



RAISHA PRAMUDYA NINGRUM

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PROFILE

Apothecary student at Airlangga University with internship experience in pharmaceutical R&D, including formulation development, product evaluation, and Quality by Design (QbD) documentation. Experienced in laboratory-scale trials and evaluation of tablet, capsule, and oral suspension formulations, with an understanding of formulation–process–product relationships. Detail-oriented and analytical, with a systematic approach to data interpretation and problem solving. Interested in pursuing a career in Product Development and Analytical Development.

EDUCATION

Universitas Airlangga – Surabaya, Indonesia 2025 – present
Program Studi Profesi Apoteker – GPA 3.86 / 4.00

Universitas Airlangga – Surabaya, Indonesia 2021 – 2025
Program Studi S1-Farmasi – GPA 3.50 / 4.00

RELEVANT EXPERIENCE

- **Praktik Kerja Profesi Apoteker – Pharmaceutical Manufacturing** March – April 2026
PT. Sampharindo Perdana – Semarang
 - Contributed to the development and optimization of tablet, capsule, and oral suspension formulations through laboratory-scale formulation trials and product evaluation.
 - Prepared Quality by Design (QbD) documentation, including the QTPP, CQA, CMA, CPP, and Control Strategy, for a 250 mg/5 mL acetaminophen syrup.
- **Laboratory Assistance** February – May 2024
Desain dan Teknologi Penghantaran Obat I Praktikum
 - Served as a Teaching Assistant for the Pharmaceutical Formulation and Drug Delivery Laboratory course, guiding students in the formulation of Vitamin C and Paracetamol tablets using direct compression and wet granulation techniques.
 - Provided technical guidance for students on tablet quality evaluation, including pre-compression evaluation, in-process control, and finished product testing.
- **Research Project Internship** July – August 2023
Lembaga Penyakit Tropis Universitas Airlangga – Surabaya, Indonesia
 - Contributed in extraction of several plants, phytochemical screening using TLC, column fractionation; also contributed to in vitro testing of extract fractions antiviral activity against Hepatitis C.

ADDITIONAL PHARMACEUTICAL EXPERIENCE

- **Pharmacy Internship Apotek Farmasi Airlangga – Surabaya** March – June 2025
 - Assisted in prescription dispensing, extemporaneous compounding, patient counseling, and pharmaceutical inventory management. Observed pharmaceutical procurement, inventory control, and regulatory documentation for controlled substances and psychotropic medications.
- **Praktik Kerja Profesi Apoteker – Distribution** September 2025
Kimia Farma Trading & Distribution Sidoarjo – Sidoarjo
 - Contributed in customer re-qualification, monitoring and recording warehouse temperatures, validating shipments of Cold Chain Products (CCP), receiving purchase orders, preparing shipments of narcotic drugs, and conducting inventory counts of narcotics, psychotropics, precursor substances, and certain medicine (OOT).
- **Praktik Kerja Profesi Apoteker – Pharmacy** October – November 2025
Apotek Latansa – Sidoarjo
 - Provided pharmaceutical care through self-medication consultations, prescription screening and dispensing, medication information, and patient counseling.
 - Supported pharmaceutical supply management, including procurement, storage, and inventory control of pharmaceuticals and medical supplies.

- **Praktik Kerja Profesi Apoteker – Primary Healthcare** November 2025
Puskesmas Sidosermo – Surabaya
- Delivered pharmaceutical care services, including prescription screening and dispensing, medication information, patient counseling, and pharmaceutical inventory management.
 - Supported pharmaceutical distribution for the BIAS immunization program and assisted in Cold Chain Product (CCP) management.
- **Praktik Kerja Profesi Apoteker – Hospital** January – February 2026
Rumah Sakit Universitas Airlangga – Surabaya
- Supported hospital pharmaceutical logistics through inventory management, storage, and distribution of pharmaceuticals, medical devices, and medical consumables.
 - Participated in pharmaceutical care through prescription screening and dispensing, medication distribution, patient counseling, medication therapy monitoring (MTM), and medication use evaluation (MUE).

COMMITTEES AND COMMUNITY SERVICE

- **Volunteer** – *National Youth Health Agent oleh UNICEF X ISMKI* February – June 2023
- Served as a volunteer in community health promotion by developing educational materials and providing health education on immunization, vaccination, and other public health topics.
- **Community Service** – *“Edukasi Tanaman Obat dan Pemanfaatannya untuk Meningkatkan Kesehatan serta Pengembangannya sebagai Produk Inovatif Kewirausahaan pada Generasi Milenial”* 2 August 2023
- Supported community education on medicinal plants and natural health products and assisted in natural product formulation workshops using plant-based ingredients.
- **Committee**
- Joint International Conference on Pharmaceutical Sciences, the 5th LIYANG – Events Division November 2023
 - Pengukuhan Guru Besar Fakultas Farmasi Universitas Airlangga – *Secretary Division* May 2025

RESEARCH & PUBLICATION

- **Research Thesis**
Ningrum, R. P. 2025. Studi Hematologi Pemberian Kapsul Ekstrak Daun *Ruta angustifolia* (L.) Pers. sebagai Imunomodulator pada Tikus yang Diinduksi Vaksin Hepatitis B. *Skripsi*. Universitas Airlangga.
- **Journal Article**
 Rochmah, N., Vincentius, D., **Ningrum, R. P.**, ... & Yuda, A. (2024). Profil Pengetahuan Remaja Putri di Surabaya terkait Penggunaan Aromaterapi Lavender sebagai Alternatif Penanganan Nyeri Haid. *Jurnal Farmasi Komunitas*, 11(2).

SEMINAR

- Aspek CPKB dan Produksi Kosmetik – *PT. Pillars Cosmetiklon Indonesia* November 2024
- Aspek Produksi Sediaan Kosmetik dan Plester – *PT. Beiersdorf Indonesia* November 2024

SKILLS

Hard Skills

➤ Technical Skills:

- | | |
|------------------------------|---------------------------|
| • Pharmaceutical Formulation | • GMP/CPOB |
| • Product Evaluation | • Pharmaceutical Analysis |
| • Quality by Design (QbD) | • Data Analysis |

➤ Software: Microsoft Office, WPS Office, Google Workspace, Canva

Soft Skills: Analytical Thinking, Problem Solving, Communicative, Teamwork, Attention to Detail.

Language: Bahasa Indonesia (Native), English (ELPT Score: 490)