QHSE-ME-26/IGB-I

Dengan ini menyatakan bahwa
This is to certify that

Adelia Widyaresti

Telah berhasil menyelesaikan pelatihan daring
Has successfully completed online training

Pelatihan Pemahaman Sistem Manajemen Keselamatan dan Kesehatan Kerja berdasarkan SMK3 PP No. 50 Tahun 2012
Awareness Training for Occupational Health and Safety Management System based on SMK3 PP No. 50 Tahun 2012

PT Impiana Generasi Bangsa
18 January 2026



Dita Octaviana, S.T., M.T.
Chief Executive Officer



Ahmad Qomarudin, S.T., M.M
Trainer





Materi Pelatihan

Training Material

No.	Daftar Materi Pelatihan SMK3 Menurut PP No. 50 Tahun 2012 (Sistem Manajemen Keselamatan dan Kesehatan Kerja) <i>Material List of SMK3 based on Government Regulation No. 50 of 2012 (Occupational Health and Safety Management Systems) Training</i>
1.	Menerapkan sistem manajemen perusahaan secara keseluruhan dalam pengendalian resiko yang berkaitan dengan kegiatan kerja guna terciptanya tempat kerja yang aman, efisien dan produktif <i>Implement the overall corporate management system in risk control to create a safe, efficient and productive workplace</i>
2.	Menerapkan 5 prinsip dasar penerapan K3 Menurut PP No. 50 Tahun 2012 <i>Implement 5 based principal of Occupational Health and Safety (K3) based on Government Regulation No. 50 of 2012</i>
3.	Menganalisa 12 elemen audit SMK3 Menurut PP No. 50 Tahun 2012 <i>Analyse 12 elements of SMK3 audits Based on Government Regulation No. 50 of 2012</i>

MAKIN AHLI



CERTIFICATE

3843/AP-OP3/MA/IX-2024

This Certificate is Proudly Presented to

Adelia Widyaresti

Has successfully completed training

ISO 22000:2018
(Food Safety Management System)

On September 01, 2024



Ariyani Wastika Mukti, S. Si

Head of Learning and Development

Sanjaya, B.Sc.

Trainer

www.makinahli.com