

HELMIFATHI

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Pegadungan, Jakarta Barat



A versatile and accomplished Registered Pharmacist with a Pharmacist Profession degree from Universitas Pancasila (GPA 3.93/4.00). Possesses a well-rounded background spanning the pharmaceutical industry (R&D and QC), distribution regulations (PBF), and clinical settings (Hospital, Puskesmas, and Community Pharmacy). Proven ability to handle complex analytical instruments, ensure cGMP/CDOB compliance, and manage high-volume pharmaceutical services. As a former Class President and multi-time Laboratory Assistant, I combine strong technical competencies in drug formulation and analysis with exceptional leadership, management, and interpersonal skills. Ready to bring adaptable, high-standard professional skills to any dynamic pharmaceutical sector.

EDUCATION

Universitas Pancasila <i>Pharmacist Profession</i> in <i>Pharmacy</i> GPA: 3.93 / 4.00	Jakarta Selatan 2025 – 2026
Universitas Pancasila <i>Bachelor</i> in <i>Pharmacy</i> GPA: 3.21 / 4.00	Jakarta Selatan 2020 - 2024
SMAN 56 Jakarta <i>High School</i> in <i>MIPA</i>	Jakarta Barat 2017 - 2020

WORK EXPERIENCE

RSUD Jati Padang <i>Pharmacist Intern, Internship</i> - Assisted all pharmaceutical services and pharmaceutical supply management. - Monitored drug therapy for 2 patients. - Participated in patient care duties (patient rounds, counseling, dispensing, drug information, and prescription screening). - Assisted the procurement in pharmaceutical supply for 2 years period (2026-2027). - Handled 10+ prescription to be prepared with aseptic dispensing under Laminar Air Flow apparatus.	Jakarta Selatan October 2025
UPTD Puskesmas Cilodong <i>Pharmacist Intern, Internship</i> - Conducted health education on the awareness of narcotics, psychotropics, and addictive substances at 2 Junior High School in Cilodong. - Dispensed 200+ prescriptions daily. - Assisted with the distribution of medicines and medical supplies to 5+ sub-cluster at Puskesmas Cilodong. - Assisted in pharmaceutical supply management.	Kota Depok September 2025
Apotek Atma Jaya <i>Pharmacist Intern, Internship</i> - Identified and evaluated 150+ prescriptions. - Dispensed 20+ prescriptions daily (BPJS and insurance outpatients). - Assisted in education and counseling for 10+ patients. - Conducted health education on the first aid and management of burn wound to visitors of Apotek Atma Jaya. - Assisted in pharmaceutical supply management.	Jakarta Utara August 2025
PT Era Caring Indonesia <i>Pharmacist Intern, Internship</i> - Evaluated the implementation of the distribution regulation for controlled products. - Performed verification for daily inbound products, including psychotropics, precursors, and certain medicine whilst supervised by supporting pharmacist.	Jakarta Barat July 2025

- Evaluated 200+ purchase orders to ensure their compliance with company regulations.
- Managed and organized 50+ purchase orders for controlled products chronologically.
- Assisted in daily warehouse operations, inventory control, inbound, outbound, and logistics activities.

PT Metiska Farma

Jakarta Selatan

Research and Development Pharmacist Intern, Internship

June 2025

- Assisted in the formulation development of existing solid and liquid products, ensuring stability and optimal drug delivery profiles.
- Collaborated with Analytical Development analysts to verify and optimize new testing methodologies for emerging pharmaceutical products.
- Performed excipient-API compatibility studies and literature-based feasibility reviews to support the development of stable generic formulations.
- Drafted SOPs and formulation development reports in compliance with cGMP.

PT Metiska Farma

Jakarta Selatan

Quality Control Pharmacist Intern, Internship

May 2025

- Assisted analyst in executing physicochemical analysis on raw materials, in-process samples, and finished products using HPLC, UV-Vis spectrophotometer, and dissolution apparatus.
- Participated in the validation and verification of analytical methods to ensure the accuracy and reproducibility of QC results.
- Maintained precise laboratory notebooks and digital logs, upholding high standards of data integrity.
- Performed Quality Risk Management assessments to identify and mitigate potential risks in the analytical testing lifecycle.
- Updated and refined existing SOPs to ensure full alignment with cGMP and regulatory guidelines.

Universitas Pancasila

Jakarta Selatan

Solid Dosage Forms Technology Laboratory Assistant, Part-time

August 2024 - January 2025

- Operated 10+ laboratory equipment.
- Trained over 50+ practitioners to operate laboratory equipment and produce solid dosage forms according to procedure and protocol.

Universitas Pancasila

Jakarta Selatan

Pharmaceutical Analysis Laboratory Assistant, Part-time

February 2024 - July 2024

- Prepared chemical solutions and reagents according to experimental specifications.
- Operated 5+ laboratory equipment.
- Trained over 100+ practitioners on operating analysis equipment and sampling methods.

Universitas Pancasila

Jakarta Selatan

Physical Pharmacy Laboratory Assistant, Part-time

February 2024 - July 2024

- Taught basic pharmacy technology knowledge to 20+ practitioners.
- Operated 5+ laboratory equipments.

Universitas Pancasila

Jakarta Selatan

Promotions Team, Freelance

November 2023 - February 2024

Promoted and introduced the Universitas Pancasila's Faculty of Pharmacy to over 100+ schools in various events spread around Jakarta, Bogor, Depok, Tangerang, and Bekasi with almost 1000+ students participating in the events.

Universitas Pancasila

Jakarta Selatan

Pharmacokinetics Laboratory Assistant, Part-time

September 2023 - January 2024

- Manage laboratory supplies.
- Trained 50+ practitioners in handling and preparation techniques as well as sampling methods of test animals.
- Operated laboratory equipment.
- Handle biological samples with strict biosafety standards.
- Compile and manage laboratory documentation.

ORGANIZATION

75th Class President
Pharmacist Profession Program, Universitas Pancasila

Jakarta Selatan
2025-2026

- Acting as the primary liaison between faculty and 100+ students to streamline academic communications.
- Managed the student representative committee to address academic concerns.
- Coordinated administrative tasks for the Pharmacist Oath-taking ceremony, ensuring compliance with university and professional body protocols.

Chief Executive
PKKMB FFUP 2023

Jakarta Selatan
2023

- Develop and implement strategic event plans.
- Manage and motivate the committee team, divide tasks, and coordinate with various divisions to ensure effective and efficient cooperation.
- Monitor the progress of the event in real time, handle any issues that arise directly, and ensure that all activities run according to the schedule and standards set.
- Prepare a final report on the implementation of the event.
- Conduct a comprehensive evaluation to improve the quality of future events.

CERTIFICATION

- LBPP LIA English Course, LB LIA English Course, 2021

AWARDS

- Funding Program Kreativitas Mahasiswa Riset Eksakta, KEMENDIKBUDRISTEK, 2023
- 3rd Position Pharmaceutical Debate Competition PHARMACOVENT 8th, UHAMKA, 2022

SKILL

Soft Skill	Analytical Thinking, Attention to Detail, Problem Solving, Communication, Teamwork	
Hard Skill	cGMP/CPOB, GDP, Quality Risk Management, Data Analysis, RCA/CAPA	
Software Skill	Microsoft Office, Canva, Adobe Premiere Pro, Figma, SAP	

LANGUAGE

Indonesia	English	French
Proficient	Advanced	Beginner